51 DISCLOSURES FROM SPIRITISM

THE 3RD REVELATION

Brian Foster

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The Doctrine of Spiritism, some call it a religion, but it is more a way of life. There isn't any dress, diet, or other restrictions. There are no set prayers and no requirement for financial obligations of any type.

Payment of another kind is humbly requested. That each of us strive to modify ourselves to become more loving, caring, fraternal and honorable in our daily activities. Each of us should endeavor to become more spiritual and less materialistic.

Spiritism has been presented to humankind for one reason, to enlighten us. To let us know the answers to questions that everyone has had since we started thinking about our place on earth, our destiny, why we are here, and is there life after death.

The answers are the key to supply the motivation for each and every one of us to internalize the importance of modifying our life and attitudes toward our fellow travelers on earth.

The Divine Intelligence, the Spirituality, God or any other name you so wish has determined to communicate to us because we are now ready to know the answers. Our society has the right level of technology and sophistication to receive the message. The question is do we have enough internal fortitude to ignore the materialistic and moral relativism influences to live by the code of the golden rule: Do unto others what you would wish them to do unto you.

Disclosures from the spirit world describe the rewards for those who resist the temporary gains acquired by taking advantage of others and the consequences of those who do.

This book is not meant as an exhaustive study of Spiritism, but is a platform to allow you to take a peak of what has been revealed. It is divided into four sections, each categorizing a theme for the type of discoveries that you will make as you read:

1. Ourselves – What are we, why are we here, what do we have to do, what is our goal?

2. Spirit Realm – What is it, where is it, how does it work?

3. How to Ascend – What is the path to ascension, what is important to learn, why we must grow?

4. Prophecies – What do some past prophecies actually mean, what will happen to the world, how will it happen?

Learn why others, such as Thomas Edison and Sir Arthur Conan Doyle were vitally interested in communicating with the spirit world, for they knew the real treasure is knowledge of our life beyond our short existence on earth.

I have attempted to allow each Disclosure to stand alone, therefore some information may be repeated from other Disclosures. Also, I wished to bring you the most pertinent information, hence, I have used previously written chapters from some of my other books to give you a full sense of what Spiritism has to tell us.

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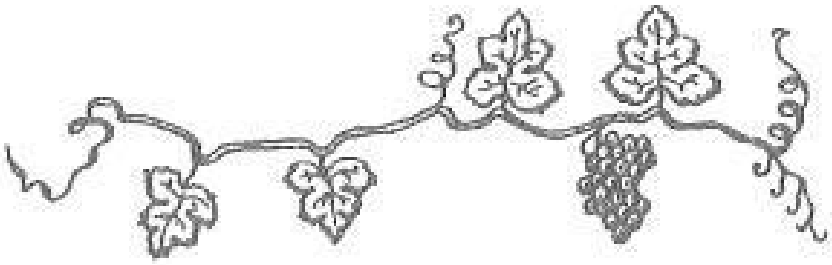

By

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http://www.nwspiritism.com/

1st Edition

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Section 1 – Ourselves

Who hasn't looked up at the night sky and contemplated the age old question, "Why am I here?" Few of us know and even if we settle on an answer, it opens up a myriad of other questions. The "why" is the first step then comes what, how and where. We always arrive at an end point from which we don't possess the answers to move on. Nevertheless, feeling that we are part of something greater than ourselves and having a purpose in life is vital. Without the certainty of following a higher ideal than mere existence we discover emptiness in our soul.

Modern culture seeks to fill that hole with the same aim that Rome entertained the masses with their brutal circus. Distracting us from the basic questions, enables society to manipulate our desires toward whatever the ruling class deems a priority. In our case, we are channeled to fill the gap with the accumulation of material goods.

While every new purchase brings a positive sensation, it is all too fleeting and needs to be constantly reinforced. Like drugs to an addict, the successive highs get less intense, but you still need it. Selfishness is a necessity, for without it we can't husband our resources to accumulate to our hearts desire.

Whereas, in bygone years there was a tyranny of religious thought, think of the Spanish Inquisition, the pendulum has swung to the other side and all spiritual philosophy is now disdained and publicly ridiculed. Meanwhile, we are told to believe in nothing, since all is relative and there is no baseline good or bad only that which makes you feels safe, secure and happy. Absolute truth has been ruled out as superfluous.

The Supreme Intelligence recognizes this state of affairs all too well. This is precisely the reason why within the last 150 years we have been gifted with more information. Each of us is here for a purpose and the texts have been presented to us for each individual to determine for themselves the balance between materialism and spiritualism.

The extreme conditions of being wholly motivated by goods or retreating to a mountain top and isolating yourself from the rest of humanity are to be avoided.

Spiritism advocates unifying Science, Philosophy and Religion. According to Spiritism, there are no miracles. All events may be explained by understanding Divine Laws. One day science will discover the validity of the set of Natural Laws and the religions of earth with the assistance of leading philosophers will guide us in their application.

In the meantime, disclosures from the 3rd revelation are meant to supply us with the intellectual yeast to discover the truth about our reason and our mission on our little blue planet.

First, “Why are you here?” You are an immortal spirit sent to earth to learn to become a pure spirit. Currently, you are an immature and somewhat uncivilized being. Earth was created to repair your faults and train you to become a loving, caring, fraternal and honest member of the spirit world. Hence the need for multiple lives.

The target state is simply put; live the creed, “do unto others what you would have them do unto you”. Which, by the way, has been sent to us in various forms from Socrates, Buddha, Confucius and others; this consistent message has been ignored for too long.

This section answers the follow-up questions after “Why am I here?” It gives you a peek at what you are, how did you get where you are now and where are you going. All of the subsequent disclosures are but data points. To put everything together will take more effort on your part. Hopefully, from this beginning you will commence on the road to true knowledge.

Disclosure 1 – How a Spirit is Prepared for Birth

What happens at the moment of conception, or later while the fetus grows in the womb? Depending on the past life and the importance of the mission the amount of assistance given by the Spirit world differs. The process is described in the book *Between Heaven and Earth* , dictated by Andre Luiz to Francisco C. Xavier.

Entering the Womb

How does the perispirit, the connection between our spirit and our physical body, enter the mother's womb? In the book *Between Heaven and Earth* , there is a scene where there is a plan for a child to be born to a couple. The mother-to-be (Zulmira) is brought into the spirit world, during her sleep, to meet her child. She demonstrates great love for her child and is excited to have a baby boy. During the next night a group of spirits are outside the bedroom of Zulmira and her husband, waiting for them to finish their act of conception. When the couple have fallen asleep, the spirits enter the room. They assist Zulmira out of her body to receive the child. The action of Zulmira embracing and placing her son into her womb is described:

> "From then on, Zulmira seemed fully concentrated on the boy, who entwined himself with her like a mollusk accommodating itself to its shell."
>
> "Held on the maternal lap, he seemed to immerse himself into it." [1]

Andre Luiz, the spirit author of the book who was a member of the group helping the joining of the mother and the son, analyzes the process:

> "On other occasions, I had witnessed the preparatory steps of reincarnation, which required the active concourse of technicians specializing in the process, along with benefactors from the higher life; but this time, the phenomenon was very simple. As it juxtaposed itself on the delicate tissues of the mother's perispirit, the boy's own subtle body gradually shrank before our eyes." [2]

Exceptional Births

Andre Luiz is curious. Why didn't he see the larger number of technicians at Julio's (the baby boy) conception as he did at others? His team leader explains:

> "Julio's reincarnation won't require any special attention from our sphere. It is an experimental descent into the arena of dense matter and is of interest only to himself and his family members. However, if his life were meant to influence society as a whole, and if he were the holder of indisputable merit with responsibilities toward others, the matter would be quite different. Forces of a higher order would be fatalistically mobilized to interfere with his chromosomes to ensure that the embryo would be suitable for its mission." [3]

The extent of guidance of the Spirit Realm into the affairs of our earthly existence is remarkable. The process of a normal reincarnation, where a spirit is re-entering the world to learn and to atone for past sins, is a thing

of beauty. The act of having the mother meet her child beforehand, to ensure the love and devotion required to raise a new life into this world is a wonderful gift given to us by God. But, the revelation that for special lives, those spirits that are marked by the spirit realm to contribute to humanity, are carefully engineered. From their inception, each detail of their DNA is guided to produce a child of inborn talent. A miracle which answers many questions when we see children of exceptional merit.

Andre Luiz and his fellow teammate (Hilario) probes deeper into the process of interference with an embryo:

> "What if the reincarnating spirit were a man of broad intellectual powers?" asked Hilario.
>
> "We would have to pay special attention to the brain structure so that he would be ensured of having an instrument capable of enabling him to fulfill his duties involving the materialization of thought", replied Clarencio (the team leader)
>
> "What if he were to be a doctor? A great surgeon, for example?" I asked in turn.
>
> "He would receive special assistance in the development of his nervous system to ensure that he had complete control over his emotions." [4]

We are being told of the active manipulation of countless births throughout our history to direct our species to the ultimate goal of assisting human society to achieve the next step of evolving into a better world. How like children we are! Being gently directed into paths for our own good, all the while clueless and absorbed into our selfish existence.

Starting Over Again

After such a revelation, Clarencio describes the vast majority of reincarnations:

> "However, embryonic principles function automatically in thousands of rebirths every day. The law of cause and effect does its work without any need for management on our part. In reincarnation, all that is needed is the parents' magnetism, combined with the strong desire of the one who is returning to the arena of physical forms. When we return to the physical body, we are invariably animated by a firm purpose … whether it be the desire to relieve the pain that torments us, the longing for spiritual victories that facilitate our entry to the Higher Life, the vow to recapitulate unfulfilled responsibilities, or the ideal to accomplish great endeavors of love amongst those with whom we have an affinity. Generally speaking, most souls that reincarnate satisfy the

> restless desire to start out again. Those who haven't taken seriously enough the endeavor that life has entrusted to them quickly yield to the imperative to repeat the experience, and their reentry into the physical struggle appears as a redemptive blessing. Millions of destinies are restructured like that, like a huge forest being replanted. A seed grows, simulated by the magnetism of the soil; a corporeal existence germinates anew, stimulated by the magnetism of the flesh." [5]

Such are the laws of nature of which we here on earth have no insight. We explore the known material world for rules and express them as mathematical laws, but as yet we little understand the law of cause and effect and how we are buffeted by its winds every day, every minute of our lives. From our time as spirits to our multiple incarnations we are pushed onto a path of redemption and the miracle of birth facilitates our journey.

Disclosure 2 – A Child is Still Connected to their Mother for Seven Years

In the book, *Missionaries of the Light* , inspired by Dr. Andre Luiz, psychographed by Francisco (Chico) C. Xavier, I read where the process of building your body up for full independence in your new reincarnation takes seven years. From the time of your birth to your seventh birthday, you will have a guardian spirit looking out for you. Constant attendance is the norm for children six and under.

Andre Luiz's mentor explains thusly:

> "You are aware that the human body has its vegetative activities per se, but you may not yet know that the perispiritual body, which gives form to the cellular elements, is strongly rooted in the blood. In the fetal

> organization, the blood elements are a gift from the mother's body. Soon after rebirth, a period of a different assimilation of organic energies takes place, where the reincarnated 'self' rehearses the consolidation of its new experiences. In this new cycle of physical life, it is only at age seven that it can begin to preside on its own over the blood formation process, which is the basic element for the equilibrium of the perispiritual body or pre-existent form. Blood, therefore, can be regarded as the divine fluid that underpins our activities on the physical plane, and through its continual flow within the physiological organism, it furnishes us with a symbol of the eternal movement of the sublime energies of the Infinite Creation." [6]

A child's body is still forming to its spiritual outline until around seven years of age. Mother's out there reading this, the cutting of the umbilical cord is just a symbol, your vital energies (love, of course is always there!) still assists your child years after their birth. What was wonderful discovery to behold.

Disclosure 3 – Why We Can't Have Memories of our Previous Lives

In the book, *Between Heaven and Earth* , psychographed by Francisco (Chico) C. Xavier, a woman, Antonina, asked why we can't have a living memory of previous lives? Why couldn't we meet the people we love from other incarnations?

Clarencio, the dispenser of much good advice tells Antonina:

> "In our present spiritual condition, we don't know how to orient our desires toward what is best. Our love is still an insignificant fragment of light buried in the darkness of our egoism, like gold hidden in the earth

> in infinitesimal portions in a huge amount of ore. Just as the fibers of the brain are the last to be consolidated within the physical vehicle in which we incarnate, a complete memory of our past lifetimes is the last altar we set up in the temple of our soul, which on this planet is still in early phases of development. That is why our memories are fragmentary ... Yet, from lifetime to lifetime, from ascent to ascent, our memory gradually changes into an imperishable vision on behalf of our immortal spirit." [7]

There you have it, once again we find out that we here on earth are too immature to be able to be granted the full powers of a spirit. We can protest, but it would be like our kids whining to us, "But I am grown up!” in a completely childish manner.

There are other reasons for our lack of a complete record of previous existences. The spirit world works to resolve our disputes with former adversaries. Either we could be reincarnated into the same family of bygone blood enemies or they could be in our family, as a brother, sister, mother or father.

Imagine knowing that you are living side by side with a person who ruined your life or worse, realizing the great injustice you performed against your now loving family. We are blessed with the facility to forget, while in physical form.

At some future point, when you have ascended toward a higher level, all memories will be available to you, since every thought, action and even the thoughts of others around us is recorded and archived into our spiritual memory.

Disclosure 4 – Why You Can't Just Return to the Spirit World

In the book by Francisco (Chico) C. Xavier, *Between Heaven and Earth* , there are two women who left their bodies while asleep. They experience the freedom and joy of the spirit world and ask why can't they just die today and be happy?

Andre Luiz's team leader, Clarencio, replied with a grave tone :

> "If you were to abandon your vehicle of sense matter right now, how do you know you would be happy? Which of you could enjoy supreme bliss without perfect personal sublimation?" [8]

And looking at Antonina with kindness mixed with compassion, he went on:

> "You are about to visit blessed little children whom death has temporarily snatched from earthy life. You feel like you are in a golden palace in the midst of a paradise of love, but what about the children you have left behind? Could there really be heaven without the presence of those we love? Could we have peace without the joy of those who live in our hearts? Let's say the shackles of the physical prison were removed right now ... The tormented human home would increase in importance in the nostalgia that would overwhelm you. The memory of the children still imprisoned on the planet would enchain you to the physical realm like a strong root holding the tree to the dark ground. The cries and groans, the struggles and trials of your unhappy children would speak to your spirits more loudly than the songs of blessedness by happy children, and you would naturally go down from heaven to earth, preferring to be unseen anguished servants, who have traded the resplendent glory of freedom for the dolorous torments of prison; for the greatest blessedness of one who love lies in its giving of oneself on behalf of one's beloved children." [9]

Clarencio is indirectly telling these women that leaving their responsibilities behind prematurely, before their required trials are completed on earth would affect them deeply. The bonds of motherhood they have with their children, if severed too early, would cause harm to the mothers and the children. Only by allowing the full plan to unfold, where the children leave the nest naturally will the woman experience the full freedom and joy of the spirit realm.

Hence, exiting the stage when we wish as opposed when the script tells us, is a path that leads to tragedy.

We are here for a reason; we need to stay the course in the life that has been assigned to us so we may learn each lesson that has been deemed a requirement for our personal growth.

Disclosure 5 – You Tend to Reincarnate with the Same Family Members

People wonder do we have many families, mothers, fathers, and so on as we travel through multiple lives. How do we manage having a menagerie of relatives while in the spirit world? The answer is we don't; read on and find out why.

Most of us love our families and our fondest wish is to be reunited with them in the spirit world. We may ponder what life would be like in a heavenly place with our loved ones. Then we think about reincarnation and realize that we may have had multiple families, many different mothers and fathers, and who knows how many brothers and sisters.

Is there a legion of relatives waiting for us, so many we would need a telephone book size address book to keep them straight? Allan Kardec's book, *The Gospel According to Spiritism* , gives us the answer:

> "Family ties are not destroyed by reincarnation, as certain persons believe; on the contrary, they are strengthened and become tighter." [10]

How can that be? How can we travel through countless centuries and somehow remain involved in our close family circle? The answer, like the answers to many other questions, lies in the Law of Affinity. Whereby, souls who are at the same level, mutual affection and have similar tastes naturally gather together.

Law of Affinity – Like associates with Like

The Law of Affinity is actually one of the great filters, or more aptly, sorters, of the universe. Where souls more interested in doing harm are collected in darken areas, souls who have respect and admirations for the achievements of each other are also grouped with one another in celestial cities. Allan Kardec explains how affiliated souls tend to stay with each other:

> "These spirits happy at being together, seek out one another. Incarnation separates them only momentarily, because after their reentry into the errant state they meet again like friends who have returned from a journey. Frequently, they even follow one another into incarnation, wherein they are reunited in the same family or the same circle, working together for their mutual advancement." [11]

The tight cluster of souls will watch out for each other. While some are incarnates on earth, others will look on from high and help guide the spirits going through their trials. Each helps everyone in the group to advance together. As they become purer, their friendship becomes more concrete, as their bodies divest themselves of matter. Petty jealousies and selfishness don't disrupt their relationships.

Of course there are different types of family relationships, with those that we are stuck together because of a purely physical connection. Or a person we marry, not because of true spiritual affection, but of a sensual or monetary attraction. These are people who have been selected for us in order to experience the trials, that, need I remind you, we have selected ourselves. We may not like them very much, but I can guarantee we will learn some hard lessons from them and for that we should be grateful. As Allan Kardec states, "There are no lasting affections except spiritual ones; physical affections die out with the cause that gave rise to them; but that cause no longer exists in the world of spirits, whereas the soul exists forever". [12]

Therefore, when we feel a special kinship to select members of our family, most probably because we are united in the spiritual world, we should feel safe since they will always have our best interest at heart. On the other hand, those relations where we feel mistrustful are usually put there for one of two reasons. First, they may be of an inferior level and require the love and guidance of an advanced family to assist them to improve their position.

Who hasn't seen families where all of the children seem well brought up by good parents, except one, the black sheep. Now you have an explanation, the parents, volunteered to help a poor soul improve himself or herself and in some cases weren't successful.

Secondly, they may be located with us as a trial. Some poor soul that we have done wrong in the past and is now introduced to us as a means of reconciliation is with us to repair the damage we have committed. Hopefully, a complete reconciliation will occur and whatever past recriminations that had existed will now be forgotten. Allan Kardec backs up this thought with:

> “God, whose laws are all supremely wise, does nothing useless. Through reincarnation on the same globe, God has willed that the same spirits come in contact with one another again for the chance to repair their mutual offenses. Because of their previous relationships, God wishes furthermore to establish family ties on a spiritual basis and to support the principles of solidarity, fraternity and equality as a natural law.” [13]

Hence, have no worries about our loved ones, while there may be more than you originally thought, you have the capacity to love many. And to love with a purity of spirit, unencumbered with physical tethers, for your love is not based on any material calculation, but on shared experiences and beliefs, a pure affection. Look forward to reuniting with your friends in the spirit world, to talk about what you learned and how you failed. Together, you can plan out your next physical adventure, with the knowledge that you will have support from heaven and on the ground.

Disclosure 6 – You Remember Your Entire Past in the Womb

In the book, *Between Heaven and Earth* , there is a passage, where Clarencio, Andre Luiz's team leader talks about the process of reincarnating

while in the womb. Clarencio discusses the difference between discarnation and reincarnation.

He tells Andre:

> "The difference between the two processes is that the discarnating soul, even when the deplorable conditions of suffering and inferiority, is advancing to relative liberation, whereas the reincarnating soul is undergoing the process of returning to the webs of dense matter, in spite of being guided by noble objectives of evolution. It is for that reason that, led to organic reconstitution, we relive our entire biological past during the early stages of the fetal organization, albeit quickly. During the reconstruction of the form that will be used while incarnate, each person automatically relives his or her entire past, stopping at the highest configuration that he or she has acquired for his or her endeavor, according to his or her degree of evolution." [14]

Hence, before we are transformed and set off to the college of earth, we once more visit the rights and wrongs we committed. I believe it serves to reinforce our commitment to the plan we helped build to allow our elevation and to set in place the latest and most complete set of the two items we may bring with us; our conscience and instincts.

With our conscience, the complete rule book by which we should comport ourselves while on earth and in the spirit world, we are led to the right choice in any circumstance. All we have to do is actually follow what we know to be right. Where we fail is when permit ourselves to rationalize away the good path in hope for short term gains.

Our instincts serve to warn us of danger and to signal when the situation is safe and secure. All via past life experiences that are recorded in our immortal soul.

Disclosure 7 - Why is it Important That You Are Here?

In the book *Liberation* , psychographed by Francisco C. Xavier and dictated by the spirit Andre Luiz; Andre is told why we must suffer through our physical life:

> "Physical life is a purely educational stage in the midst of eternity, and no one is called to it to partake of paradises of favor, but to the living molding of heaven in the sanctuary of the spirit, making the most of the opportunities we receive to perfect our mental qualities by growing and developing from the divine seeds we have brought with us. The incessant work for the Good, the sublimation of our motives in the transitory experience, the disciplining of our personal impulses, giving broad course to the noblest manifestations of our sentiments, and perseverance in the infinite Good – these lead to mental growth, with the acquisition of light for life everlasting. All individuals are born on the earth to enrich themselves by working for society as a whole. Sacrificing oneself is to overcome oneself, thereby earning the Greater Life. That is why Christ said that the greatest in the Kingdom of Heaven is the one who is dedicated to serving all. People can be feared and respected on earth because of the titles they have acquired by means of human convention, but if they do not progress in the realm of ideas by improving and perfecting themselves, they will have a narrow and sickly mind. In short, taking on physical matter and returning to the field of endeavor in which we find ourselves at present entails submitting ourselves to profound biological shocks meant for expanding the divine elements that will be part of our glorious form someday." [15]

Do you remember when your children complained about school, telling them, "It's not meant to be enjoyed, you are there to learn"? Well, when we experience tough times, we should tell ourselves the same. In fact, we are lucky to have those happy moments, just like the periods between classes when we too, went to school. Therefore, get with the program, participate and graduate with honors and you may not have to repeat.

Disclosure 8 - Spiritual Contracts - How We are Prepared for the Next Life

We carefully plan out our trials before we commence the reincarnation process in the spirit realm. While still a spirit, getting ready to come back to earth in a physical form, we make solemn promises to perform up to our own expectations.

The passage below, from the book, *Dias Felizes* , in Portuguese, the title in English means “Happy Days”, is translated on the Kardec.com site. It was written by the spirit Honório.

It tells us to carefully examine ourselves for clues for what areas of our lives we need to improve. I found it to be directly speaking to me concerning my past failures.

Spiritual Contracts

> “The responsibilities we have consciously embraced as immortal Spirits are spiritual contracts of great importance and are to be observed during our transitory corporeal existences.
>
> The agreement established between the team of spiritual instructors and the reincarnating Spirit they are responsible for preparing, constitute an existential contract of fundamental significance in the conscience of the individual being instructed. This contract contains all the tasks to be accomplished so that the candidate for spiritual self-development can achieve its objectives and make reparations towards its own conscience and towards all other persons involved in its reincarnatory path.
>
> Those who accept the work of amending their family ties receive specific orientation from groups of Spirits composed of pedagogues, psycho-pedagogues, psychologists and other noble individuals who achieved success in previous lives while going through the same challenges as members of a family. This orientation will allow them to

better comprehend and assimilate the possibility they also have of achieving success during the future experience in the physical realm. They will be more likely to practice the teachings, which will continuously echo in the acoustics of their soul and thus encourage them to proceed as previously prepared before their reincarnation.

The same takes place with those about to enter the physical plane indebted in matters related to the dissemination of elevated spiritual knowledge. Whether under the context of Spiritism or any other religion, this responsibility entails the education of men and women regarding the right direction to follow based on the lucid and clarifying message taught by Jesus while on Earth.

For those accepting this spiritual ministry during their reincarnation on Earth, another group of spiritual instructors is added to the first group in order to educate the reincarnating Spirit in organizational matters. The Spirits composing this new group are sage and experienced leaders who have excelled in the art of faithfully advancing the message of Christ. They are wise and dedicated historians who help in clarifying inaccurate human interpretations regarding spiritual development that have taken place on Earth. Other participants are Spirits skilled in the art of clarifying the subject of reincarnation and its objectives. This is the multidisciplinary team assembled to assist future reincarnating Spirits who will have this serious moral responsibility among men and women in the physical plane.

Individuals who have defined spiritual ministry responsibilities, are among many others who in the past, either committed serious mistakes while immersed in the same experiences of religious and spiritual ministry or were among those who corroborated with those mistakes. Those who opted for the latter behavior are fewer in number.

To individuals consciously indebted with the responsibilities of spiritual ministry, the Divine educational investment is specifically connected with the religion in which the reincarnating Spirit has a moral obligation, and in which it will be practicing while on Earth when explaining the profound significance of biblical passages or knowledge from other religious denominations.

The enlightened Spirits organize group meetings and instructive symposiums, as well as private therapeutic sessions, so that the candidate for the future Earthly spiritual ministry task can overcome the strong traumatic conflicts that it may still contain within its soul. These conflicts are the effect of previous mistakes committed or atrocities suffered in the name of religion.

Spirits who participated in the early stages of Christianity, and who walked the glorious path of renunciation and unconditional abnegation, participate in these meetings, which promote moral support of the candidates who will soon be working for the victory of love in the field of spiritual ministry on Earth. Through the speeches and moral conduct, these spiritual benefactors exemplify and demonstrate to Spirits who are about to reincarnate the necessity of living the Gospel of love while steering away from the mistakes of previous reincarnations.

Those who think that the preparation for a new reincarnation is simple, only consisting in the desire of the reincarnating Spirit and the support of spiritual benefactors responsible for that process, still do not really comprehend the reincarnatory process, which involves the active participation of various departments in the spirit world aiming to prepare adequately the errant Spirit in its progress.

Once registered in the reincarnatory program, the Spirit undergoes a routine of study and work that is fundamental to the strengthening of its willpower. The education it receives solidifies to its maximum capability, in its own soul, the need to cultivate noble feelings as it knows that once reincarnated the influence of matter and the Law of Forgetfulness are challenges to be surpassed through much hard work and dedication. All the good actions the reincarnated Spirit practices on Earth are the result of its own choices, which were lucidly accepted before reincarnating.

The memorable teachings given to Allan Kardec by the enlightened Spirits explain how responsible the reincarnating Spirit is as it has co-authored with God its own reincarnation and the tests it must undergo. It is a clear exercise of the Law of Free Will.

The choices of tests to be lived by the Spirit while undergoing the physical experience are the result of a delicate reincarnatory spiritual preparation. The investments made during this process are profound and meticulously organized; so that the Spirit now under a new personality in this existential journey has a greater chance to emerge victorious.

On the other hand, this exact process does not constitute a general rule. There are exceptions such as those of compulsory reincarnations and those cases of Spirits who are less indebted towards humankind. In those cases Spirits do not participate at all, or only partially participate in the planning carried out by sage Spirits.

If the incarnated Spirit takes the time to analyze its own conscience, it will perceive the nuances of the reincarnatory plan inviting it to the execution of the previously embraced duties. It is not necessary to know

> exact details or earth-shaking information in order to hear in itself the guidance received before returning to the corporeal life. As a matter of fact, knowing exact details about our reincarnatory plan seldom takes place with anyone once immersed in the physical plane.
>
> It is invaluable to the Spirit to find in itself the most intrinsic vices and the most natural and developed qualities. This self-knowledge will ease the process of knowing what it must do for itself in the execution of its spiritual objectives.
>
> Understanding the fragility of the human soul and the tendency we have to corrupt our own spiritual commitments, Jesus instructed us in the question asked by Mark 9:19; “You unbelieving generations – How long should I stay with you?” so the human race could forever understand that when it comes to moral progress, the presence and assistance of Jesus alone is not enough, but rather, that we must also fulfill the responsibilities dictated by our conscience, feeling His message in the deepness of our hearts.” [16]

In other words, it is all up to us and our commitment to fulfill what we said we would achieve. Easier said than done on earth, with a thousand emotions assaulting you daily and outside forces that constantly distract your attention and pull you toward what is expedient for you, not what is right.

Improving ourselves is not an easy struggle, but the effort is worth the price. Life in one of the heavenly cities is a joy that is hard for us to imagine. To learn more about what is life like in the spirit world, I suggest you read Francisco (Chico) C. Xavier’s book, inspired by the spirit Andre Luiz, *Nosso Lar* . It is the story of Dr. Andre Luiz, how he died, stayed for a time in the Lower Zone and was eventually taken to the celestial city Nosso Lar, which means “Our Home” in English.

Disclosure 9 – What Does it Mean to be Immortal

You are an immortal spirit. You will never die. While your outside coverings may change from life to life, your spirit continues on forever.

We hear the word immortality and immediately think, “We can live forever!” But how long and what is forever. This subject was discussed in the book, *Memoirs of a Suicide* , by Yvonne A. Pereira. A high-level Spirit tells us what immortality means.

Yvonne A. Pereira, psychographed the book, *Memoirs of a Suicide* , published in 1955, with the help of two Spirits, the first is Camilo Candido Botelho (his real name is Camilo Castelo Branco), a Portuguese writer who committed suicide on June 1, 1890. He wrote 58 books and was known as the Portuguese Balzac [17] . His eyesight was failing and he decided he didn’t want to live any longer without sight. The other Spirit is Leon Denis, who was one of the leading apostles of Spiritism after the passing of Allan Kardec [18] . Leon Denis died in 1927. In Yvonne’s preface, she mentions she has been writing the book since 1926, in communication with the deceased suicide, Camilo. Therefore, Leon Denis, who had died in 1927 was put to work rather rapidly to assist Yvonne to organize and edit her work. Already I have explained one aspect of immortality to you, there is always is time to work!

The Spirit author, Camilo spent some time in the lower zones, a very unpleasant episode, and when his intended life span completed, he was picked up and taken to the Mary of Nazareth Hospital. The entire complex was controlled by the mother of Jesus and was dedicated to suicides. Camilo endured a lengthy process to recover from his desperate act. As part of his recovery he and the group he was recovering with, was able to speak with knowledgeable Spirits about the various aspects of their life. This learned instructor told the assembled group:

> “O humankind! Creatures forged from the radiant breath of the Divine Focal Point! Remember that you are immortal! … Ponder everything you see, touch and possess; the achievements that promote pride within you; the vanities that flatter your selfishness; the mad passions that debase your character and compromise your future; the fictitious worldly glories that cajole your conceit, enslaving you to materiality. All of this is doomed to pass away, to vanish one day, destroyed by the implacable fires of reality and submerged in the forgetfulness of untenable things that cannot last in the bosom of a Perfect Creation” [19]

Well, that exactly covered my dreams and aspirations! One more reason to rent instead of owning a home. We live our lives thinking of the weekend to come, next month when we get our bonus, of the joy when we pick up a new car, all for what? The excitement of a moment or one more toy to add to our stable. All will degrade into dust and we are the only trace left. Our immortal spirit, our aura of energy will still exist, while whatever possessions we attempted to accumulate throughout the eons are left like stranded vessels.

Wait, it gets better. The lecturer is just warming up, he has only reminded us of the futility of keepsakes, of cherishing anything but our own spirit and our capacity to love and be charitable to others.

> “Remember the Sun, which has seen you being born and reborn so many times in the earth, giving you life, guiding and warming your steps, smiling at your victories as a progressing spirit, watching over your health and protecting you throughout the millennia, and collaborating with you in the struggles necessary for your education as a divine heir. All of them, too, shall pass away and die, to be replaced by new and better versions, which in turn will undergo the same fate! You, however, shall never pass away! You shall behold the succession of the eons, like the One who created you and made you eternal like himself, endowing you with the essence of the life that comes from Him, and from whose bosom you have come forth!” [20]

We shall outlive the Sun and all of its successors. I believe that quite a few of us have thought about living as long as the sun, which according to “Bing” will last another five billion years, after which it will turn into a red giant. My thoughts of infinite life has always revolved around my own planet. But, we shall all see earth grow cold and die one day, the entire solar system turn into a giant freezer. What happens then? What planet will we be sent to?

One day the total energy of the universe shall also be totally expended. Will we outlive this universe and one day be transferred to another? Being immortal is certainly giving me more questions than answers. The lecturer closes with these words of wisdom:

> “Therefore, take heed, O Humankind! Because your rights of filiation have destined you for divine glory in the bosom of Eternity, you cannot evade the effort required of you for your evolution, the ascension that is proper to your very nature, so that you may reach the realm from which you descended! … On that long, imperative road ahead of you, the more you infringe the principles that determine the harmonious scale of your ascent, the more you will suffer the effects of the dissonance you have created by breaking the Law you are subject to as a creature of a Perfect Being!” [21]

Hence, we all know the course of our life, it is one of eternal learning, with hopefully plenty of interludes of amusement and wonderment about the multitude of variations that present themselves to us in this universe. While we may occasionally veer off-course, be thankful that you shall have plenty of time for the make-up classes.

Disclosure 10 – You are Unique in More Ways Than You Had Thought

A favorite saying is that “we are all unique”. Sounds like an empty expression that is supposed to make us feel good about ourselves. But according to the Spirit world, we really are unique; we each have a radiation signature that is not the same of anyone else in the universe.

In the books dictated to Francisco C. Xavier, by the spirit author Andre Luiz, there are always nuggets of startling new information. As soon as I started reading *In the Realms of Mediumship* , published in 1955, I noticed an unusual introduction by the spirit Emmanuel, who usually writes moral exhortations. He began the introduction, titled, “Rays, Waves, Mediums, Minds…” by surveying the history of science in what makes up our universe. He started with Leucippus, about 500 years before Christ, who theorized that everything was composed of atoms. Surveying others, including the Curies, who discovered radium. Finally mentioning Bohrs, Planck, and Einstein, where he writes:

> “The vehicle of flesh, the human body, is now nothing more than an electric vortex governed by consciousness.
>
> Each tangible body is a bundle of concentrated energy. Matter is transformed into energy, and energy disappears to give way to matter.

> Raised to the status of investigators of the truth, chemist and physicists, geometricians and mathematicians have become today's priest of the spirit without desiring it. Due to their ongoing studies, materialism and atheism will be compelled to vanish for lack of matter, the base that had ensured their negativistic speculations.
>
> Laboratories are temples in which intelligence is driven to serve God; and even when intellectual activity is misguided, temporarily subordinated to the political hegemony that generates wars, the progress of science as a divine conquest continues to exalt the good and is bound for a glorious future.
>
> That future belongs to the spirit!" [22]

I believe he is telling us, that no matter what a scientist believes as regards to a higher power, he or she is working toward the day, when the existence of the spirit world can't be doubted. Which, even *The Spirits Book* , by Allan Kardec, tells us will occur one day. Now for the new information:

> "Through the sentiments that characterize their inner life, all individuals emit specific rays and live within the spiritual wave with which they identify themselves.
>
> Such truths cannot remain semi-hidden in our sanctuaries of faith; they will radiate from the temples of science like mathematical equations." [23]

Hence we all have a unique identification, the same as a RFID (Radio Frequency Identification) chip, which is used to track packages and even help you check out goods from a store. It is a chip with a low level energy transmitter that is attached to each individual good so computer systems will instantly know the location, price, and description of the object.

What Does This Mean to Us?

In many religious books, there are always stories of people having their prayers answered. Have you ever wondered how does the spirit world discern our prayers and calls for help amongst the enormous background noise of billions of thoughts emanating from humans every minute? The same principle of the internet, where each message you transmit from your laptop, iPad, or cell phone, has your unique, in the entire world, IP (Internet Protocol) address, which shows, to the knowledgeable, your country of origin, the time sent and even the operating system software you are using to send the message. Therefore, our every thought must be tagged with our spirit ID! As our brain is active, thinking and sending out its transmissions, there is an immense facility out in the universe gathering, categorizing, and analyzing the information received. Hence, by the virtue of having our

individual spiritual wave, we are instantly recognized, no matter what the circumstances are, by the spirit world. In other words, God is always watching us.

Not only Emmanuel tells us, but a lecturer, Instructor Alberio, at the Ministry of Communications at Nossa Lar, explains to us:

> "So, we comprise a vast group of intelligences that are attuned to the same vibratory pattern of perception. We are part of a Whole made up of billions of beings that form, so to speak earthly humankind.
>
> Thus, as only a humble family in the infinite concert of cosmic life, in which each world harbors only one specific family of Universal Humanity, we know for the time being merely those expressions of life that most closely speak to us, limited as we are in the degree of knowledge we have acquired so far." [24]

Therefore, we humans are a separate branch of the Universal Humanity; we have our own class of emanating wavelengths. If we reincarnate on another world, our appearance may change, our pattern of radiation may alter slightly, but we always retain our spirit ID.

The Psychoscope

Since we all radiate a unique signature, it seems reasonable that a device could be created to read our signature and the state of our mind. The spirit world has a device and it is called a Psychoscope. Aulus, who is the person taking Andre Luiz and his companion Hilario to visit a Spiritual center, describes the device:

> "It's an apparatus that an illustrious student of spirit phenomenology intuitively referred to at the end of the last century. It's design to probe the soul. It has the power to define the soul's vibrations and the ability to make diverse observations regarding the subject." Aulus explained with a smile. "We hope that in the future it will be available to human beings. It runs on electricity and magnetism, utilizing radiant elements similar in essence to gamma rays. It is composed of lenses for observation that can also be used for microphotography." [25]

Andre asks if the Psychoscope can be used on spirits; Aulus replies:

> "Certainly," Aulus answered good-naturedly. "We are all subject to being probed by the higher planes, just as we currently investigate the planes situated below ours. If the spectroscope enables a person to investigate the nature of the chemical elements found at enormous distances by analyzing the light waves they emit, we can much more easily discern the qualities of a person by the rays he or she emits.

> Morality, sentiments, education and character are clearly discernible through a brief inspection." [26]

Get ready for the day when we are all an open book. Nothing is hidden from the psychoscope. If you want to rent an apartment, first you must pass the psychoscope. Want a job? Well, step up and present yourself to the psychoscope. Sounds frightening? Only because we are worried about our own flawed behavior.

The spirit world, where they live everyday banded together by the Law of Affinity, where like-minded spirits are attracted to each other, already live in system of constant selection based upon their character. We, on the other hand, may congregate in housing projects, exclusive cities, or slums as the case may be, but for most of our waking day we exist in a mass honest, dishonest and all flavors in-between.

The spirit world sees the positive possibilities:

> "The psychoscope itself is a motive for important considerations. Just think of a human society that could expose the inner life of its members! It would save an enormous amount of time in the solution of numerous psychological problems." [27]

Yes, it could be wonderful for certain situations, but how will people in power use this device? I can only hope that by the time it is invented on earth, we have advanced enough to use it wisely.

What Does the Psychoscope Show?

What does one see when looking through the scope? Andre Luiz has a try and here is what he perceives:

> "Without any mental effort, I noticed that all the expressions of physical matter took on a different appearance, especially the matter from our place.
>
> The roof, the walls, and other commonplace objects revealed themselves to be formed of currents of energy emitting a hazy glow.
>
> I turned around to contemplate the incarnates. They now appeared to be more closely associated with one another by means of broad radiant circles that hovered over their heads in opal-like splendor.
>
> I had the impression of seeing a corona of solar light around the opaque block of semi-dark mass to which the table had been reduced. The corona was comprised of ten individual points. The center of each one of them projected the spiritual faces of the praying incarnates.

> From that chain of golden focal points, a wide band of violet light extended outward. This band appeared to be contained within another band of orangey light overflowing in diverse tones, which I couldn't identify, because my attention was fixed on the circle of illuminated faces visibly united like ten tiny suns all connected to each other. I noticed that above each of them was a halo of nearly-vertical shiny, moving beams of light that looked like small antennae of smoldering gold. These halos differed from one incarnated to the next, and abundant clusters of stellar luminosity fell on each from On High. When they touched the heads of those gathered there, they seemed like soft currents of energy that turned into microscopic petals that flickered with light and then went out in myriads of delicate and whimsical forms, gravitating momentarily around the brains where they were produced, like short-lived satellites swirling around the vital forms from which they emanated.
>
> Spirit mentors guarded the assembly, each one radiating his or her own light." [28]

Each of us a transmitting tower and a receiving station, where information is passed back and forth in constant motion, all deciphered by our active brain and perispirit. Aulus tells Andre and Hilario, "Don't you know that an incarnate individual is a generator of electromagnetic power, with one oscillation per second registered by the heart? Are you by chance unaware of the fact that all living substances on earth emit energies, framed in the bands of ultraviolet radiations?" [29] Hence, we are always on, always participating in a world around us, that we can't see or touch, but our soul knows, understands, and acts on these messages.

Aulus then goes on to explain "vital rays", which are mental rays that are projected and received and play an important part in our life. Aulus states, "All individual have them, however, and emit them at a frequency that varies with each individual, according to the tasks that their Life Plan has assigned to them." [30]

In addition to our spirit ID, we have our time code. A code that denotes the stage of our Life Plan that we are currently in and maybe even transmitting the grade we are receiving for our performance.

I apologize for the scope of this chapter, it started out that we are all unique individuals and you were probably expecting a homily on how wonderful we all are. Instead, you have been presented with the specter of all of us being completely exposed, tracked, graded, and analyzed in a minute by minute basis. Plus, the promise of a future where even other humans will be able to see right through us. A bit daunting, yes. But, at least you know and now have the opportunity to internalize the significance of learning to become a

better person. For there is no alternative, only longer periods of training, to our quest to grow into pure spirits.

Disclosure 11 – We Are Our Thoughts

In the book, *Action and Reaction* , by Francisco (Chico) C. Xavier, inspired by the spirit Andre Luiz there is a discussion about the power of thought. Andre was at a shelter, built and sponsored by Andre's celestial city, Nosso Lar. The shelter, "Mansao Paz", which means Mansion of Peace in English, is in the Lower Zone , so it can be close to the souls who wish to leave their material passions behind and ascend.

Inside the shelter there are poor souls who are disfigured. They are disfigured because their minds control their outward appearance. The person Andre talks to bring up the subject of radio and TV signals. Andre ask how is this pertinent, the learned spirit tells him about thoughts and the power of our mind:

> "I'm referring to the subject to remind you that in radio and TV broadcasting, the electrons that carry voice modulations and the elements that form the images travel through space at the speed of light, that is, 186,000 miles per second. That means that in just one location a broadcasting and a receiving station can both operate at the same time; hence, in one second, images and words can be sent and received simultaneously after having crossed immense distances in space in an infinitesimal fraction of time. Now let's picture our thought as a living and active force, whose speed is even faster that light. Emitted by us, it unavoidably returns to us, compelling us to live of our own accord in its wave of created forms, which naturally fix themselves in our mind when fed by the fuel of our desires or attention." [31]

First note that our thoughts move faster than the speed of light. In the spirit plane, the speed of light isn't the universal speed limit. Second, we receive thoughts and process them. While in an incarnate state we do so subconsciously. We live in a world where we are being affected by forces that we do not detect.

The wise spirit continues on:

> "Hence, the vital need for us always to keep ourselves in the noblest ideals and purest purposes of life, due to the fact that energies attract other energies of the same kind. Thus, when we dwell on vice or darkness, the mental forces that we exteriorize then return to our mind, forces which are reanimated and intensified by the elements in tune with them. Consequently, we reinforce the bars of the prison in which we thoughtlessly remain, making our soul a closed world, where the voices and images of our own thoughts combine with the suggestions of those who are in tune with our behavior, thereby imposing recurrent hallucinations on us and temporarily neutralizing our senses." [32]

Our negative thoughts attract other negative thoughts, creating an ever stronger feedback loop. This is why the advice to get yourself out of a depression is to think positive or become preoccupied with something else is actually an excellent suggestion. We need to break the cycle and cease reinforcing reasons for our failure.

Instead, we should strive to prepare ourselves now for our life as a spirit and recognize the power of thought and train our minds to remain positive and caring. When problems arise, we should trust in our life blueprint and know that any trial ahead is one that we requested. Staying calm and focused during any difficult episode is half the battle.

Disclosure 12 – We Are All Inspirational Mediums

According to Allan Kardec's book, *The Book on Mediums* , we are all "Inspirational Mediums". All of us are influenced by the good and bad spirits around us. Allan Kardec explains:

> "Inspiration comes to us all, from Spirits who influence, for good or evil, in every circumstance of our lives, and in every resolution we make, and it may therefore be truly said that, in this respect, every-one is a medium, for there is no one who has not about him his familiar spirits, who do their utmost to suggest salutary or pernicious counsels to those with whom they are connected; a truth which, were we duly penetrated with its reality and importance, would frequently lead us to oppose a more effectual resistance to the suggestions of evil, by seeking the inspiration of our guardian-angel in our moments of uncertainty as to what we should say or do. At such times, we should invoke that watchful guardian with fervor and confidence, as a Providentially-appointed friend; and, if we did so, we should often be astonished at the new ideas which would arise in our minds, as though by enchantment, whether for the taking of an important decision, or for the accomplishing of our special work." [33]

We all have had moments of inspiration, flashes of brilliance, which provides some key piece of knowledge that we have been searching for; these sparks are caused by spirits, who chose to influence us. Use the gems given to us, but first filter the idea through your conscience and instinct (see how your conscience and instinct are the accumulation of your past lives) to determine the validity of the suggestion.

Allan Kardec goes on to say that people of genius are mediums without being aware of it. These people have the innate sense to call superior spirits to provide the assistance they seek. Allan Kardec completes the section on inspirational mediums with this communication from the spirit world:

> What is the primal cause of inspiration?
>
> "The communication of his thoughts by a spirit"
>
> Is inspiration confined to the revelation of great things?
>
> "No; it often has reference to the most commonplace circumstances of your daily life, for instance, you may have thought of going somewhere, but a secret voice tells you not to go, because there is danger in the

> way; or it tells you to do something which you have not thought of doing; this is inspiration. There are very few people who are not more or less 'inspired' in this way, at certain moment." [34]

We are constantly guided on our path by the spirit world. To see how we are enveloped by the spirit realm read my book about my personal experiences, 7 Tenets of Spiritism - How They Impact Your Daily Life . You will be surprised at the involvement in the smallest details in our lives by our spirit guardians.

Disclosure 13 – You May Be the One Assisting Others, Not the Other Way Around

In the book, *Between Heaven and Earth* , psychographed by Francisco C. Xavier, there is a passage where spirits are in a home talking about a fourteen year old girl, sitting quietly in a chair in a corner embroidering initials on a linen handkerchief. A spirit pointed her out and remarked:

> "She has come to meet other persons and situations she needs in order to ascend spiritually, but she has also brought with her the task of assisting her parents. At the moment, she believes her mother is the one doing the assisting, but because of her spiritual merit, she is actually the one that is assisting her still-struggling mother." [35]

Did you grow up in a family where sometimes you thought you were the only adult? You tried to help your parents, but it was difficult to bring them to their senses? Well, take heart, you probably volunteered for the duty, even though it may have left you slightly confused on how you could have come from that set of parents. Whatever the case, you were blessed with a chance to help those in need.

Disclosure 14 – As You Reach Higher Spiritual Levels Your Trials Become More Complex

There is a passage in Francisco (Chico) C. Xavier's book, *Between Heaven and Earth* , inspired by the spirit Andre Luiz that talked about the planning of trials for spirits.

Clarencio, a minister and a recurring figure in Andre's life examine a chart for a life plan. He comments:

> "The broader the resources of the spirit returning to the flesh, the more complex its so-called work map is. Almost all of us have a significant amount of debt to pay and all of us are challenged by acquisitions we need to attain. This work map entails a type of relative fatalism regarding what we are to experience; on the other hand we are always responsible for our conduct, a fact that can generate either good or bad circumstances for us. Thus, we can see that freewill, which is also relative, is an irrefutable reality on every level of consciousness." [36]

Hence, as you improve and rise in your spiritual quotient, your tasks, either caused by debts or the requirement to attain new experiences, are increasingly nuanced. Whereas, when you may have been a more primitive soul, you may have been reincarnated as servant or some other low order to teach you to be more respectful to others; an attribute you didn't demonstrate when you were in charge. The placement of your birth most probably set your trials in motion with little room to maneuver or use your free will to avoid it altogether.

But as you gain your spiritual wings, the range of trials and circumstances may vary. You have more leeway to make a bad choice. If your conscience is not fully developed and you seek excuses to rationalize away your duty, it becomes easier to fail.

Of course, all of this is on purpose. As we become more proficient, the tests become more challenging. Just thought you may like to know this, to keep you from skating along in your life in a pleasant fog. Watch out, your next test may be around the corner.

Disclosure 15 – Why Your Memoires of Your Dreams are Imprecise

In the book *Between Heaven and Earth* , dictated to Francisco C. Xavier, by the spirit Andre Luiz, a woman, named Antonina, is given a chance to meet her deceased child (Marcos) in the spirit world. She finds the child is happy with his life in heaven. She feels wonderful about the experience. When her spirit is put back into her body, the team leader (Clarencio), with whom Andre and Hilario are assisting, says:

> "Our friend cannot hold on to the memory of what occurred," stated Clarencio.
>
> "Why not?" asked Hilario.
>
> "Very few spirits are capable of living on earth with the visions of life eternal. They need the environment of inner twilight. A full memory of what occurred would result in a fatal longing."
>
> But the Minister patiently explained:
>
> "Each stage in life is characterized by special purposes. Honey may be tasty nectar for the child, but it mustn't be given indiscriminately - too much and it becomes a laxative. While we are in the earthly envelope, we cannot stay in contact with the spirit realm too long or our soul will lose interest in struggling worthily till the end of the body. Antonina will recall our trip but only vaguely, like someone who brings a beautiful but

> blurry picture to the living arena of her soul. But she will remember her son more vividly, enough for her to feel reassured and convinced that Marcos is waiting for her in the Greater Life. Such certainty will be sweet nourishment for her heart." [37]

The dreams that you remember are probably full of symbolism that represents your hazy memory of what occurred. The important point to keep in mind is that if you woke up happy and refreshed, your dream was a positive experience in the spirit realm. Whereas, if you dreamt of conflict and you awoke agitated, then think carefully about the path you are on, it may be a message to change.

Disclosure 16 – Your Mind Directly Affects Your Body

In the book, *In the Realms of Mediumship* , by Francisco C. Xavier, the effects of passes are discussed. Read closely what is said:

> "Passes are a transfusion of energies that alter the cellular field. You know that nowadays, even in human science, the atom is no longer the indivisible building block of matter; that behind it, there are lines of force agglutinating the subatomic principles; and that behind these principles lies the determining mental life ... Everything derives from the mind in the sanctuary of nature. If we would renew our thoughts, everything would change for us. In magnetic assistance, emission and reception entwined, helping needy patients so that they can help themselves. The re-energized mind revitalizes the microscope lives that serve it in the temple of the body, erecting valuable reconstructions. As we can see, passes are an important contribution for those who know how to receive them with respect and trust that they entail." [38]

Our minds, through the force of our thoughts, has the ability to move around matter. When we receive supplemental energy, we are able to use it to heal ourselves. Within our physical minds and our spirit lies very complex machinery, which unbeknownst to us is capable of focusing energy on the areas of our body that require attention.

Our "spacesuits" that we must use while incarnated on earth are truly magnificent.

Disclosure 17 – Faith Increases Your Ability to Heal

In the book, *In the Realms of Mediumship* , psychographed by Francisco C. Xavier and inspired by the spirit Andre Luiz, there is a passage where Andre and his team members are watching incarnates receive passes and other help from the spirit world inside a Spiritist Center.

One of the team members pointed out that the people getting passes didn't seem to improve at all. The spirit Assistant told the group what was happening:

> "They lack faith." explained the Assistant.
>
> "So, faith is essential for them to register the assistance they need?"
>
> "Yes, indeed! In photography we need the photographic plate to hold the image, and with electricity we need a wire that can conduct the current. Regarding spiritual assistance, it is essential that the patient display a certain "favorable tension." This tension derives from faith. Of course, we are not referring to religious fanaticism or blind ignorance, but the attitude of inner assurance, with reverence and submission to the Divine Laws, in whose wisdom and love we seek support. Without

> introspection and respect, we cannot fixate the imponderable resources that work on our behalf, because scorn and hardness of heart can be compared to thick layers of ice on the temple of the soul." [39]

Hence, we must be in the right state to allow ourselves to absorb the vital fluids so we may heal and be brought back into balance. Everything flows from remaining calm in the knowledge that God loves us and the trials we are having to survive are the training we require.

I know this is really tough sometimes! I have to remind myself of this almost every day when I start to complain about some minor inconvenience.

Disclosure 18 – Premonition of Death – How the Living is Notified When a Loved One Dies

We have all heard stories where a person wakes up and announces that a close relative has just died. Then in the morning they find out it is true.

In the book, *In the Realms of Mediumship* , by Francisco (Chico) C. Xavier, our beloved spirit Andre Luiz was a witness at a death-bed of an old woman, Elisa. Just after she was lucid enough to say goodbye to her immediate family, she departed her body, by the force of her own determination, and by volitation (movement by thought) to her sister's house in another city.

Andre and his mentor follows her and discovers what happens next:

> "In the middle of the night, we stood beside her in a badly-lit room, in which a venerable old woman was sleeping peacefully.
>
> 'Matilde! Matilde!'

> Elisa tried to awaken her in a hurry but couldn't. Conscious that she had only a few moments she rapped on her sister's bed. Matilde woke up abruptly, immediately sensing her sister's influence.
>
> Distraught, Dona Elisa started to talk to her. Dona Matilde didn't hear her with her physical ears but with her brain, through mental waves in the form of thoughts floating around her head.
>
> She sat up anxiously and said to herself: 'Elisa is dead.'
>
> Indicating the two sisters, the mentor explained:
>
> 'This is one of the usual types of communication in the cases of death. Due to such repeated occurrences, the world's scientists have been forced to examine them. Some attribute the phenomena to telepathic transmissions, while others see them as a "phenomena of monition" (a sense of danger). But the Spiritist Doctrine reduces them all to the pure and simple truth of being the direct communion between immortal souls.'" [40]

Once again a phenomena that most of us have either heard first or second-hand, or have seen presented in a TV program is thoroughly described by Spiritism.

We are immortal spirits who are capable of feats that are beyond our current scientific calculations. The power of our thoughts, which as a spirit, determines the clothes we wear, our transportation, even what level of the spirit world we reside is immense.

For as a spirit our thoughts are action, this is why we come to earth to learn. By parceling out a physical body to us, we can delay the action created by our thoughts. It is like looking at a golf swing in slow motion. One can analyze the errors in each physical movement. On earth in our dense body we can think about our thoughts and thank heavens that most of them don't result in any action.

We are being trained for life as a spirit, where there is no governor to restrain us. Until we pass the course to control the emanating waves from our brain, there is no escape from this planet.

Disclosure 19 – Death is Actually Awakening

In Life and Destiny , a book by Leon Denis, he turns around the common usages of birth and death and explains the process for what it really is:

> "Birth is death to the soul. It is imprisoned with its etheric body in the tomb of the flesh. What we call death is simply the return of the soul to liberty, enriched by the acquisitions it has been able to make during the course of its earth life." [41]

What are we? An immortal soul, our true being is our spirit. That is our essence, while our physical bodies are like a book cover, to be used as a tool for learning and then discarded after the semester is over.

Leon goes further and then describes our dual states in our physical bodies, that of sleep and awake:

> "We have seen that the different states of sleep are just so many moments of return to life in space. The more profound the sleep the more the soul is emancipated, and the higher its flight, the deepest sleep borders on the first state of the life invisible. In reality, the words sleep and death are inappropriate; when we sleep on earth, we awake in the spiritual life. The same phenomenon is produced by death; it differs only in duration." [42]

Hence, our life here is but a short interlude, a sonata of music which follows a precise score and has its themes and motifs, and always at some point ends. At times, we may not enjoy all of the notes, but we have no choice but to sit through the entire piece. We might as well try to enjoy and learn as the orchestra plays to the end.

Disclosure 20 – You Should be Your Own Physician

First, always visit your own medical professional for any health problem you may have.

I am writing this in the context that if you wish to assist in your own recuperation, then you should also know how much your actions and thoughts can influence your recovery.

In the book, *Missionaries of the Light* , inspired by the spirit Andre Luiz and psychographed by Chico Xavier, there is a section that deals with a young woman who is being obsessed by spirits who wish revenge on actions she had taken in a previous life. Alexandre, Andre's mentor, tells him why the young woman is able to successfully resist the barrage of bad thoughts that errant spirits are aiming in her direction:

> "Only patients who have willingly made themselves their own physician achieve a positive healing; the principle is the same in the dolorous field of obsession. If victims capitulate unconditionally to their adversaries, they will surrender completely and become possessed after becoming an automaton at the mercy of the persecutor. If they have a weak and indecisive will, they will become accustomed to the persistent actions of their persecutor and will become accustomed to the circle of irregularities, a situation very difficult to correct, because little by little, it will become a pole of strong mental attraction to the persecutors themselves. In such cases our activities are nearly limited to simple tasks of assistance aimed at results far into the future. However, when we find patients who are interested in their healing, taking advantage of our resources in order to apply them to their spiritual evolution, then we can foresee immediate gains." [43]

Hence, whether a physical or mental illness, if you emphasize your spiritual strength and willpower, reject bad thoughts and maintain your positive energy, you shall be actively assisted in your recovery by your friends in the spirit world.

Section 2 – The Spirit Realm– What is it, where is it, how does it work?

Now that you have been given clues about yourself, I will tease you with information about the tight little universe you live in and the broader picture that our science has only started to detect. After all, since you are an immortal spirit, you realize that our time in the physical world, or more aptly described as a dense dimension, is relatively short. Coming to earth is the equivalent of a weekend getaway in comparison to our infinite lives.

Therefore, who is in charge of the home you just left and how nice is it? The first answer is God, or the Supreme Intelligence or the Spirituality, any name that you wish to call that what we can barely comprehend. And the second part of the question is; it all depends. There are many levels within the spirit universe and how you comport yourselves on earth affects your destination.

As you free yourself of the binds that tie you to the material and simultaneously strengthen your spiritual side, your ability to discover more of the spirit realm is increased. The higher the spirit the more freedom of movement. High spirits can travel at the speed of thought to whatever planet or galaxy of their choosing.

In the section that follows I present factoids and glimpses of what is a spirit, how we react with the world around us and some of the spheres that spirits inhabit. To begin a more intense journey into the spirit realm, I suggest you read my book, *Explore Your Destiny – Since Your Life's path is (mostly) Predetermined* . The book goes into depth of what we are, the planes around us and how your life on earth is planned to enable you to rise to the level of your desires.

The sources I use for this book and the others I have written are all from Spiritist literature. The head waters of material come from Allan Kardec. He is the Codifier of the 3rd Revelation. Jesus promised us a Consoler, the Spirit of Truth. The Spirit of Truth utilized Allan Kardec as the vehicle to assemble more information to present to the world.

Why? Because the level of our culture and technological advancement allows the human race to begin to correctly process the fresh information. What was presented in the 1st Revelation to Moses was patterned to the ability of people to understand at the time. Even then, through the inherent fallibility of human intellect there were many mangled communications and additions. The same for the 2nd Revelation during the time of Jesus. The

spirit world wishes us to concentrate on the messages of love and charity, which are eternal.

While in Spiritist writings it is customary to call Spiritism the 3rd Revelation, the messages of love one another, respect, the concept of Karma have all been brought to us by emissaries from above. Socrates, Buddha, Confucius, to name a few, are all high spirits sent to earth to prod us along the path to true civilized behavior. Religious communications are similar because the spirit world is attempting to drive a consistent message to the many races and cultures on earth.

It is important to realize that Spiritism isn't the product of one, but the output of many mediums throughout Europe during the mid-1800s. Allan Kardec fashioned a series of questions to ask worthy spirits and he refused to publish any responses that only came from one source. Similar answers must be received from mediums who did not know the existence of one another in order for Allan Kardec to allow its inclusion into *The Spirits Book* . He was not a medium and did not communicate directly with spirits.

The next great leap of information from the spirit plane was from Francisco (Chico) C. Xavier. Beginning in the 1930's, in Brazil, Chico began to psychograph writings from spirits. He was told from the beginning to always follow the path of Allan Kardec.

Psychographing is writing by a medium under the direction of a spirit. Chico always said that he never wrote anything, he just was the machine to communicate messages from the spiritual world to our earthly plane. Throughout his career, all proceeds from his endeavors went to his foundation. He lived a very simple life. No jets, no limousines, no palaces, no league of mistresses, no hidden safes full of cash, none of the behaviors that we would normally see from a religious huckster.

In fact, during Spiritist group gatherings, there are meetings set aside for communication with spirits and for people who wish to communicate with past loved ones. There are no charges for these events, since to charge for a gift from God is contrary to the work of spreading love and kindness throughout the world.

Chico psychographed more than four hundred books and I invite all to look him up and see the expanse of his work. The collection that I mostly refer to is the series of books inspired by the spirit Andre Luiz. He was a doctor in Rio de Janeiro during the end of the 19 th and the beginning of the 20 th century. He wrote thirteen books, chronicling his death, time spent in the Lower Zones, his rescue to the celestial city, Nosso Lar and his subsequent discoveries about the day to day workings of the spirit world.

There is a movie based on the first book called, “Nosso Lar” or “The Celestial City” that you can find to buy or rent. The movie is in Portuguese with English subtitles. I highly recommend it.

Why should I or anyone trust these sources? There are three major reasons. First, nothing revealed in Spiritism is contrary to the basic teachings of Jesus; love, charity, fraternity and honorable behavior are all included. The path and the reasons for adopting these tenets may be altered.

For instance, the Catholic Church rejects reincarnation. While many scholars point to the early church teachings that indicate a subsequently dropped acceptance of reincarnation, the current belief is that we have but one life to make it to heaven or be cast into hell. Spiritism has brought us a more realistic message, that attaining goodness in one brief existence on earth is a monumental task. Think of the poor soul born into a criminal family, raised in a culture of theft and with complete disregard for polite conduct. The effort of that person is exponentially harder than a spirit raised in a calm and loving family who impart manners and the importance of education. What could be more unfair than that? The starting lines for two innocent humans born in to this world aren’t even within sight of each other.

Spiritism teaches us that we are sent into this world to live through the trials assigned. While one soul may be a relatively immature spirit and is sent to a family with a limited range of possibilities, but sufficient for their period of instruction, another spirit is pushed into more complex trials befitting their level.

Secondly, the unanswered phenomena of NDE’s (Near Death Experiences), communications with spirits, ability for some to accurately describe future events, mothers, brothers and sisters who are alerted of the death of a loved one at the moment of their demise all combine to point to an organized world beyond our own. The Druids called it the “Other World” and believed that we are here for a short period of time. Spiritism responds with concrete explanations for each occurrence. There are no miracles, all have a reason.

Thirdly, our own experiences, the unexplained event, the strange feelings at certain times, the whispers we hear in our mind at vital junctures in our life, the opportunity that came at just the right time, what Carl Jung called “singularity”. Singularity is the unseen push by the spirit world to keep us moving from one class to another. Each lesson a requirement for our eventual ascension.

The flow of material from the spirit plane is just beginning. In Brazil and soon around the world there will be more mediums capable of transmitting messages from beyond. This is all part of the plan; we are not a random

planet circling around the sun with life forms that just happened to evolve. No, the earth was constructed to be a progressing campus for spirits. Souls that started out with the primitive emotional capabilities of two-year olds, but who have been gradually guided by the unseen hands of loving teachers to grow up to one day be productive members of spirit society.

We have been blessed to be reincarnated at this stage of development. It is up to us to dip our toes in the water and determine if we wish to seriously pursue improving our spiritual IQ or not. Examine the disclosures in the next section and contemplate about what is being revealed to you and what it means to your daily life.

Disclosure 21 – Who and What is God

The first question in *The Spirits Book* is:

> *Question 1. What is God?*
>
> "God is the Supreme Intelligence – First Cause of all things." [44]
>
> Allan Kardec lists six attributes about God:

1. God is *eternal* . If He had had a beginning, He must either have sprung from nothing, or have been created by some being anterior to Himself. It is thus that, step by step, we arrive at the idea of infinity and eternity.
2. God is *unchangeable* . If He were subject to change, the laws which rule the universe would have no stability.
3. God is *immaterial* , that is to say, that His nature differs from everything that we call matter, or otherwise, He would not be

unchangeable, for He would be subject to the transformations of matter.

4. God is *unique* . If there were several Gods, there would be neither unity of plan nor unity of power in the ordaining of the universe.
5. God is *all-powerful* because He is unique. If He did not possess sovereign power, there would be something more powerful, or no less powerful, than Himself. He would not have created all things and those which He had not created would be the work of another God.
6. God is *sovereignty just and good* . The providential wisdom of the Divine Laws is revealed as clearly in the smallest things as in the greatest and this wisdom renders it impossible to doubt either His justice or His goodness. [45]

The Spiritist concept of God is not unlike others postulated by various religions. Given all of the above, we really still don't understand God. Only that the concept of what God truly is, is beyond us.

Allan Kardec asks the same question:

> *Question 10. Can man comprehend the essential nature of God?*
>
> "No; he lacks the sense required for comprehending it." [46]

Next, he poses the question that we all ask after trying, but failing to understand the nature of God:

> *Question 11. Will man ever become able to comprehend the mystery of the Divinity?*
>
> "When his mind shall no longer be obscured by matter, and when, by his perfection, he shall have brought himself nearer to God, he will see and comprehend Him." [47]

Sometime in the far future we shall be able to understand the Divine Being that is responsible for our creation. Until that day we should be thankful we live in a universe built on love.

Disclosure 22 – What is a Spirit? – According to Spiritism

We are spirits. The vast majority of our existence will be as a spirit. Our time in physical bodies are meant as periods of training or missions to help other spirits.

How Spirits are Created

We know that as a physical body we are born of a mother. But how are we created as spirits? The Spirits Book supplies us with a non-answer:

> *Question 81. Are spirits formed spontaneously, or do they proceed from one another?*
>
> "God created them as he creates other creatures, by His will. But we must repeat again that their origin is a mystery." [48]

Therefore, we do not know exactly how we started. As you become a higher spirit you shall have the ability to remember more of your past lives and history, but I have never read or heard of any report coming from the spirit world concerning the first beginning of a spirit.

We are immortal, meaning that we shall watch the sun of our solar system turn into a red dwarf and eventually degrade into a lifeless body, with nothing but frozen rocks rotating around it.

Think about this for a moment. We worry what will happen tomorrow, or next week. Anxieties such as can we buy that new car, or will we be able to make the house payment. How do any of these concerns stack against the fact that no matter what happens, you can't die.

The Spirit Form

You may lose your physical body, but the real you will never perish. So, what does the real you look like?

> *Question 88. Have souls a determinate, circumscribed, and unvarying form?*

> “Not for eyes such as yours; but, for us, they have a form though one only to be vaguely imagined by you as a flame a gleam, or an ethereal spark.” [49]

We are energy with some matter thrown in. We can move at the speed of thought or take a leisurely walk. It all depends on our thoughts. In the spirit world, thought is action. Let me repeat again, thought is action.

This is one of the most important lessons that Spiritism supplies us. Here in our physical form, we learn that if we can just keep our mouth shut everything will be ok. Not true in the other world. Therefore, here on earth, in this chaotic location, we need to bear down and learn how to control our thoughts.

You can’t just do good works and appear to like your fellow humans, you must feel love and fraternity from the bottom of your heart. For when you live in the spirit realm, your thoughts are an open book.

Where Spirits Live

Where do you live the vast majority of your existence? The answer is everywhere. The entire universe will someday be yours to roam. The higher you ascend the larger your range.

> *Question 87. Do spirits occupy a determinate and circumscribed region in space?*
>
> “Spirits are everywhere; the infinitudes of space are peopled with them in infinite numbers. Unperceived by you, they are incessantly beside you, observing and acting upon you; for spirits are one of the powers of Nature, and you are the instruments employed by God for the accomplishment of His providential designs. But all spirits do not go everywhere; there are regions of which the entrance is interdicted to those who are less advanced.” [50]

Unbeknownst to most of us, we swim in a sea of spirits. Good, bad and indifferent spirits, all able to detect our presence and know what we are thinking. This too is part of our training.

We must learn to not pick up other thoughts and let them affect our drive to perform what our conscience tells us is right. For there are many out there who love to see the daily disasters that we humans fall into every day.

Why can’t we see them? Well, there are some people who actually can see spirits. They are mediums with an ability to view the spirit form. For the rest of us, we walk through the presence of spirits blind to their existence.

The spirit world exists on a different dimension. Scientists are correct, there are planes and dimensions surrounding us that we can't perceive. To the spirit world we are spirits locked in a case of dense matter. Our suit that protects us also severely restrains our senses.

Levels of Spirits

You now are aware that we live in the midst of spirits. That there are many different types of spirits. Upfront, I want to let you know that when we die, we don't become intelligent caring angels of mercy. We become spirits which retain our memories, personalities and character we had during our physical life. In other words, people who were mean and petty in life are the same in death, people who were caring, kind and always willing to lend a helping hand in life are the same in death.

This is why we are here on this planet. God is not going to let uncaring, immature spirits loose on the universe. We must finish our assigned courses and graduate before we will be given the right to ascend.

Given the varieties of humans on the planet, it should be no surprise to learn about the different levels of spirits which reside amongst us.

The spirit realm tells us there are an unlimited number of levels of spirits, but for our consumption *The Spirits Book* has divided spirits into the following orders:

Third Order – Imperfect Spirits: Predominance of matter over spirit. These types of spirits are more influenced by material desires. They have a predilection for evil. They are ignorant, full of false pride and selfish. Within the third order, they are further divided into five class. All detail about these types of spirits are covered from questions 100 to 106.

Second Order – Good Spirits: Predominance of spirit over matter. These spirits desire to ascend. They possess many qualities for good. Although they still have imperfections to repair. Good spirits are further divided into 4 classes. Questions 107 to 111 describe each class of good spirits.

First Order – Pure Spirits: These spirits are pure energy. They possess an intellectual and moral superiority over all others. Pure spirits no longer have to suffer through reincarnations. First order spirits are described in question 113.

All of us one day will become pure spirits. We are in the middle of that process now. It all depends on our hard work and dedication for how fast we are able to attain perfection.

Disclosure 23 – Heaven

Everyone wants to know what Heaven is like. Spiritism was brought to us so you would know. The answers are in Allan Kardec's *The Spirits Book* and in books psychographed by Francisco C. Xavier. This chapter will explain Heaven and its different levels and what spirits do there. Hint: It's not eternal leisure.

The quest to begin the search for what is heaven like, starts with Allan Kardec's *The Spirits Book* . Allan Kardec organized a series of questions designed to discern the exact nature and wishes of the spirits. He did not accept information from just one medium, but verified the response to a question from multiple mediums throughout Europe. [51] Some well-known people have been Spiritist, such as Thomas Edison and Sir Arthur Conan Doyle.

The questions and answers about Heaven is way in the back of the book. The idea of heaven is not a major preoccupation of the Spirits. They take it matter-of-fact, as a place where they still work and learn and hope to improve themselves. Although, even the lowest rung of heaven is much superior to our planet. And yes, there are many levels, how many is not known to us. Therefore, we will concentrate on just the first level, where if I am lucky, I will get to see. Let's start at that question at the end of the book:

> *1016. In what sense is the word heaven to be understood?*
>
> "Do you suppose it to be a place like the Elysian Fields of the ancients, where all good spirits are crowded together pell-mell, with no other care than that of enjoying, throughout eternity, a passive felicity? No; it is universal space; it is the planets, the stars, and all the worlds of high

> degree, in which spirits are in the enjoyment of all their faculties, without having the tribulations of material life, or the sufferings inherent in the state of inferiority." [52]

Not the Elysian Fields, not the place where you leisurely waste away your days for infinity. For a description of one of the higher levels of heaven, we can go to the book, *Renunciation* , written by the spirit Emmanuel and psychographed by Francisco C. Xavier in Brazil in 1944, it is a story set in the 17 th century earth, but in the beginning pages the high level spirit Alcyone is planning on returning to earth to help her love. The passage describes a high level heaven:

> "Soon thereafter, she was in a wonderful sphere, indescribable in its magnificence and grandeur. The splendorous sight of it exceeded anything that could ever characterize beauty in the human sense. The sacred vision of its entirety was far beyond the famous city of the saints as idealized by the thinkers of Christianity. Three blazing suns poured oceans of magnificent light onto the ermine ground in unique changes of color, like celestial lamps lighted for the paradisiacal feast of immortal spirits. Exquisite building, surrounded with indescribable flowers, took the form of castles carved with golden filigree, radiating multi-color effects. Winged beings came and went in pursuits of sanctified purposes, in an endeavor of a superior nature, inaccessible to the understanding of earthlings.
>
> Dominated by inexpressible thoughts, Alcyone entered a temple of majestic proportions. High above the radiant sanctuary rose a translucent tower made of a solid, transparent substance similar to crystal. Harmonious melodies pointed forth from within it.
>
> The majestic shrine was a colossal hive of work and prayer." [53]

Doesn't this sound marvelous? Well, don't get too excited, you probably aren't going there, I know I'm not. This is a description of a heaven for high and purified spirits. For the overwhelming majority of us, we will need to set our sights lower. This is not to say that someday many of us won't attain such an exalted level.

A Heaven above Earth

Another book psychographed by Francisco C. Xavier, is *Nosso Lar* , which means our home. The book was dictated by the spirit Andre Luiz, who was a doctor in Rio de Janeiro, probably in the early 1900's. This was his first book, written in 1944, Andre Luiz dictated more books to Xavier, one of his books *And Life Goes On* , was written in 1968. The story of Nosso Lar is the journey of Andre from his death to his arrival at the celestial city of Nosso

Lar. He describes his first impression upon being outside of the shelter he was taken to during his recovery:

> "The spectacle of the streets impressed me. Wide avenues bordered with trees. Pure air – an atmosphere of profound spiritual tranquility. However, there was no sign of inactivity or idleness, for the city streets were crowded. Countless individuals were coming and going. Some seemed to be thinking of far-off places, but others looked at me warmly." [54]

In all descriptions we have read so far, there exists a sense of organization. Structures representing our organizations, such as well-planned roads, houses, people going about in a logical manner. Or should I say, that we here on earth are a poor reflection of heaven, we try to organize as our spirit guided intuition tells us, but our efforts fall short of perfection.

The first level of heaven actually has a system of governance. And why shouldn't it, in heaven would we all be a chaotic mixture of souls with no purpose? The civil structure is described as follows:

> "During our collective prayers, haven't you seen our spirit Governor, surrounded by his seventy-two assistants? Well they are the Ministers of Nosso Lar. The colony's purpose is essentially labor and production, and is divided into six Ministries, each under the direction of twelve Ministers. There are the Ministries of Regeneration, Assistance, Communication, Elucidation, Elevation and Divine Union. The first four connect us with the terrestrial spheres, the remaining two link us with the higher planes; thus, our spirit city is a transition zone. The Ministry of Regeneration carries out the most ordinary services, whereas the most sublime ones belong to the Ministry of Divine Union." [55]

You may ask, why the name Nosso Lar, am I going to a place where I must speak Portuguese? No, for the cities that represent the first level of heaven are located above numerous geographical areas on earth. If you live in London, for instance, you would probably rise up to a celestial city somewhere above England. Nosso Lar wasn't founded until the sixteen century, after the first Portuguese settlers arrived in the Rio de Janeiro area. Once there, they found the spirits of the native inhabitants and worked building the city as it stands today. [56]

Therefore, when we lose our physical bodies, we lose the matter clothing us on earth, but we still have the form of our human existence. Our thoughts create our form in the manner that we think of ourselves, which is usually in our twenties and thirties in heaven. We appear to have a physical form, but made of less dense material. Material that we on earth have no ability to perceive.

Heaven is a beautiful place to live, as Andre Luiz describes the countryside:

> “The scenery in front of me was of sublime beauty. The forest was in full bloom and the fresh air was embalmed with an intoxication fragrance. It was all an extraordinary gift of color and mellow light. A large river wound its way leisurely between luxuriant grassy banks sprinkled with blue flowers. The water ran by so peacefully, so crystalline that it seemed tinted in sky blue, mirroring the color of the firmament. Wide pathways cut through the green landscape. Leafy trees were planted at regular intervals along them, offering friendly shade like pleasant shelters in the light of the comforting sun. Fancifully-shaped benches invited one to rest.” [57]

The description of the vividness of the colors and the natural beauty parallels other descriptions of heaven by people who have had near death experiences.

Occupations in Heaven

So, what do people do in this heaven? Prepare yourself for bad news, it’s not all leisure and fun all of the time. But think carefully, which of us could stand that? Don’t we wish to be useful beings, contributing to a cause greater than our own? Led by people who have the position based entirely on merit, with centuries of experience behind them. A description of the types of work is given to Andre Luiz:

> “We are no longer on the sphere of the globe, where discarnate spirits are compulsorily promoted to ghost status. No, we live in an environment of hard work. The jobs in the Ministry of Assistance are laborious and complex; the duties in the Ministry of Regeneration require strenuous effort; those in Communication demand a high standard of individual responsibility; in Elucidation, they require a great capacity for work and profound intellectual values; those in the Ministry of Elevation require self-denial and spiritual enlightenment; lastly, the activities in the Ministry of Divine Union require right wisdom and the application of sincere universal love. The Government Center, in its turn, is the busy seat of all the administrative activities, and numerous services are under its direct control, such as nutrition, electric energy, traffic and transportation, among others. Actually, the law of rest is strictly observed here, so that certain workers do not become overburdened than others. But the law of labor is also strictly adhered to. As for rest and relaxation, the only exception is the Governor himself, who never uses what he is entitled to in this respect.” [58]

There is a wide range of occupations in heaven, something for everyone who wishes to contribute. Although, with my resume, I will be lucky to get a job painting the white lines in the center of the roads.

What about those who don't wish to work? What happens to them? Do they starve? Andre Luiz describes a woman who is requesting permission to return to earth, in spirit form, to look after her family. She goes to the Minister of Assistance, Clarencio, to make her request:

> "I would like to be granted the means of watching over my children myself in the physical sphere!" replied the afflicted mother.
>
> "I am sorry, my friend," said the loving benefactor, "but only in the spirit of humility and service are we able to watch over someone. What would you say about an earthly father who wanted to provide for his children, but then remained idle in the comfort of his home? The Father has created labor and cooperation as laws that no one may break without causing damage to himself. What does your conscience have to say on the matter? How many hour-bonuses can you present for your request?"
>
> The woman answered hesitantly; "Three hundred and four."
>
> "It's a pity," continued Clarencio, smiling, "that you have lived here for over six years but have given the colony only three hundred and four hours of work. However, as soon as you recovered from the struggles you had suffered in the lower regions, I offered you a praiseworthy job on the Vigilance Team of the Ministry of Communication…"
>
> "But that was intolerable work," she interrupted, "a constant struggle with malevolent entities! Of course I couldn't adapt to it." [59]

Let's do the calculation, she has worked three hundred and four hours over a six year period. Hence, she has worked a little less than eight forty hour weeks. Not bad, to be clothed and fed, over six years for only working a total of two months. In Nosso Lar, everyone receives their required provisions and clothing, but for extras, such as enjoying entertainment centers, or taking in lectures at different schools, one needs the hour-bonus credit. All receive, no matter what level of work, the same amount per hour. There are exceptions for sacrificial services where the hour-bonus is doubled or tripled. [60]

Her dialogue with the Minister continued through a whole litany of jobs the woman attempted but abandoned after a few furtive days of effort. One can determine that she has no urge to perform any meaningful service. Therefore, most probably she will be reincarnated into a position where she will learn the value of hard work. After all, while God has infinite love, God does not allow infinite leisure, for how else will we be incented to improve ourselves and others.

Families in Heaven

As in many NDE's and movies, when people go to heaven, they reunite with family members. Often families live in the same house, just as it was on earth. Some members leave for a reincarnation experience, with their house and family members waiting for them on their return. Given the variety of life on earth, and the fact of multiple lives, there are some unusual circumstances which occur. Andre Luiz is invited into the home of his friend Tobias, and he meets Hilda and Luciana. Tobias tells him about his family situation:

> "I believe I should tell you about my two wives; what do you think?"
>
> "Oh, well, yes," I murmured, extremely confused. "You mean that both Hilda and Luciana shared your earth experience?"
>
> "That's right," he answered calmly.
>
> Hilda cut in and said: "Please, excuse our Tobias, brother Andre. He is always eager to talk about the past whenever we meet with someone newly arrived from earth."
>
> "Shouldn't it be a cause for joy," added Tobias with good humor, "to have defeated the monster of jealousy, and to have gained at least a small degree of fraternity?" [61]

Just as on earth there are a multitude of families and relationships. The one important difference is that families in heaven are together based on affinity, their love and longing to be with one another, binds them. Those who have no wish to be part of a particular family, will find their own group, where shared principles and interests create a strong loving bond.

Given all of the above, isn't heaven a bit familiar to you, similar to earth, only better? Without the hate, envy, selfishness or crime of any sort. A place where your own effort is rewarded, not leveraged by someone for personal gain. Heaven, at least the first level, is a stepping stone to an even more elevated existence, a place where through our desire to learn, not only intellectually, but also the joy of fraternity and unconditional love will result in your ascendance into a higher plane. A place where once you arrive, I would appreciate it, if you could tell me about it.

Disclosure 24 – Hell – The Abyss – A Temporary Existence

After our transformation from our physical bodies to spirit form we exist for a time in the Lower Zone. Since this is the area we resided in while using our dense bodies. After our souls are separated we travel to where the Law of Affinity places us.

The Lower Zone, which shall be discussed in the next chapter is not a nice place to be, one where you are constantly in danger from marauding gangs and living in semi-darkness. A place designed to push you off your previously constructed pedestal that you could live without faith, fraternity and honor.

There is a worse place. And it's not meant to merely change your attitude. Since the people who find themselves drawn down into the abyss don't just have a problem with their approach and outlook, but their entire belief system. Where might makes right and the big stick can whack the heck out of anyone who only possesses a little stick.

It is where the opposite of the Golden Rule, others do unto you as you have done unto others, rules. The spirit realm doesn't call it "Hell", for that would imply a location where errant souls go and stay permanently. The spirit realm calls it the Darkness or the Abyss, sometimes I see it mentioned as a type of purgatory. For spirits are never sent to unalterable situations. God desires all of us to eventually ascend to be a pure spirit. Even though the journey may be torturous and painful. Whenever we find ourselves in real spiritual pain, it is usually because a nice suggestion wasn't absorbed, hence we required a blunter object to attract our attention. The Darkness is a weighty sharp weapon which is specifically designed for those of us who just wouldn't take the hint.

Whereas the Lower Zone starts at the crust of the earth and rises above until it meets the boundary of heaven, the Abyss, hence its name, is beneath the Lower Zone. It descends from the lowest altitude of the Umbral toward the center of the earth.

Andre Luiz, in the book *Liberation* , travels on a mission to the Abyss, he describes the landscape:

> "The sun's light looked different.

> A grayish haze clouded the entire sky.
>
> *Volitation (definition: ability to move by thought) was impossible.*
>
> The vegetation looked sinister and afflicted. The trees were almost bare and the nearly-dry branches looked like arms lifted in supplication.
>
> Large, foreboding birds that looked sort of like ravens were cawing like little winged monsters eyeing hidden prey.
>
> What was most troubling, however, was not the bleak landscape – it was somewhat similar to others I had experienced – but the piercing appeals coming from the mire. Humanlike groans came in every tone." [62]

The scenes described could be out of any of the movies or books we have seen and read about hell. A desolate landscape, dry and populated with revolting creatures.

Andre also notices gangs, which are wandering around the landscape:

> "From time to time, hostile groups of deranged spirit entities passed in front of us, indifferent and incapable of noticing our presence. They were speaking loudly in broken but intelligible Portuguese, their laughter betraying deplorable conditions of ignorance. They were dressed in sinister attire and carried implements for fighting and wounding." [63]

Again, a passage that could be directly lifted from the Tolkien's *Lord of the Rings* . One begins to perceive that our culture interprets the images of purgatory similar because of the inspirations from the spirit world conveys to us the essential truth of the Darkness. From Dante's books, *Inferno* and *Purgatorio* , to Hieronymus Bosch's pictures of hell, we are fed a vision, designed to warn us of what may lie ahead.

Whereas, we in the modern world have discarded such childish notions, because we can't prove beyond a shadow of a doubt the existence of purgatory, we fail to notice the evidence of people's near death experiences. Those minority of people who instead of reuniting with family or feeling part of a universal love and intelligence, are taken to a place where they glimpse what is awaiting them if they remain on their current path.

Organization of the Abyss

Seeing the strange landscape and the characters which inhabit it, Andre Luiz ask whether this dark region has some sort of organizational structure. The leader of the expedition, Gubio, explains:

> “Why wouldn’t there be? As in the corporeal sphere, the Higher Powers have endowed this domain with a form of leadership for the time being. This great emporium of regenerative suffering is led by a satrap of unbelievable ruthlessness, who has given himself the pompous title ‘Great Judge’. He is assisted by political and religious advisors who are as cold and perverse as he is. A huge aristocracy of implacable spirits controls thousands of idle, morally delinquent, sickly minds.” [64]

Hence, there is no commanding devil, but fiefdoms led by individuals who have managed to control small areas of the underworld. Those who were hungry for power and domination in their physical life continued on after death. Climbing the ladder of power in a society designed to punish, albeit temporarily, transgressors whose actions and thoughts drove them to the level on par with their peers. Where the conscience of these poor souls could seek the punishment to eventually rid themselves of their wrongs, only to find themselves in a place worse than they could imagine.

Doesn’t this sound, look, and fell like “Hell”? One could ask, why does God allow this? Gubio supplies the answer:

> “For the same instructive reasons that God does not exterminate a human nation, when, insane with a thirst for domination, it unleashes cruel and destructive war; instead, he hands it over to the expiation of its crimes and to the misfortune it has brought upon itself, so that it can learn to become part of the eternal order that presides over universal life. Over the course of many centuries, the matter used by those intelligences is worked and restructured, just like in the earthly circles; but if the Lord visits humankind by means of sanctified individuals, he also corrects spirits by means of hardened or beastly ones.” [65]

The inmates are in charge. The most hardened criminals who descended here exist to demonstrate that where people who share the same anti-beliefs, meaning anti-love, anti-charity, anti-selflessness and anti-fraternity conjugate, would create a society founded upon only the most base principles. The result of such a culture of hate and selfishness is the perfect location to learn how the world would appear and function if everyone followed the same ideals.

In one of the Cities of the Darkness

As Andre enters the city, he begins to record the sights as he heads toward the center:

> “A short time later, we entered a vast agglomeration of narrow streets lined with sordid and unkempt dwellings.

> Loathsome faces eyed us furtively at first, but as we continued on our way, we were scrutinized by hostile and dreadful-looking passersby.
>
> A few miles of public streets filled with heart rendering scenes unrolled before us.
>
> Hundreds of emotionally imbalanced entities, along with disfigured ones with all sorts of deformities, made up the horrifying picture." [66]

Andre is aghast at the legions of people with obvious imperfections. He inquires how so many have acquired such deformities. His team leader Gubio tells him the sad truth:

> "After death, millions of individuals run into dangerous enemies due to fear and self-shame. In the sphere of our actions, words and thoughts, nothing is lost, Andre. The records of our lives works in two distinct phases: outside of us through the effects of our actions regarding our neighbors, situations and affairs as individuals, and within the archives of our conscience, which mathematically records all the results of our good and bad deeds. The spirit acts amid its own creations. Dark imperfections and praiseworthy qualities both envelop it wherever it may be. People on earth, on which we journey, hear arguments alluding to heaven and hell, and they vaguely believe in the spirit life that awaits them after death. Sooner than they might think, they lose the physical body and realize they can no longer hide behind its mask like a turtle in its shell." [67]

We are what we are inside. Every thought, every action we take is recorded by our spirit. Nothing is lost, when we lose our physical shell our true nature exposes itself for all of the universe to see. Most probably, we have all walked the streets of a dark city at one time or another. For we have been primitive souls, ignorant of how to behave and believe. But we have learned through the suffering we have endured that the path of complete selfishness and unbridled passion and greed never pays enough for the price incurred.

Suffering is the Key for Future Advancement

Why must many suffer so much and for so long? Because not just some of us, but all of us are on the path to perfection. To be perfect means that any anomaly, no matter how infinitesimal, shall be removed. There are always times when we are able to learn by a simple discussion and we take the advice offered to us to heart, but at other periods in our life we remain closed to any suggestions. Secure in our minds that we know better. Suffering scrubs through that layer of obstinacy and cleanses the blemish, that we were unable to remove ourselves.

Allan Kardec's book *Heaven and Hell* , sums up the process, in Chapter VII, Future Punishment According to Spiritism:

> "33) In spite of the diversity in the kinds and degrees of punishment that imperfect spirits suffer, the penal code of the future life may be summed up in these three principles:
>
> 1. Suffering is inherent to imperfection.
>
> 2. Every imperfection as well as every wrong resulting from it brings its own punishment in natural and inevitable consequences. Hence, sickness results from excess, and boredom from laziness, without there having to be some kind of special condemnation for each wrong or individual.
>
> 3. Since all people can free themselves from their imperfections by their will, they can annul the ills that result from them and can ensure future happiness.
>
> To each according to his or her deeds, in heaven as well as on earth – such is the law of divine justice." [68]

Therefore, we are now armed with the knowledge that firstly, our deeds are recorded within our spirit memories; secondly, we react to our exploits by the governing process of our conscience. From which, highly evolved spirits are able to read our memories with exact precision; thusly we have nowhere to hide from others the actions we performed. Lastly the divine laws categorize us to the level where we belong.

There is no shortcut, no absolution in our journey of eternity. We have a choice, we can spend eons in denial, fighting the process every step, or we can accept the inevitable and commit our heart and labor to the lesson at hand.

An example of the consequences of taking the easy path is in the book *Heaven and Hell* . It is a transcript of a session with a spirit who appeared to a medium group without any bidding. He said his name was Benoist and that he had died in 1704. He announced that he was in great agony.

> "1. What were you when alive?
>
> 'A faithless monk.'
>
> 2. Was disbelief your only imperfection?
>
> 'It was enough to lead to others.'
>
> 3. Could you give us some of the details of your life? A sincere confession would be counted in your favor.

> ‘I was poor and lazy. I entered the order not because I had a call, but in order to have a position. Being intelligent, I found myself one. Being influential, I abused my power. Being corrupt, I corrupted those whom I had the mission of saving. Being cruel, I persecuted those who seemed to disapprove of my excesses. Those at peace were disturbed by me; hunger tortured many of my victims, and their screams were often silenced through violence. Since then, I have been making expiation and have been suffering all the tortures of hell; my victims stir up the fires that devour me. Lechery and insatiable hunger pursue me and thirst burns my parched lips, without a refreshing drop of water ever falling on them. All the elements hound me. Pray for me.’ [69]

The Way Out

Unfortunate Beniost will have to spend his allotted time in his personal torture chamber, but he made the first step in recognizing that his deeds caused the consequences that befell him. Once he starts his introspection, he signals that he is ready to reincarnate to pay his debts. Others who are hopeless causes are also sent to be reborn, but in even more dire circumstances.

Unlike the intricate planning for reincarnation for those spirits who reside in the celestial cites, where they take an active part in planning their life and body down to the last detail, those in the Lower Zones and the Darkness have not earned that privilege.

Andre Luiz, in the book *Workers of the Life Eternal* , learns from a worker in the Lower Zone, how reincarnations are planned for those less fortunate.

> “Expiatory reincarnation involving unspeakable suffering follows due to the crushing vibrations of hatred and punishing humiliation. In the fortunate realm in which you reside, there are institutions that take into account suggestions involving a spirit’s personal choice. Free will – that guarantor of natural credit – may request changes and present fair demands, but here the conditions are different … Uncivilized, indebted souls cannot be satisfied with regards to their preferences concerning their own future due to the deliberate ignorance in which they have taken pleasure for who knows how long. And in accordance with those who guide them from the upper realms, they are compelled to accept the itineraries set by the authorities responsible for their individual cases.” [70]

All are allowed an end to their painful warning and are given another chance to return to the physical world where a series of events shall again test their mettle. Can they use their free-will to make the choices which

illustrate they have learned the divine lessons presented to them, or will they once more prove to be unworthy to ascend to an advanced level?

Only time will tell, after all there is an eternity waiting for them in which they can either waste life after life in obstinate denial or begin to improve, step by step, up the ladder that is in front of everyone. Steps to perfection and a happy productive life in the service of others is the light at the end of the tunnel.

Disclosure 25 – The Lower Zone – Not Heaven and Not Hell

"The Lower Zone", this is where we enter our physical bodies and where we leave them. We have all been there for longer periods, between lifetimes at one epoch or another. It's a place where not horrible and not spiritual people go to after they leave their body. It's meant to be a temporary location, a way station, for those who haven't yet made up their minds to follow the ways of love, charity, fraternity, and honesty. When one finally realizes the benefits of the golden rule, and the overriding love of God, then the door is unlocked and you are assisted out and up to a higher level. A celestial city.

What exactly is the Lower Zone like? Andre Luiz, who woke up there after his death on the operating room table describes one small part of it:

> "Actually, I felt like a prisoner trapped behind dark bars of horror. With my hair on end, my heart pounding, and scared stiff, I often cried out like a madman. I begged for mercy and clamored against the painful despondency that had taken hold of my spirit. But when the loud cries didn't fall on an implacable silence, they were answered by lamenting voices even more pitiful than my own. At other times, sinister laughter

> rent the prevailing silence. I thought that some unknown companion out there was a prisoner of insanity. Diabolical forms, ghastly faces, animal-like countenances appeared from time to time, increasing my panic." [71]

Doesn't seem like a great place does it? The Lower Zone is comprised of many areas. Not just a strange dark dimension that exists parallel to our own, but also right here, on the surface of the earth.

In the book, *Memoirs of a Suicide* , by Yvonne A. Pereira, the main protagonist of the book, Camilo Castelo Branco, who committed suicide when he was going blind because of syphilis, describes what it was like awaking in the graveyard where he was buried.

> "Sobbing uncontrollably, I bent over the grave that held my wretched remains. Contorting myself in terrifying convulsions of pain and rage, wallowing in a crisis of diabolical fury, I understood that I had committed suicide, that I was in the grave, but that, nevertheless, I continued to live and suffer even more, so much more than before, superlatively, abysmally so much more than before my cowardly and thoughtless act!" [72]

Hence, Camilo, while his body, six feet underground, was deteriorating, felt he was alive, with all of the loneliness, pain and suffering it entails. Walking on the face of the earth, while incarnate visitors to familial graves passed through him, oblivious to his sufferings.

Camilo then left the cemetery, trying to ascertain what was this world that he had died into?

> "I continued to roam around aimlessly, feeling my way along the streets, unacknowledged by friends and admirers, a poor blind man humiliated in the afterlife thanks to the dishonor of having committed suicide; a beggar in the spirit world, famished in the darkness; a tortured, wandering ghost without a home, without shelter in the immense and infinite world of spirits; exposed to deplorable dangers; hounded by malefic entities, criminals of the spirit world, who love to use hateful traps to capture individuals going through tormenting situations like mine in order to enslave them and increase the obsessing hordes that destroy earth's societies and ruin men and women, submitting them to the vilest temptations with their deadly influence." [73]

The Lower Zone is all around us, teeming with life, not of the benevolent kind. The type of life that we discarded as childish fears long ago. That our rational minds refused to consider, since we could neither touch nor see it. For even if there are multiple instances of unexplainable phenomena, unless we have positive proof, or see it on television or the internet, we are labeled fools to believe its existence.

Exists it does and it is there for a purpose. While we must go through trials in our physical life, in order to learn the valuable lessons assigned to us, once we end our studies, does everyone pass? No matter how pitiful our performance was? We aren't in our local kindergarten class where each participant gets a ribbon. God is love, and love can be tough love, the love that holds us to a high standard. A raised bar that ensures only those who meet the minimum criteria are allowed to enter.

Does God decide for each of us what our grades were and where we go onto next? No, it is accomplished much more efficiently, the Law of Affinity, filters us out rather nicely. The law which combines like with like, reprobate with reprobate, selfishness with selfishness, dividing us by a thousand little gates into the group to where we precisely belong. If we have balanced our life with spirituality and materialism, so we are not bound by earthly objects we may rise above the Lower Zone. On the other hand, if we live a life of lusting after the newest gadget, the biggest house, stepping on others on our way to prosperity, then we get to stay with souls just like us. No wonder there are gangs of criminal spirits waiting for their next victim amongst the dead. For the place is full of those who gleefully took advantage of others whenever possible.

The Lower Zone or Umbral

The Brazilian Spiritist call the Lower Zone, the Umbral. A much better name, if a friend asked you, "Have you been to the Lower Zone?" wouldn't you rather reply, "Me? No, but I have visited the Umbral for a time." Sounds more exotic, with a splash of Italian architecture thrown in, hinting that the food must be prepared relatively well there.

In the book, *Nosso Lar* , psychographed by Chico Xavier and inspired by Andre Luiz; Andre, after being rescued from the Umbral by the kind spirits of the heavenly city, Nosso Lar, asks why must there be a place like the Lower Zone. He receives an answer from his friend Lisias:

> "Imagine that when we reincarnate, each of us is wearing a dirty garment that must be washed in the waters of human life. This dirty garment is our casual body, woven by our own hands during our past lives. As we share in the blessings of a new earthly opportunity once more, we usually forget our essential purpose, and instead of purifying ourselves through the effort of the cleansing process, we become even more soiled by going deeper into debt and thus imprisoning ourselves in genuine slavery. Now if we return to the world seeking a way to rid ourselves of our impurities because they are out of harmony with a higher plane, how can we expect to enter the sphere of light in an even worse state than before? Therefore, the Umbral is a region intended for the flushing away of negative mental residues. It is a sort of purgatorial

> zone, where one gradually burns off the refuse of the bulk of illusions acquired after having degraded the sublime opportunity of an earthly life." [74]

Lisias explains to Andre, that the Umbral begins at the crust of the earth and continues higher until it reaches the boundaries of the celestial cities. A large area that contains all those who couldn't successfully complete their mission, souls that retained their passions for material goods, hatred of their enemies, and a host of other obsessions that we are all better without.

Lisias emphasizes this point by describing the criticality of the zone.

> "The Umbral is a region of profound importance for those still on earth, for it embodies everything that is useless to the more highly evolved life. Consider how wisely Divine Providence has acted in allowing the creation of such a zone around the planet. There are legions of irresolute and ignorant souls, who are not wicked enough to be relegated to the colonies of the most dolorous expiation, nor are they sufficiently virtuous to be admitted to the higher planes. They represent the ranks of the inhabitants in the Umbral, and they are close companions of incarnate human beings, separated from them only by vibratory laws." [75]

The phrase, "embodies everything that is useless", is the key to all. Useless are material goods. Useless are the passions we retain, the revenge we are plotting even up to our untimely death. Useless is our quest for a lavish lifestyle that compromised our ideals and forced us to ignore our conscience in order to gain a moment of wealth. Wealth, that is no longer with us while we reside in the Umbral.

As if our life on earth isn't difficult enough for us, there is another hurdle awaiting those who fail to absorb the message that we must improve our spiritual life while surviving the planned events that we have signed up for.

Organization of the Lower Zone

The Umbral is composed of unfortunate souls, who lacked the required faith to believe in life after death, people who were aimless in their physical existence, financial and petty criminals. When Andre was in the Umbral, he did notice groups of spirits, he asks how the Lower Zone is organized:

> "Organization is an attribute of organized spirits. What do you expect? The lower zone to which we are referring is like a home where there is no food: Everyone whines and no one is reasonable. The absent-minded traveler misses the train; the farmer who does not sow cannot reap. However, there is only one thing I can say for sure: Even in the darkness and anguish of the Umbral, divine watch-care is never lacking.

> Each spirit remains there just as long as is absolutely necessary, and that is why the Lord has permitted the establishment of many colonies like this one, devoted to useful work and spiritual aid." [76]

Hence, there is no over-all structure commanding the Lower Zone. It is a collection of different geographical areas with an everlasting flow of souls in and out of the regions. As people die, those who do not have the capacity to rise above, remain in the Umbral, while those who have served enough time to readjust their thinking and discover the possibilities of a better life, and find a place in a spiritual colony to begin their climb to spiritual health.

This is not to say, that there are not gangs of individual spirits who try and carve out their territories. For why should the Umbral be any different than on earth? The people who strived to take advantage of others find their kinsmen and quickly look to replicate their past deeds.

Sometimes they actively war to gain their terrain. In the book, *Action and Reaction* , Andre Luiz is visiting a small colony, more like a fort, located deep in the Umbral. Its purpose is to help those who desire to escape their time in that desolate region. The center's name is "Mansao Paz", which translates into "Mansion of Peace".

Andre describes the weapons that defend the small colony, as a series of metallic poles which are charged to repel any attacks. Andre witnesses one such attack and asks:

> "Are we being attacked by an army?" I asked, intrigued.
>
> "Yes, we are," Druso confirmed calmly. "These attacks are common, however. Our unfortunate brothers are trying to force us to move our building and render us powerless so that they can take over the region." [77]

The attackers are equipped with canons that discharge harmful vibrations that would cause terror and madness, if it wasn't for the defenses of the fort. Which illustrates that indeed, some type of organized criminal groupings are present. Wherever, there is control by criminals, there exist the need for them to enslave the weak and feeble. There are always legions of henchmen ready to do their bidding in the hopes of rising to the top one day.

The presence of cannons, which are capable of spreading fear, indicates a sophisticated supply chain. There must be collectives within the Lower Zone which can manufacture weapons and probably other goods.

All of this is occurring right at our doorstep. As we walk, as we drive, as we work, we are swimming in the same space as the Lower Zone. Millions of forlorn and discarded creatures emanating negative thoughts and energy.

We are living in an atmosphere charged with rays designed to bring us down, to their level. No wonder we must struggle daily with keeping our heads uplifted.

All of this is by design. We live on a planet of atonement, where we must pay for our past wrongs. We must expiate our mistakes. While doing so, we live in an atmosphere where at any time we can breathe in adverse forces to kick us off the right path. In order to succeed in our trials, we must demonstrate pure dedication, in our hearts and minds, to living a life deserving our entrance to a celestial city.

Disclosure 26 – The Levels of Inhabitable Worlds in the Universe

The Spirit Universe is teeming with life. It is all around us and on countless planets rotating around countless stars. The majority we can't detect, since life occurs in many dimensions other than our own dense plane.

Spiritism, through Allan Kardec's, *The Gospel According to Spiritism* , has illuminated the stages of planets through which maturing spirits must travel through on their way to perfection.

The earth used to be the first stage, a primitive planet, where our caveman ancestors lived a short and brutal life. The earth has graduated since then and is headed toward a better place, as the masses of spirits on earth learn to become civilized beings.

Those who insist on retaining their selfish and materialistic behaviors will be sent to other planets once the earth rises in the hierarchy of spheres.

Primitive Planet

A primitive world is just what it sounds like – primeval. Think, being lost in the Amazon or in New Guinea amongst cannibals. According to Allan Kardec's *The Gospel According to Spiritism* , "On the least evolved worlds, the beings that inhabit them are, to a certain extent, rudimentary. They have the human form but are devoid of any beauty. Their instincts are not tempered by any sentiment of refinement or benevolence, or by any notions of right or wrong. Brute force is the only law. With no industry or inventions, they spend life in conquest of food." [78] There are vague notions of a Supreme Being, but overall, human spirits who have just reincarnated are sent here to first learn the consequences of evil.

World of Trial and Expiation

You are living on this world. There is more evil present than good. Now you know why life is not easy, because it is not supposed to be, while you are reincarnated on the planet Earth. There are three types of spirits who are residing on earth:

1. Spirits from Primitive worlds – They are on earth for an education, a chance to develop themselves through contact with more-advanced spirits.

2. Semi-civilized spirits – Spirits that are indigenous to earth, who have evolved little by little through long centennial periods.

3. Spirits undergoing trials from other planets – These spirits have already lived on other worlds, from which they were banished because they persisted in evil, and because they were a cause of disturbance to the good inhabitants. They have been relegated to living for a time among less advanced spirits, and since they carry with them their developed intelligence and the seed of acquired knowledge, they have the mission of helping them advance. That is why punished spirits are found in the midst of the most intelligent peoples. Having more sensitivity, the miseries of life are bitterer to them because sufferings bruise them more deeply than they bruise the primitive peoples, whose moral sense is more obtuse. [79]

Regenerative Planet

What is a "Regenerative Planet" like? There is an explanation in *The Spirits Book* :

> "Thus, in worlds of higher degree than our earth, wars are unknown, because no one thinks of doing harm to his fellow-beings, and there is

> consequently no motive for hatred or discord. The foresight of their future, which is intuitive in the people of these worlds, and the sense of security resulting from a conscience void of remorse, cause them to look forward to death without fear, as being simply a process of transformation, the approach of which they perceive without the slightest uneasiness." [80]

Hence, a regenerative world, is one where spirits prepare themselves to transition from a planet of tests and atonements (our earth) to even higher worlds of spiritual purity. There is still evil present to remind us of past follies. At least our planet is on an upward trend. On our new regenerative world we will still have trials, to help us learn and grow, but we will not have to atone for our past mistakes. As in life, there is always another level to attain. The best news is that we will be free of the baser emotions of pride, envy, and hate.

Happy Worlds

On Happy Worlds, we still retain our human form, although the senses are more acute. The body changes, as described in *The Gospel According to Spiritism* , "The specific lightness of the body enables rapid and easy locomotion; instead of dragging itself laboriously over the ground, it glides – so to speak – over the surface or sails through the air with no other effort than that of the will, in the way in which angels are portrayed." [81] With the improvement in our bodies, the years of infancy and adolescent are shorter, while the average lifespan is much longer than on earth today.

Politically on such worlds, "relationships between nations are always friendly and are never disturbed by the ambition of dominating their neighbor, or by war, which is its consequence. There are no masters, slaves or privileges of birth; only moral and intellectual ascendancy establish the differences of conditions and confer supremacy. Authority is always respected, for it is conferred only on those who have merit and it is always exercised with justice." [82]

Hatred, jealousies and selfishness are not present. All feel a sense of fraternity and love, where the strong assist the weak. Possessions are in keeping with a person's intelligence and no one lacks their basic needs for living. From here, the next transition is to a purified spirit, who lives on a heavenly world.

Heavenly or Divine Worlds

On a Heavenly or Divine world, there exists only pure spirits. There is no evil.

Our Future – The Foundation

We have a baseline, we are living in a world of Trial and Expiation and the goal of the Spirit world is to transition the earth to a Regenerative planet. We shall become a world where wars are unthinkable and free of pride, envy, and hate. This sounds impossible. First, all reality shows would be cancelled and whole industries wiped off the face of the planet. But think for a minute, how far we have come from days when the world was full of tribes, where the only law, was the law of survival.

Disclosure 27 – How Many Spirits are There On and Around Earth

In a YouTube video, Haroldo Dutra Dias, says there are approximately 22 billion Spirits, including incarnates and discarnates. [83] The current population on earth is 7.167 billion. Therefore, there are about 2 discarnates to every one of us physically on earth.

I was somewhat surprised at that number; for some reason I had thought the ratio would have been closer to 1:1. Now why would I believe that? Probably because I envisioned a queue of spirits waiting to be reincarnated and thinking that there would be a constant stream and demand of Spirits wanting to return to earth to improve themselves. But now, given the 2 to 1 ratio, one must think of the number of spirits who are in the Lower Zone (Umbral) and the number that are involved in supporting us here in physical form.

In Spiritist literature, it is often said that to be reincarnated is a privilege. Since in order to improve ourselves, we must spend valuable time in the school of earth. Given, the vast numbers of spirits, I can now understand

why we who are in a dense physical state, should be thankful for the opportunity.

Disclosure 28 – We Can Only Detect 1/8 of the World Around Us

In the book, *Workers of the Life Eternal* , dictated by Andre Luiz and psychographed by Francisco (Chico) C. Xavier, a spirit comments on the capabilities of incarnates:

> "Notwithstanding the progress of scientific investigation, ordinary humans can currently perceive only about one eight of the plane where they spend their existence. Sight and hearing, the two doors that could expand their intellectual research, continue to be greatly restricted. For instance, let us consider sunlight, which compress the basic colors that can be seen by corporeal eyes. We are only able to see colors that go from red to violet, and most people see nothing past the last five, which are blue, green, yellow, orange and red - they fail to detect indigo and violet. However, there are other colors in the spectrum that correspond to vibrations that the human eye is incapable of detecting. There are infrared and ultraviolet rays, which the human researcher is able to identify imperfectly but is unable to see visibly." [84]

This begs the question of what can't we see? Could we detect other spirits? Could we see the mountains described in the books by Andre Luiz that leads to Nosso Lar?

We are also told that our hearing is extremely limited, able to detect sounds ranging from 16 to 40,000 vibrations per second. Why are we excluded from so much of the universe?

The answer lies in our dense physical bodies. To reincarnate in the physical plane, so we may live to learn, we are subjected to different laws, as described by the same spirit who was talking to Andre Luiz:

> "We reside in vibratory realms of a different sort, though we shouldn't be at all surprised. The laws that govern dense matter - the ones we used to experience down on earth - are not the same ones that preside over the phenomena of the quintessential matter that serves as a basis for our transitory manifestations. Only now have incarnate humans begun to perceive certain problems inherent to the atomic energy present on the denser plane where their personality is temporarily located. As you very well notice, the electric discharges of the ethereal atom in our sphere of action make things possible that are nearly inconceivable to the human mind." [85]

Hence, our world is restricted, much like a playground for elementary school children is the fenced off area for them to play. We are tied to a world which we think has infinite possibilities, for we know no better, but in actuality, is a carefully crafted campus. A facility that gives the aura of complete freedom, but one which is full of bumper guards and foam boundaries, all designed to encapsulate our existence to our little world.

Now look what I find when I look up the term "ethereal atom", at the web site. I found a paper by Dr. Alex Katsman, Senior researcher at Technion - Israel Institute of Technology. From the website “The Campaign for Philosophical Freedom, The secular scientific case for survival after death”. I am partially duplicating the contents for you to determine yourself what others have postulated about the existence of a different world.

The Campaign for Philosophical Freedom

Thus, the parallel, ethereal world has the following features:

1)	The speed of light is much higher, than in our world, eq.(7);
2)	Typical frequencies of elementary particles (photons, electrons, protons, neutrino, etc.,) are much higher than the corresponding ones in our world, eqs.(9), (13), (19);
3)	Planck's constant is much smaller, eq.(8);
4)	Masses of elementary particles as well as atoms are much smaller, eq.

(10);

5) Elementary charge is the same, eq. (6);

6) The structure of atoms: size, geometry and energy spectrum of atoms are the same as in our world;

7) Ethereal solid, liquid and gaseous matter can be formed from ethereal atoms in the same manner as in our world;

8) Ethereal photons as well as the other ethereal elementary particles are invisible to us because of their high frequencies; this is true also for ethereal atoms and for solid matter built from these atoms.

The last statement should be considered the most carefully because of its great importance. It is based on the assumption that the world has a fully wave nature, and all elementary particles are constructed from photon-like or neutrino-like particles with zero rest mass. In this case, two different wave objects may occupy the same place. They influence each other, leading to an interference picture, only in the case where their frequencies are similar. In the quantum mechanics language the condition for mutual influence of atoms is the appropriate frequencies of the electromagnetic fields carried by the photons which are absorbed and emitted by those atoms.

In ordinary life we feel surrounding things due to electromagnetic interaction between our own atoms (in our eyes, skin, and neurons, for example) and photons emitted by atoms of surrounding bodies. Since our atoms cannot absorb photons emitted by ethereal atoms, the ethereal world is invisible to us.

The second type of interaction we have with surrounding bodies is gravitational. We feel the attraction of the Earth, and most likely the main reason for our need of energy is the necessity to overcome the force of gravitation. It is interesting to note that the evolution of life on Earth can be considered as a history of struggle for food that, in turn, is required for the energy needed to overcome gravitation! All our digestive, blood and respiratory systems are needed to provide energy for muscle systems - again - to overcome gravitation!

In the supposed ethereal world, the gravitational forces are very weak. Actually, the gravitational force between two bodies,

F_{grav}

, is proportional to the product of their masses, $m_1 m_2$, and in the ethereal world it will be n^4 times less than the force between analogous bodies in our world. For example, if n =100,

$$F_{grav}^{ether} = 10^{-8} F_{grav}^{our}$$

It means that living etherians, if they exist, don't need energy to overcome gravitational attraction.

What would life be like in the ethereal world? We may suppose that etherians have no problems with food because they don't need nearly as much energy as Earth people. They may possibly receive appropriate chemical energy (mainly for brain and nervous activity) immediately from electromagnetic fields (fluxes of ethereal photons) and neutrino flows. If so, they don't need digestive and blood systems, nor a respiratory system. They can move very quickly because of the absence of gravitational forces and atmosphere resistance, small mass and high light velocity. So, they have no problems with territory and do not struggle for their existence. At least, not in the same way as in our world. [86]

The website above has no connection with Spiritism. The author, Dr. Katsman, describes spirit life very similar as Andre Luiz describes his life:

1. No problems with food. Intake is miniscule compared to us.

2. Ability to move quickly

3. Not affected by gravity

4. No need for digestive or respiratory system. I have not seen this directly stated, but given the ability to travel through space and at speed greater that our speed of light, I would think this would be a distinct possibility.

Sometimes we fall into the trap that our current level of science can explain everything. The correct notion is that we are still woefully ignorant of many phenomena.

Spiritism is based on the foundation of Science, Philosophy and Religion. Spiritism is a dynamic doctrine. It has three aspects that work together to provide the scaffolding which encompass the ever growing pool of knowledge.

First is science. This is the area which certainly would have the most doubters. Rightly so, for nothing has been proven to date. Modern society accepts people's belief in God, but only as a nod to those that need it.

Second is philosophy. *The Spirits' Book* laid the foundation for the relationship between the spirit world and the physical world. The eternal questions of our creation, our creator, our destiny and our soul are all covered within Spiritism.

Third is religion. To be clear, Spiritism does not consider itself to be a religion. Spiritism is a Doctrine. A way of life. There are no rites, no churches or temples, and no one who would function as a priest.

There is a moral code. A set of Divine Laws that is implanted into each us so we may instinctively sense the right path. Whereas, our desire for material goods often masks our good intentions, we do realize what we should or should not have done. And this is precisely the basis for our struggle on earth.

Once we are able to follow the road of love, charity, and selflessness we shall leave this period of our education and begin the next.

Disclosure 29 – The Power of Thought

According to Spiritism, thought has power, it has consequences. How is this possible? In the book, *In the Domain of Mediumship (Life in the Spirit*

World) , inspired by Andre Luiz, psychographed by Francisco C. Xavier, there are some explanations.

As we attempt to modify our behavior to improve our status, we must first learn to change our habits at the base; which is our thoughts, for we think first before any action and if we are able to create new habits, our battle is halfway won. Therefore, we must understand that indeed, our thoughts do have power.

Ever since we were children, we have been fascinated by the power of thought. Who, as a child, hadn't been worried that their thought caused, or could have triggered a bad action, whether it was in moments of anger against your parents, your dog, or another object of scorn? As we grew up, we learned to dismiss this idea, only primitive peoples still believed in the "evil eye" and other forms of spells. Although, for many of us, we still retained a belief in the power of positive thinking. This belief was more rooted in fashioning ourselves to achieve as opposed to guiding external events according to our desires. We also hoped for some of the latter, but never counted on it.

Accepting Spiritism radically changes this paradigm. We are told we do radiate our mental energies. In fact, we should be careful in what we think, because our thoughts do indeed have consequences.

How do we know all of this?

Thoughts are Mental Telegrams

Be careful of our thoughts. They leave our minds and can draw in unwanted guests. Andre Luiz gives an example of this, in his book, *Workers of the Life Eternal* , where during a funeral; a group of people were talking about the deceased. One man started to reveal that the deceased knew of a man who committed murder, but never revealed the name, due to the high position of the murderer. Andre Luiz describes what happened next:

> "At that moment, a horrendous figure followed by others no less monstrous, appeared unexpectedly. The figure approached the thoughtless commentator, and upon hearing his last words, shook him, crying out;
>
> 'I'm the murderer! What do you want from me? Why have you called me? Are you a judge?'
>
> The narrator was unable to see what I could, but his body was shaken by an involuntary shudder, which drew muffled laughter from all those present." [87]

Examples, such as this one, are a constant theme in literature inspired by Andre Luiz. Our thoughts are radio waves, indiscriminately radiated in all directions. You never know what person or spirit will tune at what time. Additionally, do we completely understand the effect of our thoughts? When we think badly of someone, are we increasing that person's chance of failure? Training our minds to regulate our often chaotic thought ramblings must be one of the primary reasons we are obligated to live through numerous reincarnations.

How does Our Thoughts Transmit?

In the book, *In the Domain of Mediumship* , Andre Luiz is investigating different types of mediumship. In one case, where a medium's (Raul) ability is amplified by the presence of a spirit, Clementino, Andre could detect the great increase in power in the medium's body. Andre's mentor catches his thoughts and supplies the answer:

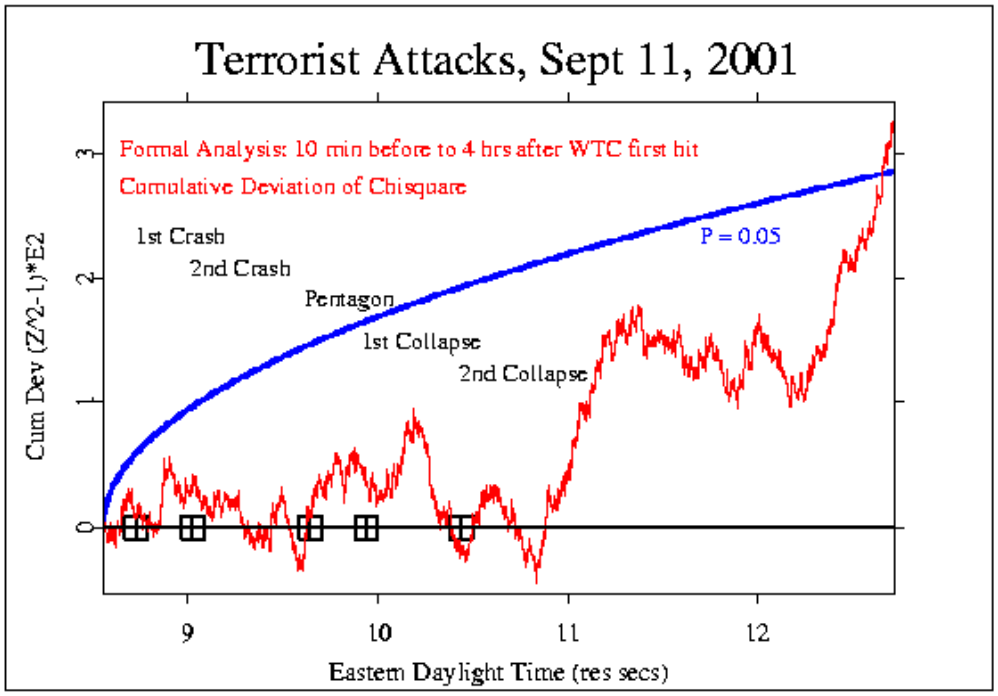
> "Brother Clementino's mental forces acted upon the psyche of Raul, as electricity acts upon an electric bulb. Pressing upon the solar plexus, it rises toward the neuro-cerebral system, much like electricity from a power plant reaches a bulb, expanding through the incandescent filaments to produce light." [88]

Hence, while our minds are a mini generator, our capacity can be amplified, by external forces, or by a combination of minds focusing together, as in prayer. This phenomenon has been detected by a group started at Princeton University. A team of researchers have place random number generators around the world. With the assumption that the number would always be random. They wanted to detect if events which caught the attention of the world, or in just some local places where the random number generators were located, could be modified by our collective mental energies. The effort is called The Global Consciousness Project. [89]

The method to detect the power of our mental energies is to compare the expected results of a wide spectrum of random number generators, which should have a relatively smooth pattern of random numbers spread across the world, to the actual results during an event. There are many such events described in their web pages. The most startling is the September 11 th terrorist attack on the World Trade Center. Here is their commentary and graph:

> "The graph of data from the formal prediction for September 11 shows a fluctuating deviation throughout the moments of the five major events, during which ever-increasing numbers of people around the world are hearing the news and watching in stunned disbelief. Times of the major events are marked by boxes on the line of zero deviation. The

uncertain fluctuation of the EGG data continues for almost half an hour after the fall of the second WTC tower. Then, at about 11:00, the cumulative deviation takes on a strong trend that continues through the aftermath period and ultimately exceeds the significance criterion. There were 37 eggs reporting on September 11, and over the 4 hours and 10 minutes of the prediction period, their accumulated Chisquare was 15332 on 15000 degrees of freedom. The final probability for the formal hypothesis test was 0.028, which is equivalent to an odds ratio of 35 to one against chance." [90]



As one can see, as the event unfolded, the effect of our collective mental energies grew. Does this provide absolute proof? No, but it is an interesting assessment by a group that has no connection to Spiritism. A study that provides a hint that academia is interested in measuring our mental energy. These types of research are just beginning, who knows what else will be discovered in the future.

Back to Andre Luiz, he is interested in the analogy of our thoughts and the light bulb. He wishes to know how the energy of the light bulb is related to our mental forces. His instructor quickly perceived his thoughts and explained the relationship:

"The bulb, in whose interior the light is produced, disperses the photons which are elements of nature that vibrate in physical

> movements particular to them. Our soul, in whose intimate ambient the radiating idea is processed, projects the condensed spiritual elements into various mental forces. The world acts one upon the other through the radiation they emit, and the souls influence one another via the mental agents they produce." [91]

Hence, our mind does send out energy, not photons, but another form, of which our science has not yet explained. The normal functioning of our body supplies the power, derived from our food intake, to allow our brains the electrical and chemical power for our neurons to trigger to internally form and emanate our thoughts. Andre takes this logic and extrapolates to its logical conclusion.

> "Just as we on Earth have an understanding of the chemistry of dense matter by cataloguing its atomic units, we can also study the make-up of the mind. Cruel thoughts, rebellion, sadness, love, comprehension, hope and happiness have individual weights and make the soul more dense or subtle. In addition, we can define it magnetic qualities. Each mental wavelength possesses its specific coefficients of energy expressed in silent concentration, speech or written word." [92]

If this statement is true, that by analyzing the wavelengths radiating from our minds, we are able to ascertain the general thoughts of a person, this explains how spirits are able to mentally read our minds. More worryingly, at some time in the future, a machine to read minds would be possible.

Hence, our thoughts result in real manifestations of power. They affect us and others around us, even into the spirit world, from the highest to the lowest regions. Andre Luiz sums up the importance of our minds.

> "We are victims or beneficiaries of our own thoughts according to the mental energies that we project. Thus, we enslave ourselves by our own erroneous thoughts or liberate ourselves toward progress, according to our decisions and activities, in harmony or disharmony with the eternal laws." [93]

And, remember, that as we modify our thoughts, we modify our perispirit, either elevating or falling in the quality of our contemplations, which following the Law of Affinity, whereby like attracts like, we are determining the level in which we will exist in the spirit realm. Reason enough to begin the long road to exercise our mental discipline.

Disclosure 30 – Psychometry – How it Works

How does psychometry work? How can a person infer past owners, scenes, dramatic episodes from an inanimate object? Psychometry is real and it is explained by Spiritism.

Psychometry

The definition of psychometry is:

> "The alleged art or faculty of divining facts concerning an object or a person associated with it, by contact with or proximity to the object." [94]

In the book, *In the Realms of Mediumship* , psychographed by Francisco (Chico) C. Xavier and inspired by Andre Luiz, the team that Andre is on is exploring all types of mediumship. In the chapter that I cite, the group is exploring psychometry. In order to learn in the field Andre and the team enter a museum. His team leader, Aulus, tells the group:

> "A lot of spirits with minds fixated on the past frequent places like this for the simple pleasure of recalling it," remarked the Assistant." [95]

Once inside Andre perceives that most of the pieces in the museum are covered with opaque fluids. Spread around the fluids were points of light. Aulus explains to the group what they are detecting:

> "All the objects framed by those fluidic substances are strongly remembered or frequently visited by those who used to possess them." [96]

Some of the objects without the grayish mass are those that are not thought of or remembered by anyone.

Andre spots an antique clock. This is what happens next:

> "Aulus suggested that I touch it, and almost instantly on my mind's eye I saw a lovely family meeting, in which an older couple was enjoying a conversation with four young people in the prime of their lives.

> With that living picture projected in my inner mind, I examined the pleasant and stately room. The Austrian furniture added a sobriety and nobility to the ambient, which was decorated with vases of flowers and valuable paintings.
>
> The clock was there as well, dominating the scene from an old wall, adorned with care." [97]

Hence, the clock stored the images via the vibrations of the memories of the people present. Aulus leads Andre and his co-workers through exactly how this phenomenon operates:

> "The clock is enveloped by the mental currents of those still attached to it, much like the copper is sensitized by the electric current while conducting electric energy. As we examine it in its present state, we are immediately tuning in to the memories of the people who cherish it." [98]

Therefore, our thoughts, which we radiate in all directions, are like a radio tower that is always on, accumulate upon the object of our attention. Aulus explains further:

> "Thought spreads our own emanations everywhere it is projected. We leave spiritual vestiges wherever we project the rays of our mind, just as an animal leaves traces of its characteristic odor, making itself easily trackable by the dog's olfactory sensitivity. When freed from the dense body, our senses become more acute and thus we can easily perceive such phenomena within the sphere that limits our evolutionary aptitudes." [99]

As a bloodhound can sniff our trail with amazing accuracy, spirits can access any objects that have been associated with us and playback any scenes that are trapped in the article.

Aulus also confirms that one could use the thoughts attached to the clock to find the spirits who left their vibrations. Since each spirit has a unique vibratory identification.

One of the group asks that does the phrase, "within the sphere that limits our evolutionary aptitudes" mean that lower spirits could not detect the thoughts of higher spirits. Aulus confirms that hypothesis:

> "That's right. Those who have reached a level that we cannot even imagine have ascended to other realms, transcending our manner of being and expressing ourselves. Their thoughts vibrate on another frequency altogether. Of course, they can accompany and assist us, because it is the Law that spirits from a higher order can come down to spirits of a lower order whenever they want, but we, in turn, cannot go up to them." [100]

Aulus goes further and tells the group that if the group concentrated more on the clock they would be able to discover the history of the raw material that the clock was made of.

Therefore, any inanimate object is able to record not only thoughts from spirits, but also from events from nature. All thoughts, all matter is composed of vibrations, these vibrations leave traces of their existence as they spread across the universe.

The world beyond ours, what the Druids called “The Other Place” is remarkable. The more we understand how the spirit world works, the more we are able to comprehend the so-called unexplainable phenomena which occurs on earth. What our current culture would like to dismiss as mere illusions.

Disclosure 31 – Mediumship Has Been Brought to Us for a Purpose

The spirit realm has given our present time the gift of Mediumship for a purpose. In the book, *In the Realms of Mediumship* , by Francisco C. Xavier, Aulus, a spirit in charge of a team in which Andre Luiz is a member tells us:

> "The mediumistic phenomenon is not new. Only the way it manifests is new because the priesthood of various creeds has been stagnated for many centuries in the displays of outward worship. Most notably, Christianity, which should be the largest and simplest of the schools of faith, has long been crystallized in the superficiality of its churches. Thus, it was necessary to free its principles for benefits of the world, which nowadays, from a scientific point of view, is bathed in the light of a new era. That is why the planet's unseen Government decided that mediumship should be brought from the clergy into the public square

> so that the notion of eternity, through the survival of the soul, would awaken the anesthetized mind of the populace." [101]

Hence, the spirit world wishes to send us the information that we are immortal souls who are on a path to perfection. This realization that karma is real and means that no one escapes the damages they have done or doesn't benefit from the good they have accomplished is most probably the major lever that will be used to bring back in balance people's materialistic tendencies with their spiritual needs.

Disclosure 32 – Mediums Attract Spirits Who are Attuned to Them and Vice Versa

In the book, *In the Realms of Mediumship* , psychographed by Francisco (Chico) C. Xavier, and dictated to him by Andre Luiz, there is a discussion about mediums.

The lecturer tells the group that minds on different levels will, by their inherent gap of knowledge, will be able to communicate only simple messages. He supplies an example of a high spirit talking to a primitive mind. Where the high spirit could only assist a primitive person in terms helping them cure an illness or problems with a herd of cattle.

The same for low spirits talking to an educated medium, only simple communication is possible. He goes on to explain to the group:

> "We attract spirits who are attuned to us as much as we are attuned to them. And if it is true that each one of us can only give according to what he or she has, it is unquestionable that each receives according to what he or she gives." [102]

Hence, a medium who is advanced spiritually will attract and successively communicate with higher order spirits.

He elucidates further:

> "Since the mind is the basis for all mediumistic manifestations in whatever ways they are expressed, it is crucial that we enrich our thought with moral and cultural treasures because they are the only treasures that make it possible to fixate the light that descends upon us from the Highest Realms through the spirits of wisdom and love who oversee our lives." [103]

Increasing spirituality for a medium causes a beneficial feedback loop. As the medium improves, so does the communication with the higher level spirit. Which leads to greater knowledge and understanding of the spirit world and our place within it.

Disclosure 33 – Your Destiny is to Become a High Spirit

What is our goal? In Spiritism, the Doctrine states that we live through multiple lives to become a higher or pure spirit. What does it mean to be a pure spirit? Leon Denis, who has communicated with the spirit world, tells us, as well as hints into the realm of a pure spirit from other books psychographed by Francisco C. Xavier.

The Doctrine of Spiritism, the rules to live by, our actions we must take, the sufferings we must bear, the numerous existences to supply a firm foundation to our intelligence all are for one purpose; for us to become a higher or pure spirit. Andre Luiz, in his books, supplies us with stories of the first level of a celestial city, Nosso La r . The souls who live at that level are not truly high spirits. Even though, they reside in wonderful heavenly

cities spaced above many earthly locales, these spirits are still bound to earth. They must continue being reincarnated to climb the ladder of learning.

There are levels upon levels higher than Nosso Lar. As we improve ourselves, we graduate to places above. There is a passage in the book, *Renunciation* , inspired by the spirit Emmanuel and psychographed by Francisco C. Xavier, which describes one such place:

> "The splendorous sight of it exceeded anything that could ever characterize beauty in the human sense. The sacred vision of its entirety was far beyond the famous city of the saints as idealized by the thinkers of Christianity. Three blazing suns poured oceans of magnificent light onto the ermine ground in unique changes of color, like celestial lamps lighted for the paradisiacal feast of immortal spirits. Exquisite buildings, surrounded with indescribable flowers, took the form of castles carved with golden filigree, radiating multi-color effects. Winged beings came and went in the pursuit of sanctified purposes, in an endeavor of a superior nature, inaccessible to the understanding of earthlings." [104]

It is said that when the Indians in the New World, first saw Columbus' ships, they noticed nothing different on the horizon, since in their limited universe, the concept of a large sailing ship never existed. Therefore, their eyes transmitted the shape to their brains, but the image didn't translate to anything they knew, hence to them the ship was invisible, enveloped by the surrounding ocean. This is how I imagine I would "see" that high celestial city. It would be as a five-year-old trying to describe the inner workings of a watch. The detail would escape me.

There is also a description of the inside of one of the buildings:

> "High above the radiant sanctuary rose a translucent tower made of a solid, transparent substance similar to crystal. Harmonious melodies poured forth from within it." [105]

A building composed of an advanced material, with the structural elements of a metal beyond our best steel, but appearing as clear as glass. Living within are creatures with wings, images that are seared into our earliest history. Evidently, the wings allow the ease of transportation within the metropolis.

Wings for creatures with intellectual and moral abilities far beyond our own, but all who have tread the same path. They too have lived on primitive worlds, and then graduated to planets like our own, one of a place of atonement, where we suffer and learn in the same classroom. That is the beauty of high spirits; they empathize with us, for they have had similar vicissitudes to that which we are living through now.

Leon Denis, in Life and Destiny, talks about our possible future:

> "Each spirit in space has its own vocation, and pursues it with facilities unknown on earth. Each one finds its place in this superb field of action in this vast universal laboratory. Everywhere subjects for study and travel, with means of education and participation in divine work, offer themselves to the industrious soul. Heaven is not the cold void of the place of inactive contemplation believed by some. It is a living universe, animated, luminous, filled with intelligent beings on the way to continual evolution. The higher these spiritual beings ascend, the more accentuated are their tasks, the more important become their missions. In time they take rank among the messenger souls who go and carry to the limits of time and space the will and force of the Infinite One; for the most inferior spirit, as for the most eminent, the domain of life is without limit. Whatever the height to which we attain, there is ever a superior plane to reach." [106]

Therefore, as we gain a firm foundation and valuable experience, we are given more important work to perform. Tasks that could change the course of history on a world or serve to rescue suffering souls. Missions that at one time or another all of us have dreamed of performing.

And not only do our jobs become more vital and visible; we also undergo a change.

> "In the measure that a soul detaches itself from inferior spheres, it perceives that high manifestations of intelligence, justice and goodness: and its life become more beautiful and divine… The profound difference which exist between terrestrial life and life in space resides in the sentiment of deliverance and of absolute liberty enjoyed by purified spirits. The material cords are broken, and the pure soul takes its flight to high regions. In a life exempt from physical necessities, it feels its faculties grow, and acquires a penetration into the veiled splendors of the infinite realms." [107]

Miraculously, we become beings of pure energy, with immense powers of deduction and command of sight over space and time. By thought alone, we travel instantaneously, change shape, and communicate with others. Leon Denis emphasizes what we become:

> "All is grand in the spiritual life; the etheric body becomes more and more transparent and diaphanous, and leaves a free passage for the radiations of the soul.
>
> With a greater aptitude to enjoy and understand the infinite splendors, and a more extended memory of the past, an increasing familiarization with things and beings in superior planes, so the soul in it progression attains the supreme altitudes . Arrived at these heights, the spirit has

> conquered all passion, all evil tendencies; it is free forever from the material yoke and the law of re-birth." [108]

We eventually leave behind the many physical trials. No longer requiring pain and suffering to modify our behavior. We have learned the lessons that Jesus set for us in the Bible, to love others, to be charitable, fraternal and all else that we read and try to attain, but fail in so many great and small ways. But, just remember one thing; you will attain the level of a high spirit. It may not be in this lifetime or a thousand, but it will come and the more we hold onto material pleasures in life the longer the journey.

Disclosure 34 – Can Humans Reincarnate into Animals and Vice Versa?

Many people and some religions believe that the souls of humans can be reincarnated into animals and then back again. According to *The Spirits Book* , the answer is a no. But there is a hint of a qualifier.

Here is what *The Spirits Book* tells us:

> *613. Can a spirit which has animated a human body be incarnated in an animal?*
>
> "No; for such an incarnation would be retrograde step; and a spirit never retrogrades. The river does not flow back to its source." [109]

Hence, we are told with no uncertainty that a human soul can't transfer to a lesser form. Now, for the question can an animal, at some point, after a series of reincarnation, begin life in a human body. It is answered:

> *601. Do animals follow a law of progress like men?*

> "Yes; and it is for this reason that, in the higher worlds in which men are further advanced, the animals are more advanced also, and possess more developed means of communication. But they are always inferior to man, and subject to him; they are, for him, intelligent servitors." [110]

Therefore, animals progress via their own path and do not intersect with humans. So it would seem that there is no cross over at all between animals and us. But, the origin of a spirit is unknown, even to the spirits themselves. This hole in the knowledge of where a spirit is first created leaves the door open to some sort of progression from lower life forms.

Again in *The Spirits Book* , it is written:

> "The starting-point of spirit is one of those questions which have reference to the origin of things, and to the secret design of God. It is not given to man to comprehend them completely, and he can only form, in regard to them, suppositions and theoretic systems, more or less probable...
>
> It is thus, for example, that all spirits do not think alike in reference to the relations which exist between man and the animals. According to some, spirit only arrives at the human period after having been elaborated and individualized in the different degrees of the lower beings to creation, According to others, the spirit of man has always belonged to the human race, without passing through the ascensional degrees of the animal world." [111]

So we could have started off as an animal and after a long and laborious trial of eons, grow into the ranks of humans, or we could have first just entered the physical body of a primitive human and then started our path. The relationship between our souls and the souls of animals is unclear and we will have to be content with the fact, as Allan Kardec wrote, "as for the mysterious kinship which exist between man and the animals that we repeat, is God's secret." [112]

But there is a passage in the book, *Between Heaven and Earth* , by Francisco C. Xavier, inspired by the spirit Andre Luiz, which discusses reincarnation. In it Andre's team leader, Clarencio, says:

> "We tackle multiple experiences and we recapitulate them as many times as needed on our grand journey to God. Pupae of intelligence in the obscurest sectors of nature evolve toward the realm of fragmentary intelligences inhabited by animals of a higher order, which, in turn, evolve toward the realm of human consciousness, just as human beings, little by little, evolve toward the glorious spheres of the angels." [113]

One could read the passage above in two ways, one, we start out as a simple speck of rudimentary intelligence and evolve to a human level, by constant

reincarnations into the worlds of planets. The other is that animals evolve in a higher state also, but along their own path and do not become a full human type spirit.

Section 3 - How to Ascend – What is the path to ascension, what is important to learn, why we must grow?

In medieval Europe the path to heaven was straight forward. You went to confession and a priest absolved you of your sins. If your crime was particularly horrendous, you paid the church a fee and walked away a blameless pure soul. The Catholic Church was the sole conduit to God. In other areas of the world there were pockets of greater enlightenment, but still the general inclination was for the priestly class to control their domain tightly.

In one of the books psychographed by Francisco (Chico) C. Xavier, Andre Luiz, the spirit who wrote a series of books about life in the spirit world, tells of an encounter with a woman dressed as if she was a wealthy landowner from the 18th century. She meets Andre, after she had been wandering in the Lower Zone for, what seems to her to be countless years, and complains about her experiences. She tells Andre that she had given regularly to the church and in her will she instructed her son to continue the gifts to insure a speedy path to heaven. She couldn't understand her current predicament; after all she had been kinder than most to her slaves.

The poor soul had been misled. Her pastor had encouraged her in believing that all will be made right with a little greasing of the palm of the person supposedly close to God. She had paid her dues, shown up on time every Sunday, sang the right songs, read the appointed words, and hated the people who all of her cohort of other upper class families also despised. What could have possibly gone wrong?

In one word, everything. She had the criteria for evaluation turned around. She concentrated on the outside. Dress, wealth, rituals, class and eating restrictions were the primary considerations. She did not understand that she could have dressed how she wished, loved who she wanted to love, and eaten what she desired, and never show up on Sundays and still ascend to a heavenly city. Outside accouterments are nothing compared to what is in inside.

Form is not good enough. Substance is what counts. The façade that most of us construct is transparent to the spiritual world. Whereas we feel safe if we maintain the appearance of respectability, secure in the knowledge that our thoughts are hidden to the outside world. This isn't true to our spirit

mentors. To them we aren't automatons of actions, but radio towers of constant transmissions of thoughts.

In the spirit realm, thought is action and that is what we are being prepared for. As a spirit rises they become less dense, less composed of physical matter and more and more pure energy. Hence, the purpose of successive reincarnation is to modify our ratiocination processes. To put it simply, our objective is to learn to think good constructive thoughts in every circumstance and to maintain our spiritual harmony at all times.

On paper it sounds easy, in practice, with a multitude of external factors assaulting you at once, your job, your spouse is not well, the credit card that is overdue the task is daunting. Throw in emotional bursts such as a cheating boyfriend or girlfriend, office gossip and worse, the ability to control your balance is ruthlessly tested. Imagine the scenes of World War II movies of young men in boot camp, crawling under barbwire with the sadistic drill sergeant firing live ammo from his machine gun and you get an idea of the scope of training that we are in, right at this moment.

Nevertheless, you are expected to keep your head down and to keep crawling forward. Leaving prematurely is extremely frowned upon. Therefore, what are you slogging through the mud for? In a word, heaven. No, not the heaven of eternal bliss and never-ending life of luxury where nothing is ever demanded of you, but of a place you have frequently dreamed about.

Have you ever worked in an atmosphere with co-workers who care about the job they are performing and all energy is expended on providing good service? Where managers are caring individuals who are committed to excellence and to your welfare. A place in which your health is never in doubt and growing old is not a concern. And you are working at what you are passionate about; this is what heaven really is.

There are many levels of heaven in the spirit realm and I am presenting to you just the first, the lowest level of life in a celestial city. Hate, envy and avarice are absent. Colors are brighter and the architecture is blissful. It is a place where the main aim is to help the souls on earth, incarnates and discarnates (spirits who roam around earth in an errant state) to achieve the state of mind where they too may ascend.

Spirits in this stage of heaven continue to work to improve themselves and to prepare to return to earth to carry on the long march to become a pure spirit. Not only do they seek to climb up the ladder in spirituality but to also help move the entire planet to the next level.

Someday, the earth will truly be a paradise. War, hunger and social discord will gradually disappear as more and more good souls populate our blue

planet. Reincarnation on earth will be a pleasure, a chance to take on more complicated assignments in a positive atmosphere.

What does this mean to us, attempting to survive in our dog eat dog culture? The spirit world is telling us, that sacrificing the dictates of your conscience, acting dishonorable, taking advantage of others is never, I will repeat, never worth the temporary gain against the failure to ascend.

Living in the penthouse, drinking thousand dollar bottles of wine and cruising the Mediterranean in a private yacht are mere moments compared to the infinite life span of a spirit. Therefore, analyze your behavior and contemplate how you can improve to increase the love in your heart, your willingness to assist others and your capacity for charity and understanding. I promise this will be time well spent.

Disclosure 35 – The Root of All Vices – Selfishness

In *The Spirits Book* , in Chapter VII, a chapter about moral perfection, the headwaters of our problems is revealed. It is "selfishness", this word covers much ground; starting from not wanting to give, to not wanting others to succeed, all the way to corruption and crime in the desire for more. So we will be able to buy what we believe will be happiness and contentment.

The topic of selfishness begins at question 913:

> *913. Which, among the vices, may be regarded as the root of the others?*
>
> "Selfishness, as we have repeatedly told you; for it is from selfishness that everything evil proceeds. Study all the vices, and you will see that selfishness is at the bottom of them all. Combat them as you will, you

> will never succeed in extirpating them until, attacking the evil in its root, you have destroyed the selfishness which is their cause. Let all your efforts tend to this end; for selfishness is the veritable social gangrene. Whoever would make, even in his earthly life, some approach towards moral excellence, must root out every selfish feeling from his heart, for selfishness is incompatible with justice, love, and charity; it neutralizes every good quality." [114]

Hence we are directed to not only let go of our selfish behavior, but "root out", which means to actively discover and remove those feelings and thoughts that dominant our daily thoughts. How do we go about it? A clue is given in the next question:

> *914. Selfishness having its root in the sentiment of personal interest, it would seem that, to extirpate it entirely from the human heart, must be a very difficult matter. Is it possible to do so?*
>
> "In proportion as men become enlightened in regard to spiritual things, they attach less value to material things; and as they emancipate themselves from the thralldom of matter, they reform the human institutions by which selfishness is fostered and excited. Such should be the aim of education." [115]

"Personal interest" is the key. We all realize some personal interest is required for survival, we must work and work with distinction to earn our salary so we may live and eat. We must save for difficult periods or for retirement. Hence, if we allow our selfishness to expand to the boundary where we are not a burden on others, we are safe. Beyond that, we need to examine our motives when we act.

Allan Kardec knew how difficult it would be to erase selfishness, so he asked the question:

> *915. Selfishness being inherent in the human race, will it not always constitute an obstacle to the reign of perfect goodness upon the earth?*
>
> "It is certain that selfishness is your greatest evil; but it belongs to the inferiority of the spirits incarnated upon the earth, and not to the human race as such, and consequently, those spirits, in purifying themselves by successive incarnations, get rid of their selfishness as they do of their other impurities. Have you, upon the earth, none who have divested themselves of selfishness, and who practice charity? There are more of such than you think, but they are little known, for virtue does not seek to display itself in the glare of popularity. If there is one such among you, why should there not be ten? If there are ten, why should there not be a thousand? and so on." [116]

Then Allan Kardec wished to understand, how selfishness would be conquered:

> *917. By what means can selfishness be destroyed?*
>
> "Of all human imperfections, the most difficult to root out is selfishness, because it is connected with the influence of matter, from which man, still too near his origin, has not yet been able to enfranchise himself, and which his laws, his social organization, his education, all tend to maintain. Selfishness will be gradually weakened as your moral life obtains predominance over your material life, through the knowledge which Spiritism gives you of the reality of your future state, stripped of allegoric fables. Spiritism, when it comes to be rightly understood, and identified with the beliefs and habits of the human race, will transform all your customs, usages, and social relations. Selfishness is based on the importance you attribute to your own personality; Spiritism, on the contrary, when rightly understood, causes you to look at everything from a point of view so elevated that the sentiment of personality is lost, so to say, in the contemplation of immensity. In destroying the sentiment of self-importance, by showing its real nature, Spiritism necessarily combats selfishness." [117]

The answer is only when we elevate ourselves, to look at our need for material and emotional pleasures from a higher vantage point, and acknowledge the transitory nature in which a fleeting moment of desire is trivial when compared to all else. To achieve that goal for the world at large, we must spread the Doctrine of Spiritism. For only by the general acceptance that we are here on this earth by the grace of the spirit world to learn and to improve, whereby all else is secondary, shall we slay the beast of selfishness.

Disclosure 36 – Jealousy – Covering the White Light with a Dark Grey Cloud

In the book *Liberation* , by Chico Xavier, our beloved spirit author Andre Luiz, was impressed by the work of a medium, Dona Isaura Silva. When she was working, she displayed beautiful radiations. After she finished the sessions, she was surrounded by a dark gray substance.

Andre wished to know how she could change so quickly. Sidonio, the team leader for the medium group explained:

> "The poor thing is caught up in a veritable tempest of malignant fluids sent by low order spirits, whom she has inadvertently tuned in to through the dark wires of jealousy. As long as she is under our direct influence, particularly during spiritual endeavors of a collective nature, in which she acts as a receiving valve for the assistants' energies, she is happy and in a good mood. A medium is always a source that both gives and receives during his or her work involving the two realms. When Isaura's work ends, however, she falls back into her unfortunate condition." [118]

Isaura, who is a wonderful medium, allowed herself to be guided by a base emotion. She let jealousy permeate her being. So much so, when she sleeps, she immediately goes out and searches for low spirits who encourage her in low passions.

Andre asks if there is anything they can do to help her. He is told:

> "Our sister is a precious coworker with appreciable and invaluable qualities, but she has not let go of her jealousy regarding her husband. It is through that breach that violent vibrations of anger get in, causing her to lose excellent opportunities to serve and grow spiritually. Today she had one of her worse days, completely handling herself over to such inner flagellation. She needs our help tonight because whenever a servant, awakened to the good, endures a wave of inferior vibrations throughout the day, he or she is setting up a visit with the beings and forces that populate the night." [119]

Therefore, controlling your emotions is extremely important. By losing your temper or dwelling on negative thoughts you are opening yourself up to bad influences. The hole you are digging will have many inferior spirits helping you to make it deeper.

Disclosure 37 – Gossip – Socrates' Test of Three

In ancient Greece (469 – 399 BC), Socrates was widely lauded for his wisdom. He espoused many of the same beliefs that Jesus would present to the world four hundred years later. As Spiritist we need to control our thoughts and not speak ill of others. In fact, we should seek out times to speak well of others. Socrates gives a great lesson on gossip.

One day the great philosopher came upon an acquaintance, who ran up to him excitedly and said,

"Socrates, do you know what I just heard about one of your students?"

"Wait a moment," Socrates replied. "Before you tell me,

I'd like you to pass a little test. It's called the Test of Three."

"Test of Three?"

"That's correct," Socrates continued. "Before you talk to me about my student let's take a moment to test what you're going to say. The first test is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"No," the man replied, "actually I just heard about it."

"All right," said Socrates. "So you don't really know if it's true or not. Now let's try the second test, the test of Goodness. Is what you are about to tell me about my student something good?"

"No, on the contrary…"

"So," Socrates continued, "you want to tell me something bad about him even though you're not certain it's true?"

The man shrugged, a little embarrassed.

Socrates continued, “You may still pass though because there is a third test – the filter of Usefulness. Is what you want to tell me about my student going to be useful to me?”

“No, not really…”

“Well,” concluded Socrates, “if what you want to tell me is neither true, nor good, nor even useful, why tell it to me at all?”

Socrates was trying to teach, four hundred years before Christ, that we must not only do good, we must think well of others too.

Disclosure 38 - There is a Reason that Jesus said to Make Peace with your Enemies

> "Be reconciled as quickly as possible with your adversary, while you are with him on the way so that he does not hand you over to the judge, and so that the judge does not hand you over to the Minister of Justice, so that you may not be imprisoned. Verily, I say to you that you will not leave there as long as you have not paid the last farthing." (Mt. 5:25-26)

Is Jesus saying that only in this world make a deal before you go before the judge? And if he was why would he tell you that you had to pay the last farthing (cent)? He is saying that the enemies you make in this life will pursue you to the next, so you better clean up your mistakes while you can.

The Gospel According to Spiritism , tells us:

> "In their hatred, vengeful spirits often pursue beyond the grave those against whom they harbor rancor; thus the proverb that states; 'The beast dead, the venom is dead' is erroneous when applied to human

> beings. An evil awaits the one against whom it wishes evil to be imprisoned in the body and less free in order to more easily torment it, striking it in its interests of dearest affections. In this fact, one can see the cause of most case of obsession, especially those that display a certain gravity such as subjugation and possession. Obsessed and possessed persons are therefore almost always victims of a prior revenge which they probably caused by their own conduct." [120]

Hence, let us learn rapidly to forgive and not to encourage vengeance. Lest the chaos and hatred we start could haunt us for many lifetimes and severely retard our progress. This is also why Jesus said, so many times in so many ways, that we should forgive.

Now you know that forgiveness not only allows our physical bodies to remain calm, since we free ourselves of negative thoughts and our stress levels decrease, but forgiveness also opens a clear path for us to plan out our next life. With less hindrances and possibilities of vengeful spirits throwing obstacles at us, we can, in a more clear-headed manner absorb and fulfill the tasks assigned to us.

Disclosure 39 – It's Not the Deed but the Thought That Caused It

So you did a good deed and now you feel good about yourself. Wait a moment and reflect on why did you perform that action? Swedenborg, a famous medium in the 18 th century, writes:

> "If the thought and intent are good, then the deeds and works are good; but if the thought and intent are evil, then the deeds and works are evil, even though they may look-alike in outward form." [121]

If we learn anything from Spiritism, it is that all we have, all we really are, is the sum total of our thoughts and memories from the distant past until this moment. We take nothing else with us, because any material object eventually decays and disappears, while our immortal spirit remains.

Still shaking your head? Swedenborg gives some examples:

> "Take for example behaving honestly and fairly with an associate. One person can behave honestly and fairly with someone else in order to seem honest and fair for the sake of self and to gain respect; another person can do the same for the sake of worldly profit; a third for reward and credit; a fourth to curry friendship; a fifth out of fear of the law and loss of reputation and office; a sixth to enlist people in his or her cause, even if it is an evil one; a seventh in order to mislead and others for still other reasons." [122]

The only basis of thought that should be the cause of behaving honestly and fairly is the love of what is honest and fair.

My favorite example is when a company engages in a "good deed". I always ask myself, what politician are they currying favor for now, what demographic are they trying to sell? I shouldn't be so cynical and I should try to be thankful that anything is done to help others. I do realize there are organizations out there who really have an ingrained culture of performing charitable acts, like Doctors without Borders, and others.

Therefore, always try to follow your moral truths, love what is honest and upright, your good deeds will flow naturally like a sweet spring of water in a desert.

Disclosure 40 - Faith may be increased indefinitely

In the book, *Liberation* , by Chico Xavier, inspired by Andre Luiz, there is a Spiritist meeting, where all participants are working in harmony. Andre asks if anything could affect the superb functioning of the group.

Andre's team leader, Sidonio, tells Andre:

> "Yes, considered collectively, they are all together right now under this friendly roof and are seeking our spiritualizing company. But that is for only six out of the 168 hours of the week. While here with us, they are enveloped in gentle radiations of peace and joy, of good cheer and hope as they register our edifying vibrations, of which we'd love for them to be sure and permanent bearers, taking them into the daily realm of the human struggle. However, as soon as they are only a little ways from these doors, they accept or send out thousands of subtle thoughts that are much different from the ones we had suggested to them; thoughts that conflict with our work plan; thoughts, which, born from the minds of incarnates and discarnates, flog us mercilessly. Very few understand that faith is a blessing that can be increased indefinitely." [123]

Hence, being a spiritual person isn't a part-time job. Following the path of love, charity, fraternity and honesty is a way of life, not just a small weekend interlude.

To internalize the goodness that we must become, one must continue to work on not just our outward appearance, but most importantly our thoughts. This isn't easy and takes practice and constant reinforcement. Every little improvement is a small victory.

Disclosure 41 – How to Ascend in Your Spiritual Life

Now that you understand what reincarnation is for (your path to perfection), the question is how do you succeed? What should be the governing philosophy of your life that will not only allow you to survive your trials but emerge victorious?

Many religions have told us this before, and of course we try to selectively choose what we wish to follow in order to create that balance between being a good person (in our own minds) and living in the culture that we were born into. We all understand that life is one of constant choices, between good and evil, comfort and hardship, honor and advancement; nothing is totally black and white to us.

Society forces us to compromise daily, the little lies we tell to smooth over difficulties, the moments we advert our gaze away from problems that seem unsurmountable. The times that we have to restrain our secret desires, the times we give in. The spirit world doesn't expect us to be chaste saints. They fully understand the thousand burdens we are exposed to as soon as we take on a physical mantle.

In fact we are expected and even pushed to go out into the world to accomplish two goals. First, to learn how to survive in many different situations from multiple points of view, so we have amassed the experience to fully comprehend every possible combination of life events. To internalize the message from these trials, so that we may be able to extend our love and understanding to others caught in the same circumstances. Whereupon, in our next life we should be able to effectively surmount problems and assist others in their endeavors, with a cool head and a calm heart.

Secondly, if at all possible, we are present to set an example. To help lead society to a kinder, more inclusive state, which shall move our planet a bit closer to the goal of a just world. Most probably, not by any active role, but simply living an honorable life, a pillar to all, where others know you to be impartial and wise; a person to come to for advice and comfort. An example for those around you to follow, in which we must partake fully in our civil duties to show that we are all in this together and we all must provide guidance and solutions. Solutions which are equitable to all and still allow those who need to strive for betterment in their lives to achieve that goal.

The List

Every religion or doctrine has their list. We have the Ten Commandments, separate rules for Buddhists, Mormons, and countless others. There are similarities and there are differences. The major difference with Spiritism is there are no ceremonial or dietary rules, only moral, because whatever rituals you perform, clothes you wear, or food you consume is unimportant and has no effect on your spiritual condition. If you wish to follow any type of non-moral regulations, that is entirely up to you.

Here is my list, not in any particular order, and this is not the official Spiritist list, I have gathered what I believe to be pertinent from the books by Allan Kardec, Francisco C. Xavier and other Spiritist writers. One other caution, do I practice what I preach? No, I fail constantly. I wrote this more for myself than you, to give me a goal post, anything where I could think back and measure my progress or stagnation. Hence, please discover for yourself what is relevant to you and ignore what you deem unrequired.

1. Love
2. Fraternity
3. Charity
4. Honor
5. Selflessness
6. Spiritualism

Sounds pretty easy, doesn't it? I look at this list and think that I am pretty far along! I am ready for a higher level! But take a second look and decipher what is the opposite of each, for that determines what we can't do.

Love

The opposite of love is hate. Therefore, don't hate; not even your local corner drug dealer. Don't wish that he or she could be placed on a garbage barge and towed far away to be dumped in the ocean. Don't hate those people who are killing others in YouTube executions. See this is actually pretty tough!

Most of us know, not to hate because of race, sexual preference, religion or any other differences; society has come far. We can intellectualize why it would be wrong. But when we see a specific example our first impulse is to smash it like a bug. Without hesitation and without pity.

Why is that? Because our instinct, created by multiple lifetimes of primitive survival, informs us to remove threats to our life and to our tribe's welfare.

After all, wouldn't the vast majority of society be better off without such vermin? The short answer is of course it would! But, that would be the answer if we only had one life and protecting our gene pool is our greatest imperative. The sad fact is that we too have been the equivalent to a worthless piece of scum within society. Hence, we need to pity that person and pray for their enlightenment. This is not to say, they shouldn't be locked up; after all a good decade or so behind bars may give them the suffering required for them is think twice about embarking on the same career in their next life. Who knows, that thug in prison could be a great leader in a thousand years.

Control your hate, you can be indignant, which focuses your energy on solving a problem. But for pure hate, it's a bad habit, so try to break it. Practice when you think about the monsters ruling North Korea, that no matter how good they think they have it, while their populace is terrorized and starving, that they shall wake from their bodies with the realization their actions weren't such a good idea. Through suffering, in the spirit world and in their next physical life, the despotic leaders will understand the wrongness of their approach.

Fraternity

No problem including everyone into your sphere of assistance and caring, right? Except for that lower class family down the street, or that girl with the piercings that sells coffee. The reverse of fraternity is exclusion. We all do this every day. Every time I walk down the street and pass by beggars on the sidewalk, I exclude the ones that look like drug users or alcoholics and I may give to those who at least have a somewhat decent appearance.

This is a normal human reaction. We find it very challenging to be indiscriminate. Try to think how we too have been on the outside and have needed help. At the very least a polite nod and an accepting smile. The spirit world doesn't expect us to all be Mother Theresa's. But we can be like that statue in the park, looking down at everyone with absolute impartiality; supplying shade to those who choose to sit in our shadow.

Charity

Miserly comes to mind as the antonym of charity. I hear you saying, "You can't call me miserly because I can't give to charity." Yes, you are right. Most of us just mange to get by and the constant stream of request for money from governments, schools, churches, girl and boy scouts drain whatever is left of our spendable cash. This is where governments work to absolve us of our feeling to be charitable. They take money from us and distribute it to the poor. All laudable, but this robs us of that closeness to

helping others and the joy to see the deserving poor gain relief and a little slice of happiness because of our efforts.

You aren't required to give money, only your heart and time is enough. What you give is up to you, be it advice, spiritual help, mowing the lawn for one who can't, whatever will let you feel the accomplishment of performing an altruistic service.

Honor

Dishonorable, cheat, lie, skim off the top, take more than your share of all forms of behavior to avoid. Most people do shun these acts. A vast majority try every day to be fair and honorable in their daily interactions. We have an innate belief in justice. We wish to live in a just society and we realize that without our behavior conforming to that precept, we can't hope to attain our noble goal. Everyone has that feeling. It is the inheritance of the spirit world, where all of God's laws are just. Punishments are meted out, but those are souls descending to the level of their choice and redemption is always waiting for each individual like regular spacing of bus stops. Each time a spirit gets off one ride, they have choices to board the bus to righteousness or stay on the line to sorrow. It's our free will.

So why is honor sometimes difficult to maintain? For those whose goal is to amass wealth at the expense of everything, honor simply isn't part of the equation. But for the rest of us, we are forced to suffer nicks and cuts in our honor shield due to many causes. Just the daily work routine, where the culture is to derive a profit above all else, influences our actions. Flexibility is required given the pressures we are under. We must be careful not to deceive or take advantage of others.

For example, during the internet boom, in the late 1990's, I consulted for a software company that would issue a press release for vaporware (software that doesn't exist), in hopes that it would raise the stock price. Amusingly, soon afterwards another company would issue a press release announcing they had software that could connect to our non-existent software. At one event, where software businesses would gather to speak to Wall Street, I talked to a consultant for a firm that reported they could work with our vaporware. When I told him the truth, he looked at me, and we both laughed and shook our heads. What could we do? Neither of us was in a position to halt such a practice. Therefore, I did what I could, bide my time until I could get another job. Thankfully, I didn't have to look for another position for long, because the lies finally caught up with them and the company went under.

I truly believe that it is harder for a rich person to enter heaven. What I saw during the times when people went wild chasing after that multi-million

dollar payoff made an impression. From that time, I understood that if the prize is large enough even basically good people will abandon their principles to grab their pot of gold.

The belief in Spiritism and in the Doctrine that spells out we must pay our debts and reincarnate to learn our lessons effectively removes the quest for ill-gotten gains. Why should we shed our morals and expose our immortal soul for a brief instant of pleasure.

Selflessness

At first, selflessness may seem to overlap with charity and fraternity, but the opposite is selfishness, which may lead us to discover further situations to avoid.

Emanuel Swedenborg in his book, *Heaven and Hell* , talks about how selfishness leads souls to remain tied to earth and unable to ascend. He marvels at that, since we all must be selfish to some extent, otherwise why would we work, why would we invent, why would we open a business, except to gain rewards. He asks the question, how could selfishness be so bad?

He finds the answer in “Love of self is to wish well to oneself alone, and to others only for the sake of self, even to the church, one’s country, or any human society. It consists also in doing good to all these solely for the sake of one’s own reputation, honor, and glory; and unless these are seen in the uses he performs in behalf of others he says in his heart, How does this concern me? Why should I do this? What shall I get from it? And therefore does not do it.” [124]

The opposite is accomplishing for the accumulation of possessions for the uses of good that can be marshalled for the benefit of others and society. In this case we use our selfishness twofold, one to accumulate credit to allow us the power to guide changes in our life or society to use for good, and the other to use the wealth, or part of it, directly to benefit those who are in need.

Therefore, the question to ask yourself, do you perform acts for only what can be given to you? In your work, do you let others fail, so that you may look better? Do you take credit for another person’s idea? I know I have! When I was intent on moving up the corporate ladder and saw the tactics utilized by those at the top, I copied them. I didn’t feel good about it, but I consciously acted selfish in a most base manner with the hope that I too could reap rewards. I felt like a shark circling the bait ball, picking off the most naïve and trusting. What a fool I was.

Do yourself a favor and get into the habit of giving credit where credit is due. Help out those who need a boost, even though it may reduce your share of the raise pool at the end of the year. Some enterprises may wish to pit us against each other like fighting dogs, but that doesn't mean we have to play the game.

Spiritualism

This should be easy! We can all bless others and read more about how to improve. Yes, that is certainly part of the equation. However, as we ponder our spirituality, listening to satellite radio in our leased car, while wearing the latest fashion, do we feel the weight of materialism pulling us down, like gravity, to earth?

The reverse of spiritualism is materialism. This constitutes the age old struggle between focusing our thoughts higher toward our moral qualities or lower toward our immediate desires. Maintaining a balance is difficult. After all, we work hard and deserve a reward. There is nothing wrong with material pleasures as long as they aren't the driving factor of our existence. As an example, you work two jobs to afford that new car, while your kids are left to figure out their homework and problems on their own. This type of behavior may signal that your priorities need to be altered.

Own your possessions, don't let them own you. Know that you can live simply and in the process be stress-free by little acts of denial. There is a whole movement for simpler living currently thriving, full of people who realize that burdening themselves with a mountain of debt really doesn't buy happiness. Just the contrary, it brings worries and anxieties.

If you think you can't cut back because of what your friend would say, then are they really your friends? If they are your friends, then they don't care more for the latest gadget than you. It is you they want to associate with, and you they wish to be part of their lives.

Instead of shopping, pick up a book or search the internet for information about Spiritism and read it. Learn what is gained by making small changes in your life.

Keep Learning and Training

The purpose of the list is to guide us to appreciate that by focusing our energies on knowledge and understanding others with love and caring we enable our pure spirit. We lighten the ties that connect us to earth. As we gain wisdom we realize that everything in the physical world evolves into decay. Every building, every statue will one day be dust. One day the earth, the sun and the entire solar system shall be dead planets shrouded in

darkness. But you, an immortal soul, shall remain, performing good works on other planets in other universes.

With that knowledge, train yourself to be in the habit to think positive thoughts, to wish all well, bless those unfortunates as you pass them by. Restrain your malicious gossip and concentrate building up others. You may not be recognized in this life, but that is totally unimportant, for you shall be on your way to perfection. And with perfection, you will have the ability to aid others more effectively and to be a difference in the destiny of Earth.

Section 4 – Prophecies

We all want to know the future. If we had our way we would get a display of the events that will occur to us each day and be secure in our knowledge of the future. But what would happen if on that screen it says at three p.m. you will die today? Your first act would be to change all of your plans; some may lie in bed waiting, and others flee to the farthest ends of the earth. Whatever the case, your normal routine and trajectory would be altered and the sequence of events that would have led to your death would have to change in order to come to the same end or it could result in a different finish.

This is why we aren't allowed intimate knowledge of our future. With certainty, people would opt out of the difficult lesson. For example, if I was told the stock I was planning to buy wasn't going to go up by 100% like I hoped, but in fact would drop by 50%, I wouldn't buy it. But I would miss the hard experience of learning how to handle monetary loss with dignity that was assigned to me. Not walking into financial disaster would actually be worse than participating in it and deriving the valuable wisdom that I would attain. Wisdom which would assist me in my quest to become a better spirit.

To learn, to improve our character is what earth is all about. We are periodically sent to this rigorous campus, this planet of atonement, where we pay for our past wrongs and are educated in the process. If the spirit world told us the answers to the tests before we started the class, we would learn nothing.

But, like good teachers everywhere, the broad concepts and the consequences of not performing are presented up front. Desired end states are telegraphed, as well as alerting which subjects and assignments are critical.

Prophecies sent by the spirit world are no different. Some are meant to spur us on in search of the promised reward while others are meant as a warning. Each one serves a distinct purpose, which may not be apparent at first.

From the first utterings of medicine men and women in primitive tribes to various religious figures the spirit realm has been in constant communication with the human race. Many messages may be difficult to analyze but all will leave some little nugget of truth. Either as a caution or a carrot to motivate us to work harder, more importantly there is no rule that

what is said must occur. It is up to us to either stir ourselves to action or wait passively for the outcome.

Keep in mind; future events previously planned by the spirit world are malleable. While the overall target, such as moving the earth from a planet of atonement to a planet of regeneration is set, the exact method to achieve it is dynamic.

For instance, the great Brazilian medium, Francisco (Chico) C. Xavier was originally tasked with producing fifty books of Spiritist literature written by spirits, that number increased as the spirit world gauged the impact and reach of Chico's books. Chico was also told to lessen his workload in other areas to concentrate on psychographing books. Hence, as factors change the plan is modified. Just like in our world.

Regard prophecies as possibilities given the current trajectory of events at the present time. Heed the warnings and take constructive action to alleviate what may have been done wrong in the past and in no circumstances violate your conscience even if you think it is for the greater good. Don't worry about apocalyptic predictions, if you have led a good life, you will be fine as you pass over to the other side, no matter what the circumstances are when you died.

You are immortal, leaving the earth is nothing more than packing your bags to go home. All you have to worry about while on earth is to stay focused on improving your spiritual side and helping others. Anything which detracts from that goal are extra bags that should be discarded.

Disclosure 42 – Science Will Prove the Existence of God

On May 10, 2014, I went to a NDE meeting in Seattle and listened to a women talking about her NDE (Near Death Experience). It was fascinating, but the most interesting moment came when she reported her recollection of what the spirits let her know of the future. Remember, this was a NDE

meeting, not a Spiritist meeting, therefore she knew nothing about the Spiritist Doctrine.

She said that at some time in the future, she has no idea when, there will be a Physicist, who will be born in either Slovenia or Slovakia, who would move to France at an early age. This man would have a very long name that would be difficult for English speakers to pronounce. Hence, he would be known by his initials and as the Slovenian or Slovakian born French Physicist. He will definitely prove the existence of God.

This is what has been foretold by Spiritism, that Philosophy, Religion, and Science would merge together and support each other in the future.

Disclosure 43 – The Apocalypse

We are in a time of transformation. Where our planet will become a regenerative world. Hence, this change, this modifying of the human race, our culture, and our technology is the Apocalypse.

For mainstream Christians the Apocalypse is a series of calamitous events. Disasters that would affect the entire planet. But according to Christian Spiritism, the earth will change, yes, disasters will occur, but overall our planet will convert gradually. Here we shall learn how the process will work and what we are heading toward.

To understand the coming changes to our world, one must first know where our planet is on the evolutionary scale. Where has it come from and where is it going. For we are all passengers and wouldn’t it be nice to identify our destination?

Levels of Planets

In the book, *The Gospel According to Spiritism* , by Allan Kardec, in Chapter 3, there is an explanation of the different worlds that spirits will inhabit during their long trek toward purification. I will present just a quick summary here, for we shall dive deeper into the future of our entire planet in a later chapter.

1. Primitive World - Intended for the first incarnations of the human soul. The beings that inhabit them are, to a certain extent, rudimentary. They have the human form but are devoid of any beauty. Their instincts are not tempered by any sentiment of refinement or benevolence, or by any notions of right or wrong. Brute force is the only law. With no industry or inventions, they spend life in conquest of food. The earth was once a primitive world.

2. World of Trial and Expiation - You are living on this world. There is more evil present than good. Now you know why life is not easy, because it is not supposed to be while you are reincarnated on the planet Earth.

3. Regenerative World - Where souls still have something to expiate (pay off the debt of a past sin) and may absorb new strength by resting from the fatigue of struggle. There is still evil, but much reduced, the good outweighs the evil, consequently there is no motive for hatred or discord.

4. Happy Worlds - Where good outweighs evil. On Happy Worlds, we still retain our human form, although the senses are more acute.

5. Heavenly or Divine Worlds - Where good reigns completely, all inhabitants are purified spirits. There is no evil.

The New Testament Apocalypse

Given that the earth is a planet of expiation or atonement, the spirit realm is actively involved in moving us to a better spiritual plane. The spirit Emmanuel, who was the spirit guide for Francisco C. Xavier, and who inspired many books psychographed by Francisco, wrote in his book, *On the Way to the Light* , about the reasons for the spirit world to send the revelations to John:

> “A few years before the end of the first century after the coming of the new doctrine, the powers of the spirit world made an analysis of the dreadful situation of the world in view of the future.
>
> The Divine Master called to the higher spheres the spirit John, who was still being held prisoner by the bonds of the earth, and the astonished, afflicted Apostle read the symbolic language of the invisible world.

> The Lord told him to deliver his knowledge to the planet as a warning to all the nations and peoples of the earth, and the old Apostle of Patmos transmitted the extraordinary warnings of the Apocalypse to his disciples.
>
> All of the events posterior to John's life are foreseen therein. Certainly, the Apostle's description frequently enters the obscurest terrain. One can plainly see that his human language could not faithfully replicate the divine expression of his visions of remarkable interest for the history of mankind: the wars, the ideological struggles of western civilization are all foreseen in minute detail. And its most dreadful image, which even today is still offered to the eyes of the modern world, is that of the deviant Church of Rome, symbolized as the beast clothed in purple and drunk on the blood of the saints." [125]

Let's look at a summary of part of the New Testament Apocalypse, Chapter 13, and then analyze it through the eyes of the spirit Emmanuel:

> "Chapter 13: A Beast comes out of the sea. It has ten horns, seven heads containing diadems and blasphemous names. Like a leopard, but paws like a bear and mouth like a lion. It is given power, throne and authority by the Dragon. One head was mortally wounded and healed. In wonderment, the whole world followed after the Beast. People worshiped Beast and Dragon. Their authority to last only forty two months. Granted authority over all people, nation and race. Worshiped by all those who do not have their names in book of life.
>
> *Let him who has ears heed these words: If one is destined for captivity, into captivity he goes! If one is destined to be slain by the sword, by the sword he will be slain! Such is the faithful endurance that distinguishes God's holy people . A Second Beast comes up out of the Earth. It used the authority of the first Beast to promote its interests by making the world worship the first beast whose mortal wound had been healed. Performs great miracles, leads astray Earth's inhabitants by telling them to make an idol of first Beast. Life is given to the image of the Beast, and the power of speech and the ability to put to death anyone who refuses to worship it. Forces all men, rich and poor to accept a stamped image on right hand or forehead. No one allowed to buy or sell anything unless first marked with the name of the beast or the number that stood for its name. A certain wisdom is needed here; with a little ingenuity anyone can calculate the number of the beast, for it is a number that stands for a certain man. The man's number is six hundred sixty-six ."* [126]

First, we are told the authority of the beast will last forty-two months, according to Emmanuel, the correct interpretation is:

> "The Apocalypse states that the beast would stay great and blasphemous for 42 months, adding that his number would be 666 (Rev. 18:5,18). By examining the importance of symbols at that time and following a certain course of interpretation, we can take each month as being 30 years instead of 30 days; hence, there is a period of 1,260 years, which is precisely the period 610-1870 of our era, when the Papacy was consolidated from the time of its appearance with the emperor Phocus in 607 to the decree of papal infallibility by Pius IX in 1870, which marked the decadence and absence of Vatican' authority in light of humankind's scientific, philosophic and religious evolution." [127]

Therefore the beast is the Catholic Church, which became corrupted over time, forgetting that it is the church who is to serve, not the populace to serve the church. Emmanuel tells us of many occasions when the spirit world attempted to bring the church back to its beginnings. One such effort is when one of Jesus' apostles reincarnated as Saint Francis of Assisi. Saint Francis tried to demonstrate, by example, that the church was meant to go out and help people, not to just collect money or to stay locked up in monasteries.

What about the famous number 666? If the Catholic Church was the beast, what does the number 666 signify? Again, Emmanuel has the answer:

> "As for the number 666, without referring to the interpretations using Greek numerals, but rather using the Roman numerals because they were the most widespread and well-known, we must keep in mind that the Supreme Pontiff of the Roman Church uses the titles "VICARIVS GENERALIS DEI IN TERRIS", "VICARIVS FILII DEI" and "DVX CLERI", which mean, respectively, "God's Chief Vicar on Earth", "Vicar of the Son of God" and "Captain of the Clergy." All one needs is a little game of patience, adding up the Roman numerals found in each papal title, and one will find the same results of 666 in each one of them." [128]

Hence, the beast were the Popes who contributed to the churches journey from simple gathering places, where people congregated to discuss the teaching of Jesus and to assist those in need, to the builder of wealth for the religious class at the top, by siphoning the hard-earned money of millions of peasants. To the present day Catholic Church's benefit, they have reformed themselves into a more benevolent organization, performing many good services for their flock.

The Spiritist Apocalypse

So, how will the Apocalypse, according to Spiritism, occur? The end will come, but it will come for those low spirits who did not care to learn from their successive lives on this planet. As more spirits understand what it

means to be selfless, charitable, and honorable in all circumstances, thereby shedding the constant striving for material goods, they will remain within the earth's sphere, whether in spiritual or physical form. The good spirits will vie for the honor of assisting the transformation of the planet.

The last question of the one thousand and nineteen questions in *The Spirits Book* , tells us exactly how the Apocalypse rolls out:

> *1019. Will the reign of goodness ever be established upon the earth?*
>
> "Goodness will reign upon the earth, when, among the spirits who come to dwell in it, the good shall be more numerous than the bad; for they will then bring in the reign of love and justice, which are the source of good and happiness." [129]

Hence, as more people are truly good, the weight of the culture will influence others to follow their example. Those living will have some time to improve themselves, to turn away from the pursuit of coinage by any means. Others will not be so lucky; *The Spirits Book* tells us their fate:

> "The spirits of the wicked people who are mowed down each day by death, and of all who endeavor to arrest the onward movement, will be excluded from the earth, and compelled to incarnate themselves elsewhere; for they would be out of place among those nobler races of human beings, whose felicity would be impaired by their presence among them. They will be sent into never worlds, less advanced than the earth, and will then fulfill hard and laborious missions, which will furnish them with the means of advancing, while contributing also to the advancement of their brethren of those younger worlds, less advanced than themselves." [130]

The people who continue to behave badly will have a surprise waiting for them when they expire. Waking up in the spirit world and then expecting to return to spread more chaos, they shall instead be whisked away to another, less advanced planet, to live among those who are on a lower level. Imagine dying after residing in a beautiful mansion by the sea, bought by systematically stealing the wealth of others, then landing into the midst of a sewer smelling city, no modern technology, where luxury is having hot water boiled for you once a week. This is the punishment awaiting all who resist modifying their behavior and attitudes that celebrate robbing innocents, violence and feeling superior to those that don't stoop to their level. Even then, under God's benevolence, they too, shall have a chance to redeem themselves and re-ascend to a better planet.

The weeding out of the reluctant spirits and the populating of the planet with good spirits will be a gradual conversion. We are being groomed to attain the state required for us to inhabit a non-expiratory world. In *Genesis* , the Apocalypse will not occur in a big bang but will be; "According to the

Spirits the earth will not be transformed by a cataclysm that will suddenly wipe out an entire generation. The current generation will disappear gradually and the new one will follow it in the same way, without there have been any change in the natural order of things." [131]

So what happens to us who remain? The Spirit of Truth, as promised in the New Testament John 14:15-17, as the Consoler sent to Allan Kardec to reveal the Doctrine of Spiritism, tells us in *The Gospel According to Spiritism* , what will be:

> "The time is near for the fulfillment of those things proclaimed for the transformation of humankind. Blessed will be those who have worked in the Lord's field selflessly and with no other motive than charity! Their workdays will be paid a hundredfold more than what they expected. Blessed will be those who said to their fellow men and women, "Brothers and sisters, let us work together and combine our efforts so that the Master may find the work accomplished at his coming"; for the Master will say to them; "Come unto me, you who have been good servants, you who have known how to silence your jealousies and discords so that no harm will come to the work!" [132]

Our hundredfold reward will be life on a Regenerative planet. Where there is more good than evil and we can thrive in an environment relatively free of discord. With no fear of war or other violent ends. A place, a safe haven, to continue learning how we can progress to become a pure spirit.

Disclosure 44 – The Future of the Earth

We have explained the process of the Apocalypse. A gradual thinning out of the undesirable element. So, where exactly are we going, and why should we fight for the right to be there?

Everyone is interested in the future. Well, it has all been mapped out. The endgame is known, the timing on how we get there is still a mystery, but it will come. All has been told to us in Allan Kardec's *The Spirits Book* and in books psychographed by Francisco C. Xavier. This chapter will take you through the major prophecies and what we can expect and how they will affect us.

Within the world of Spiritism, there are several main sources to understand what the Spirit world has in store for us. The fountainhead of all glimpses of the future starts with Allan Kardec's *The Spirits Book* and *Genesis* . They tell us of the ultimate goal for earth. The transition from an expiratory planet (a place where we are learning and paying for our past wrongs) to regenerative planet (where we are still learning, but life is more conducive to harmony and painful periods are balanced by periods of rest and happiness). The tactics and strategy for how this is accomplished are covered in Francisco C. Xavier's books, mainly in the book *On the Way to the Light* , by the spirit Emmanuel.

First, let's look at how the Spirit World looks at our planet. In the book *Renunciation* , dictated by the spirit Emmanuel to Francisco Xavier, a woman spirit (Alcyone) has decided to return to earth to assist her love, who has not progressed. She currently resides in a different part of the galaxy, Sirius, where she is asking for transport back to Earth, to be physically reincarnated once more. She enters the room to be transported and an official says:

> "Who is the traveler who is going to the **Dark Realms** ?"
>
> "Alcyone. She has offered her services for further work among incarnate spirits on Earth."
>
> "What?" he asked, taken aback. "Alycone is going to drink the bitter cup of renunciation again?" [133]

The "Dark Realms" is not a marketer's idea of a description for an attractive vacation spot. It is as if we are given a choice of where we would like to go on vacation, the travel agent would say, "Would you like to go to Brazil, and visit Rio de Janeiro, or to Afghanistan, and visit the destroyed monuments and be kidnapped by the Taliban". We have been tagged as an undesirable location by those who know of us and have no wish to visit. At least we know where we stand in the Universal order; low on the totem pole.

What are levels of the planets and where do we actually stand in the hierarchy?

Categories of Inhabited Worlds

The section concerning the levels of planets is also covered in Disclosure 26, but reprinted here for this Disclosure to stand-alone. If you are already familiar with the levels, skip to the section, Our Future – The Foundation.

Primitive Planet

A primitive world is just what it sounds like – primitive. Think, being lost in the Amazon or in New Guinea amongst cannibals. According to Allan Kardec's *The Gospel According to Spiritism* , "On the least evolved worlds, the beings that inhabit them are, to a certain extent, rudimentary. They have the human form but are devoid of any beauty. Their instincts are not tempered by any sentiment of refinement or benevolence, or by any notions of right or wrong. Brute force is the only law. With no industry or inventions, they spend life in conquest of food." [134] There are vague notions of a Supreme Being, but overall, human spirits who have just reincarnated are sent here to first learn the consequences of evil.

World of Trial and Expiation

As written in the previous chapter, you are living on this world. There are three types of spirits who are residing on earth:

1. Spirits from Primitive worlds – They are on earth for an education, a chance to develop themselves through contact with more-advanced spirits.

2. Semi-civilized spirits – Spirits that are indigenous to earth, who have evolved little by little through long centennial periods.

3. Spirits undergoing trials from other planets – These spirits have already lived on other worlds, from which they were banished because they persisted in evil, and because they were a cause of disturbance to the good inhabitants. They have been relegated to living for a time among less advanced spirits, and since they carry with them their developed intelligence and the seed of acquired knowledge, they have the mission of helping them advance. That is why punished spirits are found in the midst of the most intelligent peoples. Having more sensitivity, the miseries of life are bitterer to them because sufferings bruise them more deeply than they bruise the primitive peoples, whose moral sense is more obtuse. [135]

Regenerative Planet

What is a “Regenerative Planet” like? There is an explanation in *The Spirits Book* :

> “Thus, in worlds of higher degree that our earth, wars are unknown, because no one thinks of doing harm to his fellow-beings, and there is consequently no motive for hatred or discord. The foresight of their future, which is intuitive in the people of these worlds, and the sense of security resulting from a conscience void of remorse, cause them to look forward to death without fear, as being simply a process of transformation, the approach of which they perceive without the slightest uneasiness.” [136]

Hence, a regenerative world, is one where spirits prepare themselves to transition from a planet of tests and atonements (our earth) to even higher worlds of spiritual purity. There is still evil present to remind us of past follies. At least our planet is on an upward trend. On our new regenerative world we will still have trials, to help us learn and grow, but we will not have to atone for our past mistakes. As in life, there is always another level to attain. The best news is that we will be free of the baser emotions of pride, envy, and hate.

Happy Worlds

On Happy Worlds, we still retain our human form, although the senses are more acute. The body changes, as described in *The Gospel According to Spiritism* , “The specific lightness of the body enables rapid and easy locomotion; instead of dragging itself laboriously over the ground, it glides – so to speak – over the surface or sails through the air with no other effort that that of the will, in the way in which angels are portrayed.” [137] With the improvement in our bodies, the years of infancy and adolescent are shorter, while the average lifespan is much longer than on earth today.

Politically on such worlds, “relationships between nations are always friendly and are never disturbed by the ambition of dominating their neighbor, or by war, which is its consequence. There are no masters, slaves or privileges of birth; only moral and intellectual ascendancy establish the differences of conditions and confer supremacy. Authority is always respected, for it is conferred only on those who have merit and it is always exercised with justice.” [138]

Hatred, jealousies and selfishness are not present. All feel a sense of fraternity and love, where the strong assist the weak. Possessions are in keeping with a person’s intelligence and no one lacks their basic needs for

living. From here, the next transition is to a purified spirit, who lives on a heavenly world.

Heavenly or Divine Worlds

On a Heavenly or Divine world, there exists only pure spirits. There is no evil.

Our Future – The Foundation

We have a baseline, we are living in a world of Trial and Expiation and the goal of the spirit world is to transition the earth to a Regenerative planet. We shall become a world where wars are unthinkable and free of pride, envy, and hate. This sounds impossible. First, all reality shows would be cancelled and whole industries wiped off the face of the planet. But think for a minute, how far we have come from days when the world was full of tribes, when the only law, was the law of survival.

Before we get to the future, let us look at the recent past. The Spirit world through the writings of the Spirit Emmanuel, who dictated the book, *On the Way to the Light* , to Francisco C. Xavier, explained the reasons for the major wars of the twentieth century. Essentially, Europe was the vehicle to incubate democracy and intellectual pursuits superior to that of other nations of the world. As always, the rule of action and re-action, caught up with the European nations and their violent history.

From the time of Ancient Greece, through the Roman Empire, and finally out of the Dark Ages, the nations of Europe advanced. Militarily, philosophically, and scientifically they were more developed than the rest of the world. As the modern age appeared, Europe continued to advance its society and scientific areas, but as the 1900’s approached, the continent was caught in competition to see who could build a bigger colonial empire.

The Franco-Prussian war of 1870 was a precursor to the terrible devastation of World War I. During this time the old colonial powers saw their reach severely diminished. World War II finished off any further thoughts of building empires by the nations of Europe. From these events we can determine that the spirit world has continually strived for a society where all people partake in their governance and when those democratic or republican forms of government turned to despotism or aggressive and violent empire building, then these countries are slowly sapped of power by the machinations of our spirit overseers.

Our Future - The Americas

The spirit world's vision could see the demise of Europe, therefore from the beginning of the discovery of the New World they started to plan for the future of the Americas. Emmanuel describes the plan to bring a fresh beginning to the new land:

> "All the spirits called together to organize future progress flocked to the hemisphere of the New World. Many of them had acquired the sense of fraternity and peace after many struggles on their former continent." [139]

The Americas were being set-up for a greater good and primed to be ready for the next defining advancement. In parallel with sympathetic souls reincarnating in the Americas, a group of distinguished philosophers in Europe, such as Voltaire, Rousseau, and Montesquieu would lead the new American society into the future. The writings of these wise men were welcomed and adapted by the British Colonies in North America. When England refused the concept of equal representation, the American colonies rebelled and gained independence. The United States Constitution became the model for many countries.

In South America, the former colonies of Spain declared their independence in 1816. Later in 1822, Brazil proclaimed their emancipation from Portugal. Emmanuel makes the interesting observation:

> "Attentive to the mission of the Brazilian people in the civilization to come, it is worth noting the efforts of the invisible plane in maintaining Brazil's territorial integrity while the rest of the continent was being split into smaller republics." [140]

The Spirit world has a definite plan for the Americas; Emmanuel describes the mission of the New World:

> "On that field of new and regenerative struggles, all spirits of good will could work for the advent of peace and fraternity for humanity's future, and for that reason, having in mind the forthcoming centuries, they defined the role of each region on the new continents, placing the brain of the new civilization where today's United States is located in North America, and its heart in the abundant and welcoming lands of Brazil in South America. The former was to hold the material powers; the latter, the first fruits of the spiritual powers destined for the planetary civilization of the future." [141]

Hence, as the Spirit world has accomplished in the past, they are arranging key areas of the planet to lead the rest of the nations onto a path toward Spiritism. Where Brazil will supply the religious doctrine, which we are seeing presently, with the appearance of Chico Xavier and other notable

mediums. Along with the emigration of Brazilians to the US to spread the word of Spiritism. More and more cities now have a Spiritist center ready to teach about the eternal doctrine.

While the United States, with its material prowess and the global reach of our culture, movies and TV distribution, shall invest enormous resources to ingrain the Spiritist Doctrine into our daily lives. How will this occur? As with most grand transitions on a planetary scale, it will coming rolling at us at less than glacial speed.

The Transition

Actually, the transition has been occurring since mankind appeared on earth. It has always been planned to take us through the stages from primitive to one of atonement and now to regenerative. The flow is gradual and unstoppable. The New Testament foretold that a great division will be coming. Next Spiritism, brought the message that we are being prepared for the transition of the earth from an expiratory sphere to a higher level, where the good spirits are the majority of the planet. Allan Kardec, in his book *Genesis* , explains the implications of the final judgment:

> “Since the good must finally reign on the earth, it will be necessary to exclude spirits who are hardened in evil and who could bring trouble to it. God has already allowed them the time needed for their improvement; but when the time comes in which, through the moral progress of its inhabitants, the earth must ascend in the hierarchy of worlds, it will be off limits as a home for incarnates and discarnates who have not taken advantage of the teachings they have been in a position to receive there. They will be exiled to lowers worlds as formerly those of the Adamic races were exiled to the earth, and they will be replaced by better spirits”. [142]

The weeding out of the reluctant spirits and the populating of the planet with good spirits will be a gradual conversion. We are being groomed to attain the state required for us to inhabit a non-expiratory world. In *Genesis* , the Apocalypse will not occur in a big bang but will be; “According to the Spirits the earth will not be transformed by a cataclysm that will suddenly wipe out an entire generation. The current generation will disappear gradually and the new one will follow it in the same way, without there have been any change in the natural order of things”. [143]

Therefore, the process is and was happening all around us and is continual, from the first human discovering fire to the small gatherings of Spiritists. It is in God’s design that this conversion occurs. And again in *Genesis* , according to the Spirit world; “When something is in God’s designs, it must be accomplished one way or another. Men and women contribute to its

execution, but no one is indispensable; otherwise, God would be at the mercy of God’s creatures”. [144]

Disclosure 45 – The Future Churches of Christianity

In the book *Missionaries of the Light* , inspired by Andre Luiz and psychographed by Chico Xavier, there is a passage commenting on the future uses of Churches.

In the book, Andre Luiz is attending a Spiritist center, located in a home in Rio de Janeiro. Andre's mentor, Alexandre, comments on using a home as a religious gathering point:

> "You mustn't forget that great lessons by the Master himself were given in family settings. The first visible institution of Christianity was Simon Peter's humble home in Capernaum. One of our Lord's first manifestations in the presence of people was the multiplication of family joys at a wedding party in the comfort of the home. Jesus often visited the homes of confessed sinners, switching on new lights in their hearts. The last meeting with the disciples took place in a home setting. The first center for Christian service in Jerusalem was in the simple house of Peter." [145]

In Alexandre's comments, he is attempting to remind all of us that our faith is important, not where we demonstrate it. The home is a sacred piece of earth, a place where children are raised and family are loved and looked after. It is the actual living as a Spiritist that is vital, not the outward expression of faith.

Next he goes on to tell us what will be the future of Churches, when we drop our need to worship God publicly and learn to practice our worship as our daily mode of living.

> "In the future of humankind the material churches of Christianity will become church-schools, church-orphanages and church-hospitals, where the leaders of the faith will not only convey words of interpretation, but where children will find support and instruction; the youth, the preparation needed for achievements worthy of character and sentiment; the sick, health-giving remedies; the ignorant, learning; the elderly, support and hope. Evangelical Spiritism is the great restorer of the loving and hardworking apostolic churches of the past. Its faithful followers will be valuable helpers in transforming theological ministries into schools of spirituality, and stone cathedrals into welcoming homes of Jesus." [146]

Hence, there shall come a day, when the organized religions will turn their focus on providing services to their community, rather than mainly facilitating religious events. For, while religious ceremony can certainly be comforting to many, the act of charity and fraternity takes precedence.

Disclosure 46 – The Signs of a Renewal

In the book, *Jesus in the Home* , psychographed by Francisco C. Xavier, inspired by the spirit Neio Lucio, Jesus, in the Chapter titled "The Signs of a Renewal", talks about what the world will look like when our planet is about to change for the better.

> "When the Divine Kingdom is at the gates of humankind, the soul of world will be renewed.
>
> The person who is the most powerful will not be the one who is the most ruthless, but rather the one who loves the most.

> Conquerors will not be those who war against foreign enemies to the death in rivers of blood, but rather those who combat the iniquity and ignorance that lies within them until evil is wiped out in the realms of their own nature.
>
> The most eloquent will not be those of the most beautiful speech, but rather those who combine holy words with actions to raise the quality of life wherever they may be.
>
> The noblest will not be those who hold the largest number of titles granting them the transitory control of ephemeral lands on earth, but those who most intensely accrue the acclaim of love and gratitude in the hearts of mothers and children, the sick and the elderly, loyal and honest persons, hard-working and upright persons and humble and kind ones." [147]

Jesus spoke in this vein for a while, emphasizing the need to completely internalize the teachings of the Doctrine, when he closed with:

> "When goodness and wisdom preside over human competition so that good individuals may be revered; when personal sacrifice on behalf of all constitutes the true honor of individuality so that peace and love do not lose their place in one's life - then there will be a New Humanity in the luminous cradle of the Divine Kingdom." [148]

Hence, our entire society must be reformed. Not by external force but by self-modification of each of us. Where we reward excellence in serving others, not just the talent to accumulate the most wealth by trampling on the rights of those less fortunate. We call out those who live according to the Doctrine and do not allow themselves to be pulled in by the lure of material goods.

The day envisioned by Jesus seems a long way off, given our state of affairs, but think how many steps we have already taken. It won't happen in decades, but hopefully in centuries as our society grows and learns there is more than the pursuit of luxury.

Disclosure 47 – Human Future Evolution – Increased Usage of Brain Capacity

In the book, *In the Greater World* , Andre Luiz talks about a medium's frontal lobes and how they are awashed with light to Andre's spiritual eyes. His mentor tells him something interesting:

> "In the frontal lobes, Andre, the physical exteriorization of important perispiritual centers, there are millions of cells waiting for human effort in the area of spiritualization in order to become operative. Not one of the most daring thinkers of humankind from ancient times up till now has ever managed to use a tenth of them. They are energies of a virgin field, which the soul will gain not only through evolutionary continuity but also through self-education, moral improvement and sublime elevation. My friend, only a living and revealing faith can initiate such an endeavor as an indispensable trailblazing light for individual progress." [149]

The spirit world doesn't equip us with facilities without a purpose. My guess is that at some future state of our planet, when we become a regenerative or happy world the power of our minds will be unlocked.

Disclosure 48 – Telepathy in our Future

I was reading *The Mediums Book* , by Allan Kardec, and came across the topic of telepathy.

"285 - Human Telepathy.

(58) Could two people at a distance from each other, by reciprocally evoking one another, transmit their thoughts, and thus correspond together?

" Yes; and this human telepathy will one day be the universal method of correspondence ."

Why cannot it be practiced now?

"It might be, by some people, but not by all. Men must be pure in order for their spirits to disengage themselves from matter; and, until the human race has reached a higher degree of advancement, this power will be confined to a few pure and dematerialized souls, such as are rarely found among the inhabitants of the earth in its present state ." [150]

Before, reading this, I had thought that only spirits could communicate by thought. It now appears that even in a physical state, at some future time, we will be able to be telepathic.

The spirit world is pushing us to become a Regenerative world, where good spirits dominate, and life is unencumbered by selfishness and envy. However, I believe the age of Telepathy will most probably come when the earth reaches the next plateau, a Happy world. What is a Happy world?

Happy Worlds

Where good outweighs evil. On Happy Worlds, we still retain our human form, although the senses are more acute. The body changes, as described in *The Gospel According to Spiritism* , “The specific lightness of the body enables rapid and easy locomotion; instead of dragging itself laboriously over the ground, it glides – so to speak – over the surface or sails through the air with no other effort than that of the will, in the way in which angels are portrayed.” With the improvement in our bodies, the years of infancy and adolescent are shorter, while the average lifespan is much longer than on earth today.

We shall eventually become our vision of a superior alien race, where we exhibit semi-god like qualities, all it will take will be countless millennia.

Disclosure 49 – Teleportation – Not Just for Star Trek

In the book, *In the Realms of Mediumship* , psychographed by Francisco (Chico) C. Xavier, there is a discussion of the transporting matter created in the physical plane via spirits. During a mediums meeting spirits in attendance took flowers made from ectoplasmic material and carried them through walls in our plane.

Andre Luiz asks how this could be possible, he is informed, what I think is a very revealing answer:

> "There are technicians here who are skilled enough to dematerialize the physical elements and reconstruct them straight away, conscious of the responsibility they're undertaking." [151]

Hence, advanced spirits are able to take objects native to our sphere, the physical world, and dematerialize them enough to pass through what we would consider to be a solid barrier. Then almost instantly reform the object.

Next, as a peek of the scientific advances that will come, Andre Luiz is told:

> "In any construction of the physical realm, the clusters of atoms are not solid fortresses, just as is the case in our own sphere of action. There is empty space in all formations and through it the elements interpenetrate. The day will come when earthly science will be able to reintegrate the units and constitutions of atoms with the same assurance with which they are learning to disintegrate them." [152]

In the above passage we learned that a heretofore imagined machine which existed only in the mind of science fiction writers will at some future date become a reality. Think for a moment, where did these science fiction authors receive the inspiration to create the concept? I believe it was either part of their hazy memory of the spirit world or whispered to them by spirits.

Since, all of our technological advances begin with an idea, the spirit world plants the seed so we will have a target to focus our energy and thusly elevate our society one more notch to prepare humanity for the next leap planned by our spirit benefactors.

Disclosure 50 – The Future of Environmentalism

There are hints at more details of what a regenerative world would look like in the books by Allan Kardec and Chico Xavier. There are passages that pertain to earth's environment.

The spirit world is vitally interested in the state of the earth. Whereas, they recognize that the human race would have to travel through a transition phase of industry, they are planning for us to start repairing the damage that we have done to the planet. The aim is to restore balance between our presence and our planet's well-being.

The spirit world expects us to be good stewards of our land. In books written by Chico Xavier, there are references to how we should behave toward the natural beauty that has been bestowed upon us. There are even allusions to the task of maintaining the globe in *The Spirits Book* :

> *536. Are the great phenomena of nature, those, which we consider as perturbations of the elements, due to fortuitous causes, or have they all a providential aim? "There is a reason for everything; nothing takes place without the permission of God." Have these phenomena always some reference to mankind?*
>
> "They have sometimes a direct reference to man; but they have often no other object than the re-establishment of the equilibrium and harmony of the physical forces of nature." [153]

Hence, the earth, like all things under God, is managed by his representatives in the spirit world. The Laws of Nature handles most instances, but there are always situations, just like in our lives, where spirits must be present to guide situations onto the correct path.

An example of this is alluded to in *The Messengers* , inspired by the spirit Andre Luiz and psychographed by Chico Xavier. Andre Luiz is with his mentor, Aniceto, as they walk in the fields outside of Rio de Janeiro. Andre notices many spiritual entities around, he asks why and Aniceto tells him:

> “Nature is an immense workshop for us too,” Aniceto remarked. Pointing to the other spirits, he added, “The plant kingdom has many cooperators. Perhaps you didn’t know that many individuals prepare themselves for their next reincarnation by working within these kingdoms of Nature. The work of the Creator is carried on everywhere, at every moment.” [154]

The work to sustain our world is never ending. Nature exists to work in harmony with mankind. We are on this planet to use what nature gives us and to use it wisely for the benefit of all and subsequent generations. This doesn’t mean that we should renounce all progress and live in primitive conditions like we did thousands of years ago.

For humans were put on the planet to progress and part of our upward climb from a planet of atonement to a planet of regeneration is the successful management of our natural resources. In *The Spirits Book* we are told that we must continue to advance and to not heed the call of luddites who wish us to travel back into the dark ages:

> *781. Has man the power of arresting the march of progress?*
>
> “No; but he has sometimes that of hindering it.”
>
> *What is to be thought of the men who attempt to arrest the march of progress, and to make the human race go backwards?*
>
> “They are wretched weaklings whom God will chastise; they will be overthrown by the torrent they have tried to arrest.” [155]

Those fanatical environmentalists who would like to return our civilization to the beginning of fire are misdirected. Yes, they are right we need to manage our resources better, but there is no turning back. We have to improve enough to learn how to sufficiently produce for the people who currently live on our globe, while sustaining the environment.

Plea for the Land

Aniceto, Andre's mentor in the book *The Messengers* , speaks to a collection of spirits in a field outside of Rio de Janeiro, about the need to husband our resources:

> "Nature has waited for humankind to offer its cooperation and understanding. She has not only waited in hope; but also in great expectation that human beings will offer comprehension and nurturing. However, the natural environment continues to suffer oppression from different manifestations of human self-interest. God expects humanity to look beyond self-interest and embrace nature as partner and thus attain its purpose in the glory of divine love." [156]

Therefore, while the human race must produce for the good of all, we should pay back our debt to the earth. What we have taken, we should give back. Where we have disfigured, we should repair. And not literally, for we must extract minerals and other resources, but when we are finished do we need to abandon the land looking like a moon-scape? Do we need to pollute the water in the process of mining? Yes, these steps decrease profits, but at what costs in the long term. If a project that wishes to use the earth, can't be profitable without maintaining the cleanliness of the area and restoring it to a decent state, then the development should not be undertaken.

Aniceto discusses the attitude of the land owner further:

> "Most landowners exploit the land without giving anything in return. While you are working hard in order to maintain the natural equilibrium, human society acts as a destructive machine. Human beings have plunged into all kinds of excesses, whether from the heart or the stomach, giving little though to their debts to the natural environment." [157]

Note that Aniceto is talking to a group of spirits. Spirits that have been entrusted to care for the surface of the earth. The spirit world is actively involved in all aspects, not just directing us individually, not just planning the course of nations, but also in picking up after us. As we pick up after the thoughtless destruction of our children, the spirit world is following us and cleaning our messes. All the while, we count up the material gain that we made.

Aniceto, finishes his discourse on the effect of humans on nature with this plea to his assembled group of spirit workers:

> "Let's teach our friends that life is not an unending robbery, where plants use up the soil, animals destroy plants, and humans kill animals. It is, however, an unending exchange, which we will never disturb

> without suffering serious consequences. Let's not judge them, let's help them!" [158]

An "unending exchange" is the key phrase. Where we are able to gain the goods that we require in exchange for caring for nature. When we harvest, we plant, when we extract, we repair and create other uses for the land that we disturb. When we pollute, we clean and insure we leave the land in the manner where it can take care of itself.

A Hint at the Future

During Aniceto's speech to the spirits who are managing the land, he talks about the cycle of land to plants to animals to humans in terms of our required nourishment. He points out the chemical process whereby the human race collects the daily energy to survive:

> "As we all know, no living creature could survive on Earth without nitrogen. Although humans move around in an ocean of nitrogen and breathe in approximately one thousand liters per day, they cannot absorb it directly from the air. For the time being, Creation has not provided for the development of cells in the human body which are capable of removing nitrogen from the soil and fixing it, so that other beings can be fed by it. Each grain of wheat is a blessing, and each fruit is a receptacle of sugar and albumin, loaded with indispensable nitrogen. All farming, and cattle ranches are nothing more than the organized and methodological search for this precious element. If humans could fix only a small part of the nitrogen that they take in daily, Earth would be transformed into a true spiritual paradise." [159]

Could this mean that sometime in the future, we shall be genetically altered to directly absorb nitrogen? Thereby revolutionizing the entire food chain? First let us determine what we know today about nitrogen and plant growth, from the Colorado State University garden notes:

> "Nitrogen is the one nutrient most often limiting plant growth. The need for nitrogen varies from plant to plant. For example, tomatoes and vine crops (cucumbers, squash, and melons) will put on excessive vine growth at the expense of fruiting with excess nitrogen. Whereas potatoes, corn, and cole crops (cabbage, broccoli, and cauliflower) are heavy feeders and benefit from high soil nitrogen levels. Bluegrass turf and many annuals also benefit from routine nitrogen applications. Trees and shrubs have a low relative need for soil nitrogen." [160]

Hence, from nitrogen, and various other minerals and compounds, comes our basic food groups, of vegetables, fruits, and cereals. The nitrogen required by plants is the nitrogen found in the soil, except for clover which is able to process nitrogen directly from the atmosphere. Therefore, if we

can’t adapt to gain nutrients from nitrogen in the air, then could plants be modified to do so?

All of this is to point out that the spirit world may certainly foresee genetic modifications in our and our food crops future. While people are rightly conservative about genetically modified food, it may be what is waiting for us all.

In *The Spirits Book* , there is mention of what is used for food in a more advanced world:

> *710. In worlds in which the corporeal organizations of living beings is of a purer nature than in the earth, do these need food?*
>
> “Yes; but their food is in keeping with their nature. Their aliments would not be substantial enough for your gross stomachs and, on the other hand, those beings could not digest your heavier food.” [161]

It is not mentioned in the answer whether the more advanced beings have always consumed less dense food, or they evolved physically as well as spiritually to a superior position.

My guess is that the spirit world has a tried and tested formula to raise up races from primitive to atonement to more advanced worlds. With the advances in spirituality, come great technical progress which allows a partially physical transformation of the species of the planet.

Already we are talking about implants to boost our memory, plus other ideas which would have been considered to be impossible science fiction a little over fifty years ago.

No one can stop progress; it is the will of the spirit world. Therefore, it shall be done and we are along for the ride. Who knows what marvelous inventions we will see in our next life?

Disclosure 51 – Decision Day Will Begin When We Reach More Than 50% Good Souls on Earth

The number of good spirits currently in the spirit realm around earth, which I heard in a YouTube video, in Portuguese, by Dr. Severino Calestino daSilva, is currently about one-third (33%) of the discarnated spirits (spirits who do not have a body) around the influence of earth.

In another YouTube video, Haroldo Dutra Dias, says there are approximately 22 billion Spirits, including incarnates and discarnates. The current population on earth is 7.167 billion. Therefore, there are about 2 discarnates to every one of us physically on earth.

The number of good spirits currently in the spirit realm around earth, would be (22 billion-7.167 billion) * 33% = 4.89 billion good spirits not in physical form on earth.

Furthermore, it has been reported that Chico Xavier said that among the living, about a third would remain on a planet of regeneration. The formula is 7.167 billion * 33% = 2.35 billion. Which would be 2.35 billion living souls, given our current population.

Therefore, if we take the number of good incarnates (4.89 billion) and the estimated number of good souls physically on earth (2.35 billion), we get a total of 7.24 billion advanced spirits who are a beneficial force for humankind. Or as a percentage, about 33% are getting ready for the next planetary stage. Now of course, all of this is just fun to contemplate, I wouldn't trust any of my numbers or my conclusion . But let's continue nevertheless.

Why is this interesting? Because as the number of good spirits climb toward the 50% number, this will tell us when we are ready to become a Regenerative planet.

Allan Kardec, in his book *Genesis* , explains the implications of the final judgment:

> “Since the good must finally reign on the earth, it will be necessary to exclude spirits who are hardened in evil and who could bring trouble to it. God has already allowed them the time needed for their improvement; but when the time comes in which, through the moral progress of its inhabitants, the earth must ascend in the hierarchy of worlds, it will be off limits as a home for incarnates and discarnates who have not taken advantage of the teachings they have been in a

> position to receive there. They will be exiled to lowers worlds as formerly those of the Adamic races were exiled to the earth, and they will be replaced by better spirits". [162]

For the good to reign, there must be a large enough number to make an influence.

A hint as to when the ending will take place is described in *The Spirits Book* :

> *1019. "Will the reign of goodness ever be established upon the earth?"*
>
> "Good will reign upon the earth when, among the spirits who come to dwell in it, the good shall be more numerous than the bad; for they will then bring in the reign of love and justice, which are the source of good and of happiness. It is through moral progress and practical conformity with the laws of God, that men will attract to the earth good spirits, who will keep bad ones away from it; but the latter will not definitively quit the earth until its people shall be completely purified from pride and selfishness" [163]

Question 1019, the last question in *The Spirits Book* , says when the good will be more numerous than the bad, therefore, the Decision Day for when the spirits who still have lessons to learn, will come when the scales tip in the more mature spirits favor.

In conclusion, we shall know when the end of the "Atonement" phase is near and the next phase, the "Regenerative" phase will begin, when the number of good slightly outweigh the bad.

How long will that take, I have no idea. I have heard others speak of another thousand years, which seems rather quick given our present state.

Nevertheless, we should take note as we are told by various mediums what the ratio is, then over time we could interpolate the approximate date of the earth's ascension.

Section 5 – Conclusion

A great quantity of information sent to us from the spirit realm has been imparted to us. What has been revealed in this modest book is just a small taste of the vast store of knowledge that Spiritism has built up in the more than one-hundred and fifty years since Allan Kardec codified *The Spirits Book* .

Spiritism was brought to us so we may each make our own decision for our choices on our life's path. We should weigh carefully the consequences of our selections and our attitude toward our fellow beings.

Some of what has been disclosed is wonderful. We are immortal, we retain ourselves, our character and personality after physical death. We are taking part in a grand march toward a better world. Nothing could be more striking and heartening than what we have learned.

On the other hand, to attain our goal takes immense discipline. We must withstand the allure of material wealth and constantly balance it against how we treat and deal with our companions on earth. Unbridled ambition has no place in the hearts and minds of those who wish to ascend.

Using others and discarding them like worn out clothes in the quest to power and riches, absolutely precludes a successful trial on earth. Those who are corrupt and use humans like disposable utensils will find immense disappointment when they pass over.

Unfortunately, while forgoing a dog eat dog world and dealing honestly and fairly is a good start, but is not enough to emerge completely victorious from one sojourn on the surface of earth. We must work to control or inner emotions, not just our outer façade, when dealing with all individuals. Appearing nice and pleasant is just half the battle, one must train one's mind to think of the goodness within people and to demonstrate compassion at all times.

This of course doesn't mean you have to be a push over, only that when you know you are being played or cheated, you firmly and politely remove yourself from the situation. All the while, thinking with kindness about the poor soul who doesn't know the harm they are doing themselves by behaving in such an uncivilized manner.

For this is precisely why we are here, to learn to be civilized. We are like the rebellious two-year-old who isn't quite ready for any social occasion. Only taken out in polite company with close friends, who are understanding.

Therefore, please ponder carefully what you have absorbed. There is much more to learn and all of it exposes a marvelous universe in which you play an important part. Because, one day all of us will grow enough in stature and competency to fulfill an important role in the advancement of earth, or a similar planet. Where for centuries after you have passed away, you will be remembered for the beneficial works you performed.

Your Exploration Continues . . .

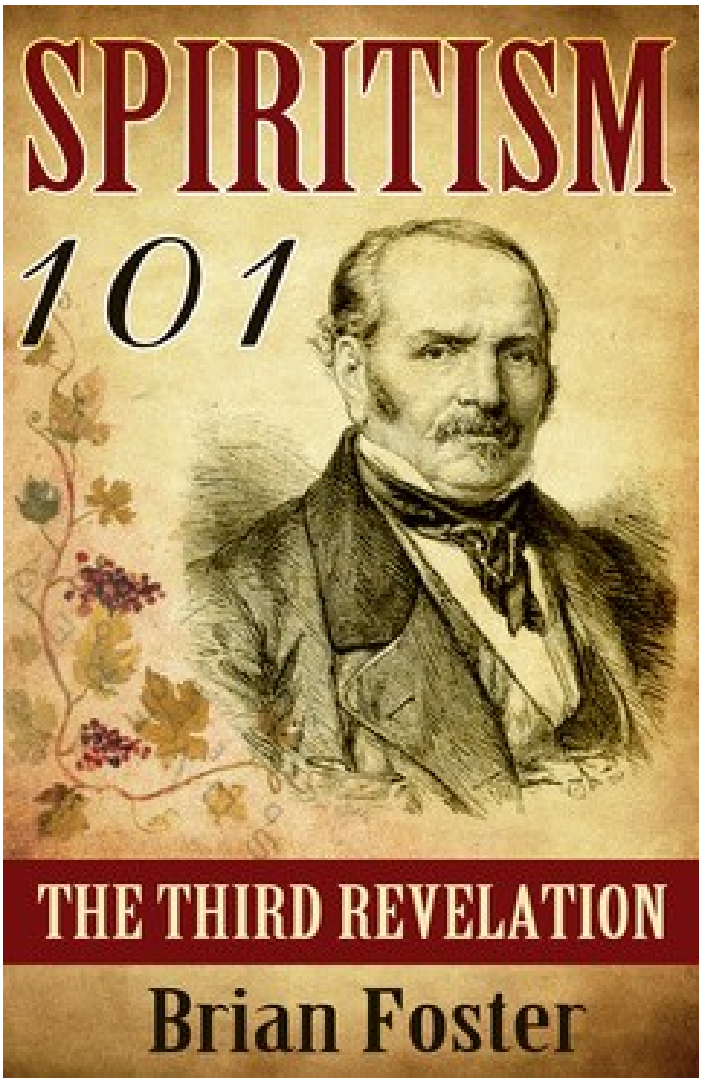
Learn more about Spiritism in my blog at: http://www.nwspiritism.com .

To assist you in understanding more about Spiritism, I have written five other books:

- Spiritism 101 – The Third Revelation
- 7 Tenets of Spiritism – How They Impact Your Daily Life
- Explore Your Destiny – Since Your Life's Path is (mostly) Predetermined
- The Case for Reincarnation – Your Path to Perfection
- What Really Happens During Near Death Experiences According to Spiritism – 12 NDEs Explained and Explored

Below are the introductions to all books.

Spiritism 101 – The Third Revelation



This short book is written as a review of the central concepts of the Doctrine of Spiritism.

Introduction

Something wonderful has happened. It occurred in the middle of the 1800's and it caught the attention of the world. It grew quickly in popularity, so fast that many in positions of power went on a crusade to stamp it out.

Why? Because it provided answers to questions that we all have been searching for. Questions that have been posed by philosophers since the beginning of time were asked and the results fully described.

Why such fear by the ruling religious classes? Because it explained the purpose for our life without dogma, without having to ask a priest or reverend for forgiveness. No special clothes to wear, no diet restrictions. No requirement for a specialized building or monthly stipends.

Why was it scorned? Because it didn't use the word "sin". It talked of spirits. It told us we could come back as either sex. And when it was asked about marriage, we were told that marriage is between two spirits, not two sexes.

We were told that a marriage should be the union of two spirits for as long as they work together in harmony. If not, then it wasn't the spirit world that stopped people from parting, it was our erroneous human convictions.

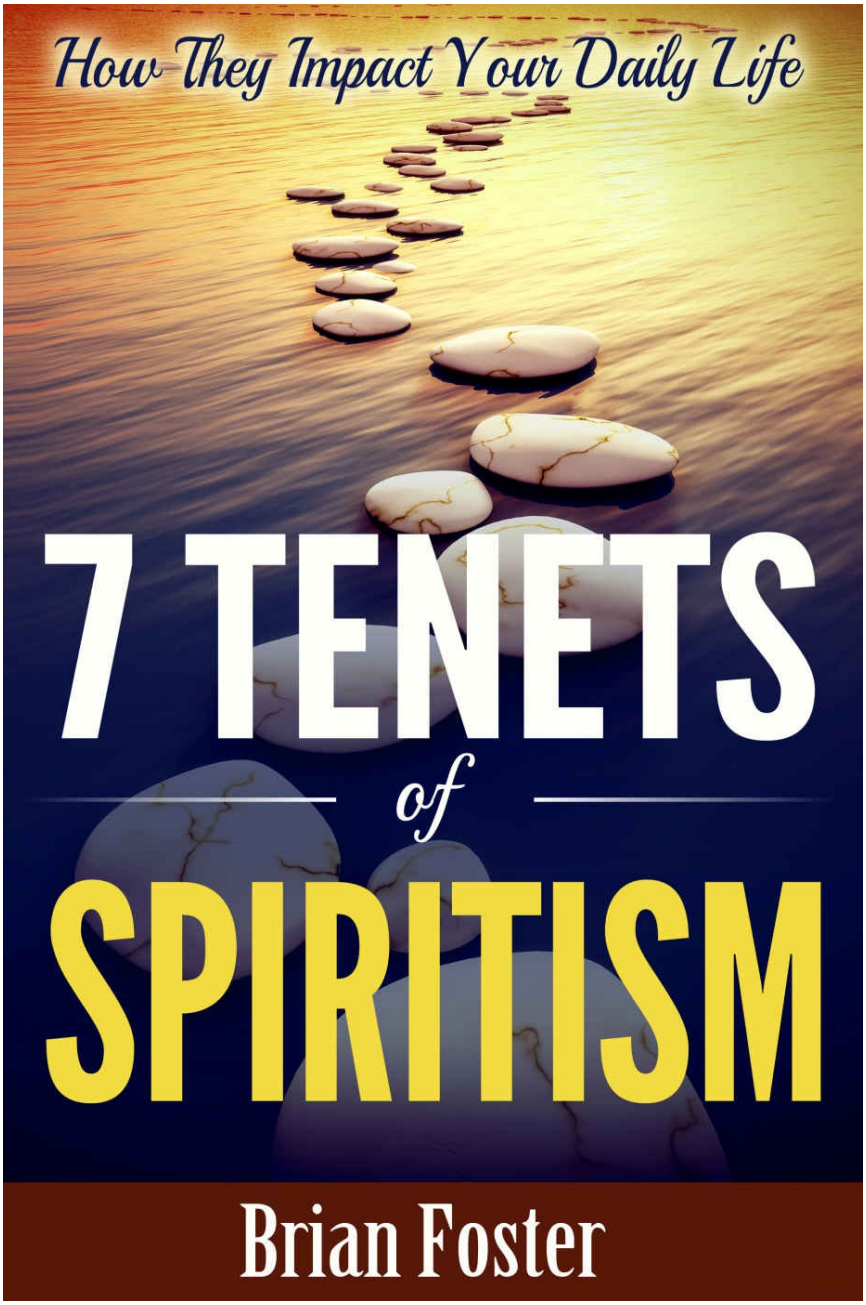
The organized Christian religions reacted strongly. They burned books and harassed those that knew and cherished the fact that the Third Revelation had occurred.

Like other messages of love, charity and fraternity before; this one was met with strong opposition. Ideas are hard to stamp out and this one is growing again. The world is re-awakening to Spiritism.

Learn what Spiritism is and how it can positively shape your life and happiness.

Available at Amazon Kindle for $0.99, and in paperback - *Spiritism 101 – The Third Revelation*

7 Tenets of Spiritism – How They Impact Your Daily Life



What are the seven tenets? They are the essential fluid and air in which we swim, walk and run in our daily lives. The seven tenets explain why your life is the way it is and how by realizing the Divine Force that surrounds us is a force for love, you can surmount any obstacle and withstand any ill wind.

Not only survive but prosper. For that is why we are here on earth. To learn, to improve, and to gain experiences. To place in the bottom of your

heart that love, understanding, caring and serving are the tools we should use to solve every situation.

Sounds easy but in practice it's difficult. Everyday life swirls constantly around us, as if we live in an eye of a hurricane, and every misstep buffets our emotions. Life is a constant hardship for many. We need to rise above the terrain and visualize the road ahead. From the ground it looks rough and rocky, but from on-high the path appears smooth and the destination closer.

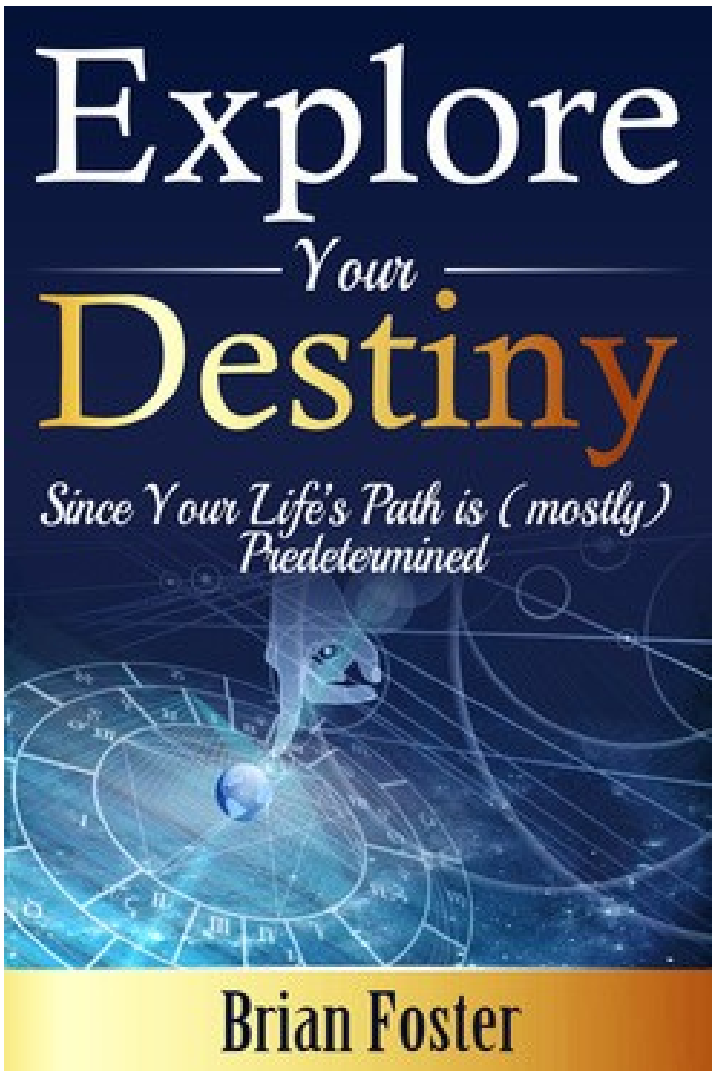
I explore each of the seven tenets and how they have personally affected me and those around me. How they will alter your view of your life and change your outlook and priorities. Giving yourself the seven tenets could be the best present of your life.

The 7 Tenets of Spiritism:

1. We are Immortal Souls
2. God and Jesus Love Us
3. We have Multiple Lives
4. During our Lives We Pay for Past Debts and Accumulate New Experiences
5. We Live and Learn in Close Family Groups
6. Our Destiny is Mostly Predetermined
7. We are Assisted in our Lives by Unseen Spirit Forces

Available at Amazon Kindle and in paperback, at 7 Tenets of Spiritism – How They Impact Your Daily Life .

Explore Your Destiny – Since Your Life's Path is (mostly) Predetermined



Do you wonder if you have an important call with destiny? That you have been selected for something? A cause of a higher purpose?

Well you have been chosen and the why, when, where and how is the subject of this book.

Your life isn't one of just survival through the daily grind of life. The ups and downs of what you have been through are all for a purpose. Every key experience you have had, every calamity that befell you and each relationship that went south or well are part of your overall story. Each major event in your life has been planned.

Have you felt this could be true? Was there even a hint of recognition that certain events occurred for a purpose? And that you were seemingly on a train headed for some unknown destination and you couldn't get off?

This is because within your deepest thoughts, unconsciously, you recognize that you are part of a greater plan. A plan that has been drawn up with your improvement in mind.

There is an answer to your intuition and questions. The answer is wonderful and your part in the drama you are leading is fascinating. Once you realize the total environment in which you reside in, you will recognize that your life is not dreary, but a heart stopping adventure, a roller coaster ride that drives you forward into an unimaginable future.

Explore Your Destiny is divided into four sections. Each section supplies one more piece of the puzzle for you to place, so you can look at your life's arc with new insights.

1. Why – Why are we here and why must we live what we are living through right now? It's the age old expression, that we all say at one time or another, "Why me?" Well there is a reason and it will be explained to you.

2. When – In what period along your souls timeline is all of this happening? Yes, there is a greater context of your soul, which you may not be aware of. Knowing your relative position in the path to perfection will guide you to understanding your current life.

3. How – How does all of this occur? How does the entire process affect your destiny and actions? What are the rules of the game? Knowing the structure and comprehending the basic laws that direct your life provides you with a point of view that will put everything into perspective.

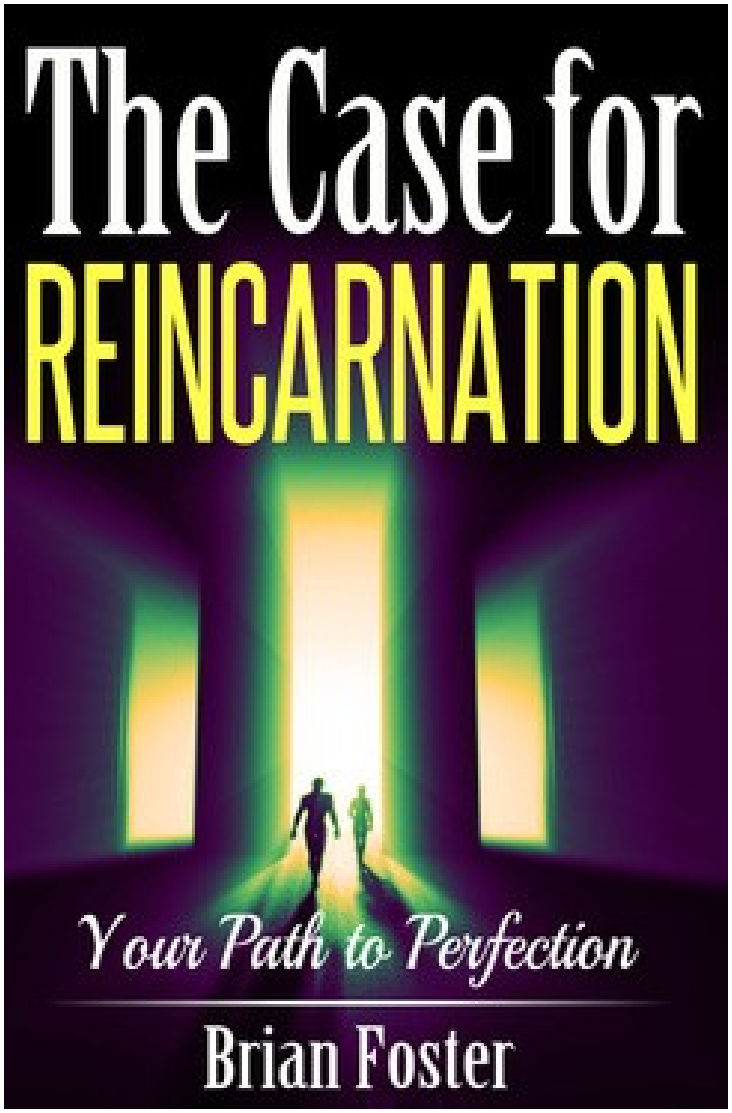
4. Where – Where is this world that plans our destiny? Are there good places to be and are there bad? Where does the earth fit into the logical structure? You will see where the regions that you are striving to attain are and where you may be living in your not-to-distant future.

I hope that after reading this book you will have a new view of your life. A view that allows you to look at your circumstances from afar and identify the turning points in your personal destiny. I want you to be in that high level observation tower where you can dispassionately evaluate your life and calmly proceed through the good and bad times. Always keeping your

eye on the ball of what your true goal really is – Your triumph in the Spirit and Physical worlds.

My book is available at Amazon, in Kindle format and in paperback; Explore Your Destiny – Since Your Life's Path is (mostly) Predetermined .

The Case for Reincarnation – Your Path to Perfection



To fully understand the emotions of the people living through their NDEs and the actions of the spirit world in sending people back to earth, a review of how and why we travel through multiple lives is helpful.

You have lived multiple lives. At times you have been rich, poor, a servant and a slave. Maybe even a King or a Queen, at the least a member of the minor nobility.

Many famous people in the past have believed in reincarnation, such as Thomas Edison and Sir Arthur Conan Doyle. They both believed in the spirit world and made attempts to communicate with the world beyond.

There is a realm, a universe greater than ours and it is filled with intelligences that we can only wonder at. There are spirits around the earth who are actively helping and guiding us in our planning and during our actual incarnations.

You are interested in this book and in the topic because you know, in your heart that we are not merely chemical elements that dissolve with death. There must be something more, you know this, because of your own intuition, experiences and beliefs.

There are too many unexplained phenomena for there to be nothing after death. How do some people have past life memories? Why do children remember past lives and then lose the ability after a certain age? How can some people know the future? And more importantly, why do you have premonitions that come true? How could you know what could happen with such certainty?

Reincarnation is a tenet in many religions, such as Hinduism and Buddhism, and is frequently mentioned as parts of varied sects of Christianity and Judaism. It is the concept whereby we have a spirit, in which we retain our central personalities and memories, while in the spirit world, but lose our memories while in a physical form.

This book is here to answer your questions;

1. Why do we reincarnate?

2. How does the process work?

3. How many reincarnations must we have?

4. What memories do we retain from our previous lives?

5. Do we have control over our reincarnations?

6. Why must we suffer?

7. How may I insure my next life is better?

8. How may I progress to being a perfected spirit?

These questions are answered through the Doctrine of Spiritism. When, in the 1850's, the spirit world determine it was time for the human race to assimilate this knowledge in the hopes it would led us to understand the need to improve our spirituality and to achieve a better balance between our desire for material goods versus our desire to be a better person.

Explore what is your role and where you are in this journey. Determine your place and your future. Find out the reasons for your current tribulations and how to, not only survive your trials, but prosper through them.

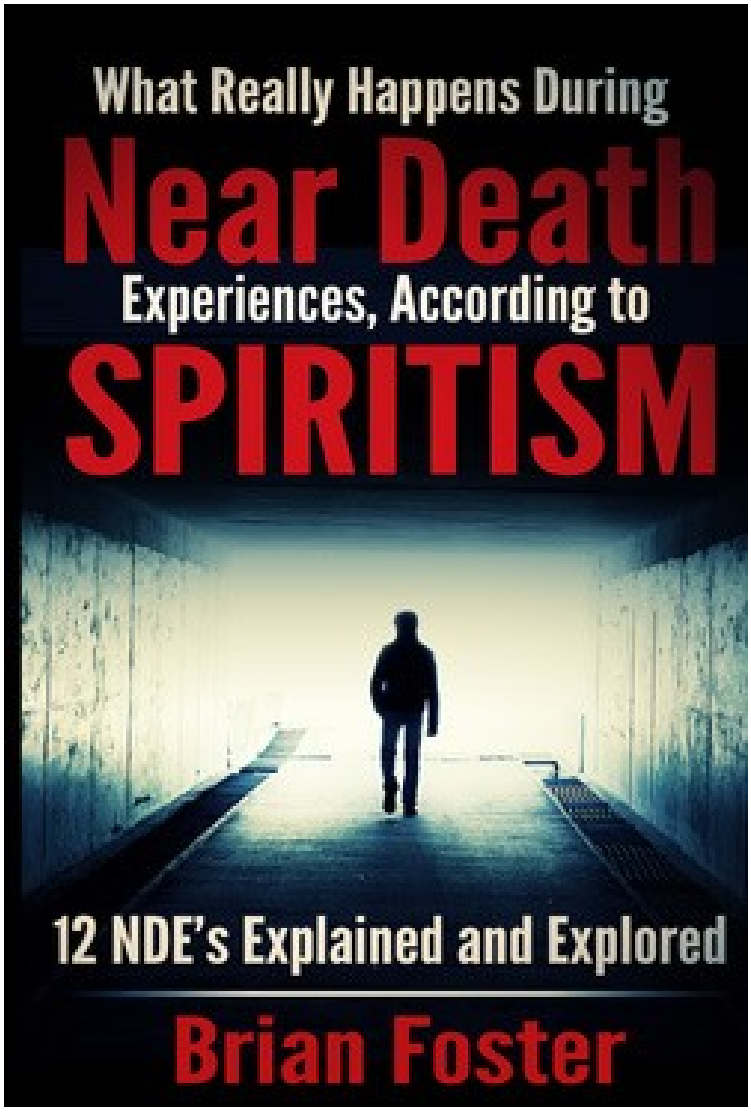
Your journey in different bodies at different times in different circumstances is not without a purpose. You began as a primitive soul and through successive lives; you are being molded into a perfect spirit.

Dive deeper into all facets of reincarnation; my book is available at Amazon, in Kindle format and in paperback; The Case for Reincarnation – Your Path to Perfection

What Really Happens During Near Death Experiences,

According to Spiritism

12 NDE's Explained and Explored



Why are we interested in Near Death Experiences (NDE)? With the advent of the internet, social media allows masses of people to more efficiently pool together shared experiences than at any other time in history. What was once an isolated phenomenon is now a common occurrence. Whereas, in times past a simple farmer or a rich landowner who would be able to pull back from death, their story, if they chose to tell it, would be a solitary happenstance. Easily explained away or believed. It made no difference, since the significance of the account would be eventually dismissed as an outlying data point.

The recent improvement in the speed and efficiency of human communication in conjunction with modern medical methods of assisting the human body to recover after trauma has supported the explosion of accounts. And as the interpretations of each individual who returned became widely known and disseminated, others choose to finally reveal their own personal story.

Therefore a small bookshelf of NDEs is now becoming a library. Recollections from every country, culture, language and age group now reside in the great internet cloud. A mountain of data, which can no longer be wished away or ignored. The parallels and common themes from all corners of the world preclude everyone's account to be merely mass hysteria. NDEs aren't in the territory of alien encounters. Doctors, lawyers, professors, engineers, sales and service people are reporting in. Telling us similar refrains, with the added mystery of some NDEs where the person either saw or is told of events that they could not have possibly known in their current state. Taken as a whole, the only conclusion is that something must be happening, beyond our comprehension.

What Really Happens During Near Death Experiences – 12 NDEs Explained and Explored is available at Amazon .

Author

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